



British Association for
Community Child Health

BACCH National Trainees' Study Day

Wednesday 21st February 2024

(MS Teams Webinar)

Programme

10.00-10.10	Welcome BACCH National Trainee reps – Dr Pippa Marshall & Dr Vicki Smith
10.10-10.50*	<i>Auditory processing disorder/difficulties – do you always need a diagnosis to help?</i> Dr Shailaja Kottapalli (Consultant Audiovestibular Physician (Paediatric Audiology), Mid Cheshire Hospitals NHS Foundation Trust) & Dr Shankar Rangan (Consultant Audiovestibular Physician (Paediatrics), Wirral University Teaching Hospital)
10.50-11.30*	<i>Population Health Management for Paediatricians and Domain 5 of Progress Plus - moving the agendas forward</i> Dr Simon Lenton (Co-Chair, BACAPH)
11.30-11.40	10-minute comfort break
11.40-12.20*	<i>Updates on current and future training in Community Child Health</i> Dr Nia John (Chair of Community Child Health CSAC), Professor Doug Simkiss (Chair of BACCH)
12.20-12.45	Optional activity: <i>Your consultant interview - what to expect & how to prepare</i> Dr Monica Negoita (Consultant Community Paediatrician, Leeds Healthcare NHS Trust)
12.45-13.30	45-minute lunch break - Poster presentations
13.30-14.10*	<i>A deep dive into ADHD in children</i> Dr Neel Kamal (Convenor, George Still Forum – National Paediatric ADHD Network)
14.10-14.50*	<i>Genomics in neurodevelopment</i> Dr Elaine Clark (Consultant in Neurodevelopment GOSH/ Clinical Fellow in Genomics, North London Genomics Laboratory Hub)
14.50-15.00	10-minute comfort break
15.00-15.45*	<i>Autism service delivery</i> Dr Ian Male (Consultant Community Paediatrician, Sussex Community NHS foundation Trust & Honorary Senior Lecturer, Brighton & Sussex Medical School)
15.45-16.15	Optional activity: <i>Preparing for RCPCH START</i> Dr Chloe Bulwer (Consultant Community Paediatrician, Royal Devon & Exeter Hospital)
16.15-16.30	Prize for poster presentation Closing remarks

* including 10 minutes for Q&A

- All delegates will be emailed the meeting link on Tuesday 20th February 2024. Please contact us if you haven't received the email by 2pm (bacch@rcpch.ac.uk).
- The BACCH office will email a feedback survey and PDF attendance/CPD certificate to all delegates after the event.
- Participants can self-accredit for CPD credits, in accordance with current RCPCH CPD Guidelines.

Auditory processing disorder/difficulties – do you always need a diagnosis to help?

Dr Shailaja Kottapalli (Consultant Audiovestibular Physician (Paediatric Audiology), Mid Cheshire Hospitals NHS Foundation Trust) & Dr Shankar Rangan (Consultant Audiovestibular Physician (Paediatrics), Wirral University Teaching Hospital)

Synopsis

Although Auditory processing disorder (APD) is not a 'new diagnosis', it is being increasingly recognised now and is becoming rather the norm for Educational Psychology reports to include auditory processing as an issue! The different manifestations of APD will be discussed. The types of APD will be briefly covered. The impact of APD on a child and the presentation as seen by paediatricians will be discussed. Expectations of parents, teachers and other professionals, and management options will be considered.

Biographies

Shailaja Kottapalli is a paediatrician trained in Audiovestibular Medicine. She is the deputy regional rep for the British Association of Paediatricians in Audiology (BAPA).

Shankar Rangan works as a Consultant Audiovestibular Physician in Paediatrics at Wirral University Teaching Hospital NHS Foundation Trust and is Head of the Department of Paediatric Audiovestibular Medicine. His particular area of interest is aetiology of permanent childhood hearing impairment, and he runs the course "Aetiological investigations for hearing loss in children" at ICH London. His other areas of interest include APD, tinnitus and Hyperacusis in children, Autism and Audiological problems and Paediatric Balance problems. He is the Northern representative for the British Association of Paediatricians in Audiology and the Vice-President of the British Association of Audiovestibular Physicians

Population Health Management for Paediatricians and Domain 5 of Progress Plus - moving the agendas forward

Dr Simon Lenton (BACAPH Co-Chair)

Synopsis

The NHS Long-Term Plan introduced population health management, alongside the design and delivery of services based on pathways and embedding quality improvement to achieve better equity and outcomes as fundamental 'new ways of working'. There is virtual unanimous agreement that the NHS could be unsustainable if there is not greater attention paid to health, well-being and resilience, both for the patients it cares for and the populations it serves.

