

NEWSLETTER

Monthly Newsletter

September 2026



Throughout the month of September, we wanted to share as much as we could when it came to the work we do across the city region for our communities. We don't do things by halves! An Hour For Others is a community led charity, for the people, by the people.



We took on board a new member of staff, meet Oliver, our Development Manager currently working on all things fundraising! If your interested about getting involved with our fundraising then please email oliver@anhourforothers.co.uk



We have some great highlights of the month to share with you!

Keep scrolling to find out more!

HIGHLIGHTS



MONTHLY LOTTERY

FIRST FRIDAY OF EVERY MONTH

1ST PRIZE - £1,000
2ND PRIZE - £250

£10 PER NUMBER, T&C'S APPLY, 18+

AHF 
Together we are strong

AHFO Monthly Lottery

Our monthly lottery is an ongoing fundraiser for us, with every donation and participant going towards keeping our community hub doors open, the lights switched on and the heating on, especially through these colder winter nights!

If you'd like to participate in our monthly lottery or find out more about how you can get involved then please email Oliver on oliver@anhourforothers.co.uk

You've got to be in it, to win it!

£1,000 TO BE WON!

HIGHLIGHTS



Making a Difference Award Finalist

Team AHFO are FINALISTS at Knowsley Business Awards.

We are absolutely delighted to be a finalist for the Making a Difference Award at the Knowsley Business Awards, set to take place in November.

We are extremely grateful to be recognised for the work we do within the community. We've been working with the Liverpool City Region for 12 years, 3 years within Knowsley, although supporting Knowsley families for a lot longer!

An Hour For Others started just as one simple idea. We all have something to give whether that be an individual or a business. Kindness does not cost anything. Unity brings us all together to make our world a better place.

In Knowsley, Huyton Village we have two charity shops on the high street, these shops not only provide amazing affordable clothing and furniture, but they ultimately fund our community hubs above the shops!

Above our Furniture Shop we have our community hub which brings together all walks of life, whether that be attending our childrens youth nights or our morning brekkie and brew clubs. It's the people supporting the people that make this happen.

HIGHLIGHTS



Act of Kindness

A massive thank you to our friends John Gibbon and the team at The Anfield Wrap. They donated FOUR hospitality tickets for the match at Anfield, two of our young lads attended, who have gone from being young children to now teenage role models within our community.

Both lads now volunteer their time and are fast becoming the future leaders of AHFO.



Tuebrook Hub - Food Club. Every Friday 1pm-4pm.

In September we had some great donations from local suppliers to help feed the community. £5 for 10 high quality items! Our food club is growing bigger and bigger every week!

HIGHLIGHTS



Our staff at AHFO took part in some mandatory training.

AHFO staff members completed their Level 3 First Aid Training refreshing their first aid skills and knowing what to do!

With thanks to the Oliver Cookson Foundation and their amazing teacher Richie, providing us with a thorough day of everything first aid.

Oliver Cookson
Foundation



Kev took to the stage with our 13-16 Yr olds, talking about his own experiences and how his biggest growth in life came when he challenged his own limited beliefs and self doubt.

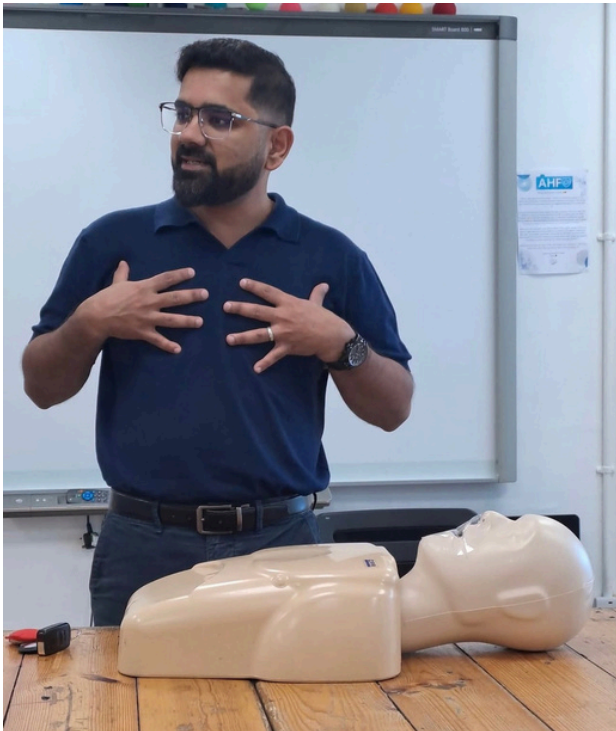
The group engaged brilliantly and spoke about their own challenges and dreams for the future.

The unknown is where we discover our strengths, new skills and real growth happens.
#togetherwearestrong.

We hold sessions every week for all ranges of age ranges, head to our website to find out more information.

www.anhourforothers.co.uk

HIGHLIGHTS



We also held TWO FREE Community Life Saving First Aid Sessions in partnership with the Oliver Cookson foundation. Ali the trainer was fantastic teaching members of our communities real life saving skills that we all hope we may never need to use but at least if faced with a medical emergency we have more people within our community with the knowledge to help and try to save a life.