The General Medical Council (GMC) has included health promotion and illness prevention in the Excellence by Design standards for postgraduate medical curricula and while this theme is relevant for all doctors and included in domain 4 of the GMC generic professional capabilities framework, it is particularly relevant for children and families, and therefore paediatricians, since children take their health gains throughout life and many conditions have their origins in childhood, as reflected in the Major Conditions Strategy.

Many trainees find it difficult to achieve the capabilities described in domain 5 of the RCPCH Progress Plus curriculum. Part of the problem is that day-to-day clinical exposure revolves around individual patients rather than groups of patients or populations. The situation is further complicated by the fact that their educational supervisors do not have experience in public health or population health management.

Learning objectives

Pre-reading – resources will be provided for more in-depth learning.

Talk – this talk will introduce trainees to the concept of population health management.

Post talk – the talk will discuss illustrative scenarios being developed by RCPCH and a potential link for trainees to develop problem orientated competency scenarios the situations they infrequently meet in day-to-day practice as a resource for trainees today and tomorrow.

Biography

Simon trained in Aberdeen and undertook postgraduate training in London New Zealand, Canada and Southampton. He worked as a Consultant Paediatrician in Bath for 25 years, retiring in 2015. He was Vice President (Health Services) at RCPCH 2003-2008, and Chair of BACCH 2010 -14. He has been Co-Chair of the British Association for Child & Adolescent Child Health (BACAPH) since 2014.

Updates on current and future training in Community Child Health

Dr Nia John (Chair of Community Child Health CSAC) & Professor Doug Simkiss (Chair of BACCH)

Synopsis

Nia will update on current issues for CCH trainees and Doug will talk about the opportunities for BACCH to play a more prominent role in training in the future.

Biographies

Doug Simkiss is a Consultant Community Paediatrician by training. He retired from his main role as Chief Medical Officer and Deputy Chief Executive of Birmingham Community Healthcare NHS Foundation Trust in 2023. He continues to work for his Integrated Care Board as Senior Responsible Officer for a Children and Young Person's Health Equity Collaborative, is External Examiner for the MSc in Child Health at Leeds University and sits on six Trial Steering Committees for NIHR.

Nia John is a Consultant Community Paediatrician in Cardiff and is the chair of the Community Child Health CSAC. She has varied experience in Community Child Health training having held roles as Specialty Training Adviser and Training Programme Director in the Past.

Your consultant interview - what to expect & how to prepare

Dr Monica Negoita (Consultant Community Paediatrician, Leeds Healthcare NHS Trust)

Synopsis

This talk will offer an overview on the consultant post preparation and application as well as some interview reflections and tips.

Biography

Monica is a consultant in community paediatrics working in Leeds. She is one of the curriculum leads for the Yorkshire School of Paediatrics and is the College Tutor for her Trust. Before she completed her training Monica was one of the BACCH trainee representatives, and she continues to promote and advocate for community child health at every opportunity.

A deep dive into ADHD in children

Dr Neel Kamal (Consultant Community Paediatrician, King's Mill Hospital, Mansfield, Nottinghamshire/ Convenor, George Still Forum)

Synopsis

The aim of the presentation is to impart an understanding of the basis of Neurodevelopmental disorders in Children. The audience will be informed about the current concept of Neurodevelopmental disorders.

Biography

I studied Medicine and post-graduated to achieve MD in Paediatrics in India. I then undertook further paediatric training in Scotland.

Neurodevelopmental disorders have been subject of my interest and I have additional experience in the subject gained through sabbatical at Pittsburgh Child Development Center, and at Lucil Packard Hospital, Stanford University.

I am one of the founder members of Hull York Medical School and Hull Neuroscience Interest group and the George Still Forum (National Paediatric ADHD Network).