Our Brekkie & Brew Club was another busy morning, every Friday 10-1130am at our Tuebrook Hub, the more the merrier! It's a great way to socialise! Get in touch if you'd like to find out more about what we offer. Or head on over to our website www.anhourforothers.co.uk

HIGHLIGHTS



Kev took to the stage once again! This time he delivered a session for the Think Happy Club, bringing his experience of hypnotherapy which the ladies loved! Think Happy Club are great supports of the charity, so it only felt right to offer them a helping hand with Kev.

You can get in touch if you wish to use our spaces!

www.anhourforothers.co.uk



The Christmas countdown is on! We can't quite believe it's nearly that time of year again?!

We relaunched our Christmas Mission.

For years with the support of our community we have ensured 1000's of children receive Christmas gifts from their wishlist on Christmas morning. Meaning these children do not go without at this magical time of year!

You can sponsor a child as an individual, a business, a family or a group, you can also sponsor more than one child.

If you wish to be involved or find out more information please email Lyndsay, our very own Mrs Christmas.

L.WATKINS@ANHOURFOROTHERS.CO.UK

HIGHLIGHTS



AHFO
Gatsby Gala
2026

CHARITY GALA DINNER

TOGETHER WE ARE STRONG

SATURDAY 5TH DECEMBER 2026
TICKETS £100PP
PAYMENT DUE BY 31ST OCTOBER 2026
ARRIVAL 6PM

"THE BEST NIGHT OF THE YEAR"

THE CROWNE PLAZA, 2 ST NICHOLAS PLACE,
LIVERPOOL, L3 1QW

HIGHLIGHTS

An Hour For Others Gatsby Gala 2026

It isn't long until our next big fundraiser, our infamous Gatsby Gala!

If you haven't secured your ticket yet, why not? It's the most magical time of the year and the best night of the year!

We will be holding our Gatsby Gala on Saturday 5th December 2026 at The Crowne Plaza, Liverpool.

Head on over to our website to secure your tickets or email Gill g.watkins@anhourforothers.co.uk

www.anhourforothers.co.uk/events/gala

Sponsorship Opportunities

We also have a variety of sponsorship opportunities available for our Gatsby Gala, if you'd like to find out more please email g.watkins@anhourforothers.co.uk

HIGHLIGHTS



AHFO Clothing Charity Shop 7 Sherborne Square, Huyton Village

We've got an array of high-quality, low-cost clothing items, as well as shoes, kids toys and books.

With all proceeds going straight to funding our community hubs.

Opening Hours:
Monday-Saturday 10am-4pm.

To Donate Ring: 0151 332 4747

AHFO Furniture Charity Shop 1 Sherborne Square, Huyton Village

Our furniture shop holds high-quality furniture donations, all PAT tested and fire safety regulated.

With all proceeds going straight to funding our community hubs.

Opening Hours:
Monday-Saturday 10am-4pm.

To Donate Ring: 0151 332 4747, for furniture donations please fill out the online form www.anhourforothers.co.uk
Collection can be arranged.



MONTH RECAP

SEPTEMBER 2026

Throughout the year our team work extremely hard to ensure no child is left out, every child is provided for and the services we offer are free and to the benefit of the community.

Here's a recap of some statistics, showcasing the work at An Hour For Others in the month of September...

Direct People Supported	Indirect People	Savings Per Family	Social Value
Free Adult First Aid: 12	48	£120	£1,876.80
Free Babies & Toddler Sessions: 18	72	£180	£2,815.20
Free Brekkie & Brew: 87	348	£870	£13,606.80
Free IT Training: 8	32	£80	£1,251.20
Free Paediatric First Aid: 18	72	£180	£2,815.20
Free Youth Development: 131	524	£1,310	£20,488.40
Free Acts of Kindness: 8	32	£1,200	£18,768
Total: 282	1128	£3,940	£61,621.60

An Hour For Others is so much more than you think, behind closed doors the work expands to community makeovers, bedroom refurbishments, corporate partnerships and list continues...

If your a community group needing a helping hand or a business that need to satisfy your corporate social responsibility, we offer bespoke agreements to ensure needs are met and nobody is left out.

Get in touch.

MONTH RECAP

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Here's a recap of some statistics, showcasing the work at An Hour For Others in the month of September...

Direct People Supported: Hours
 Weekly Volunteer Hours: 480
 Business Volunteer Hours: 40
 Free Adult First Aid: 48
 Free Babies & Toddler Sessions: 36
 Free Brekkie & Brew: 174
 Free IT Training: 24
 Free Paediatric First Aid: 36
 Free Youth Development: 4192

Direct People Supported:	Indirect People	Savings Per Family	Social Value
Affordable Food: 150	600	£4,500	£70,380
Affordable Clothes: 183	732	£7,320	£114,484.80
Affordable Furniture: 49	196	£3,920	£61,308.80
Total: 382	1528	£15,740	£246,173.60

September Recap Total:
Directly Supported: 664
Indirect: 2,656
Savings Per Family: £19,680
Social Value: £307,795.20

YEAR RECAP

JANUARY 2026 - SEPTEMBER 2026

Our Co-Founder Gillian Watkins WINS Merseyside Woman Community Leader of the Year!

Back in June 2026 we were delighted to see our very own Gillian Watkins receive an award at the 2026 Merseyside Women of the Year Awards. The event was superb, held at the Crowne Plaza Liverpool with hundreds of amazing women all in one room, with each being nominated for various awards and all doing their own to make our city a greater place.

Gill was shortlisted for the Main Women of the Year, however WON 'Community Leader', which was incredibly deserved for the effort she has put towards An Hour For Others over the last 12 years, improving the lives of so many within our community.

Gill's own story is powerful and will inspire many young women everywhere, believing there is always a light at the end of the tunnel no matter how dark it seems, this award is well deserved for Gill. We are incredibly proud!



PARTNER



An Hour For Others started with one person and a paintbrush, brightening up a community room in West Everton. Today, we're a Liverpool-based charity connecting hundreds of volunteers — tradespeople, professionals, and everyday people — with individuals and community groups across the city who need help they couldn't otherwise access or afford.

Without these kind partnerships, we wouldn't be where we are today. We have companies of all sizes and across all sectors giving support in so many different ways, and we'd love your company to get involved. Sign up as a business partner of AHFO, and help the communities you operate in one or more ways as listed below.

If your interested in becoming a charity business partner, please get in touch.

PARTNER



Throughout our QVC Partnership we have had 18 volunteers from QVC in Knowsley supporting our work within the charity shops. With each volunteer bringing their own array of skills and experience, it's been fantastic to learn more about them. Their volunteering in turn supports the work we do within the community, which we are always grateful for any support we can get.

We also attended 'Together for a Good Day' at QVC which is their volunteer programme which they actively encourage their teams to use. We spoke with lots of their teams throughout the day and lots signed up for some volunteering within the coming weeks. QVC hosted a 'Donation Day' which one of our collection vans parked up on their staff car park and we were amazed by the amount of donations we received from their staff for our charity shops.

The Flooring Contractors provide us access to their vans 3 days a week to support our collections, saving us hundreds of pounds each month.

VOLUNTEERS

An Hour For Others are always on the look for volunteers, the work we do within the community is delivered by the donation of time by people, so we are always needing an extra pair of hands.

Here's some things our volunteers have said about their time with us:

Steve said: "This particular charity that myself and my friends support provides vital services to the local community that money can't buy! Friendships that last a lifetime, confidence building for the youngsters, a place to belong, a place to get help when needed. This is a totally unique charity run by very caring individuals who absolutely get the purpose of living in a community and serving others."

Emma said: "I feel extremely lucky to be part of AHFO - to have such a supportive community locally is amazing. AHFO offers a structure to our entire week, Coffee morning of a Monday is a great positive way to start the week with friends. Children's clubs also run through the week which gives my children a sense of belonging and something to enjoy. The food club of a Friday helps take the pressure of supermarket shopping for the weekend and financially is brilliant."



If volunteering is something that you're interested in, please get in touch with Lorraine at l.fay@anhourforothers.co.uk

TIMETABLE

AHFO HUYTON WEEKLY TIMETABLE

AHFO Huyton Village - 1 Sherborne Square L36 9UR

Book on to the sessions at www.anhourforothers.co.uk or call 0151 245 8254



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10am-12pm Knowsley Face Chatty cafe	10am-12pm Ladies That Empowerment Group-Nov	10am-12pm Stay & Play 0-3yrs	9.30am-12pm Sewing Group	10am-12pm Free Brekkie & Brew
1pm-3pm Free Family Tree workshop	12pm-2pm Free Coffee afternoon	1pm-3pm Mens Group	11am-2pm Advice Open day Livv housing Free mobile data	
4pm-6.30pm Youthclub night 13-16yr olds	4pm-6.00pm 6-9yr olds Group		4pm-6.30pm 10-12yr olds Group	

To book onto a session please visit our website!

TIMETABLE

AHFO TUEBROOK WEEKLY TIMETABLE

AHFO 657 - 659 West Derby Rd Liverpool L13 8AG

Book on to the sessions at www.anhourforothers.co.uk or call 0151 245 8282



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10am-12pm Free Coffee Morning	10am-12pm Stay & Play 0-3yrs	10am-12pm Mens Group	10am-2pm Wellbeing Activities	10am-12pm Free Brekkie & Brew
1pm-3pm Bereavement support Group			1pm-2.30pm Menopause support Group	1pm-4pm Food Club
4pm-6pm 6-9yr olds Group	4pm-6.30pm 10-12yr olds Group	4pm-6.30pm Kids Drama Group	4pm-6.30pm 13-16yr olds Group	

To book onto a session please visit our website!