For over 20 years the GSF has offered teaching, professional support, and mentoring to professionals across the across the country, and input to guidelines development, including NICE.

I am passionate about children's mental health and am leading a child welfare movement through the Lions International club.

Genomics in neurodevelopment

Dr Elaine Clark (Interim Service Lead in Neurodisability & Consultant in Neurodevelopment, Great Ormond Street Hospital/ Clinical Fellow in Genomics, North London Genomics Laboratory Hub)

Synopsis

This presentation will give an update on the advances in genomic medicine and how this applies to neurodevelopmental differences.

The presentation will also help to clarify the different genetic tests available and when these may be offered.

Biography

Dr Elaine Clark is a Consultant Paediatrician with a specialist interest in Neurodevelopment and behaviour and Neurogenetics. She currently works as a Consultant within the Neurodisability Team at Great Ormond Street Hospital, as Lead for the Neurodevelopmental Assessment Clinic (NAC). She also works within the Developmental Vision Clinic and the Development and Augmentative Communication Service at Great Ormond Street Hospital.

Dr Clark joined Great Ormond Street Hospital from her role as a Consultant Community Paediatrician with an interest in finding out more about the causes underpinning neurodevelopmental differences.

Dr Clark has been fortunate to be accepted as a part time Clinical Fellow with the Genetics team at GOSH where she has been able to learn more about genetic testing and about research arising through Deciphering Developmental Disorders and the 100,000 Genomes Project. Part of her role is to help with the roll out of new generation genetic testing within the wider NHS service.

Autism service delivery

Dr Ian Male (Consultant Community Paediatrician, Sussex Community NHS foundation Trust & Honorary Senior Lecturer, Brighton & Sussex Medical School)

Synopsis

Based on my research and experience in service redesign, I will discuss the challenges we face in delivering timely and high-quality diagnostic services for children with possible autism and other neurodevelopmental conditions. I will also discuss potential solutions.

Biography

I am community paediatrician. My clinical and research interests focus on neurodevelopmental conditions and neurodisability. I have also been clinical lead and actively involved in redesign of our autism diagnostic pathway. I have led a series of research studies exploring how we can improve diagnostic pathways for autism, and how much this costs.

Outside of work I am a big Liverpool fan, love walking not least in the South Downs, playing cricket, park running, and am active member of a local church. I am also the co-Deputy Academic Convenor for BACCH.

Preparing for RCPCH START

Dr Chloe Bulwer (Consultant Community Paediatrician, Royal Devon & Exeter Hospital)

Synopsis

- What do you want to know about START?
- What is START and why do we have to do it?
- What happens in the assessment?
- How should I prepare for it?
- How will it help me in my clinical practice/training/CCT?
- Examples
- Resources

Biography

*I am a Consultant Paediatrician in Exeter and completed my START assessment in April 2021.
I love teaching and continue to try and improve training in community paediatrics at all levels.*

- The posters will be shown as a rotating slide show during the lunch break and the prize-winner announced at the end of the event.
- The posters can also be viewed as a PDF at: <http://tinyurl.com/bdhvr9jj>

A quality improvement project to advance the identification & treatment of congenital CMV within the recommended 28 days of life in well babies with SNHL

Presenter & author

Dr Michelle Breese (ST3 Paediatrics, Sussex Community NHS Foundation Trust)

A single centre review of the management of sleep disturbance in paediatric patients with neurodevelopmental conditions

Presenter

Dr Victoria Sadlers (ST7, Wirral University Teaching Hospital NHS Foundation Trust)

Authors

V. Sadlers, A. Noglik

Is geographical variation in emergency epilepsy admissions related to variation in new epilepsy diagnoses among children and young people across England? An observational study using linked datasets

Presenter

Dr Rakhee Shah (Clinical Research Fellow, Imperial College London)

Authors

R. Shah, S. Arora, D. Hargreaves

Raising the profile of community paediatricians for the future – we are worth it!

Presenter

Dr Emily Helliwell (Paediatric registrar, Sirona care & health)

Authors

E. Helliwell, C. Bodey

The assessment of emotional & mental health problems in children with cerebral palsy: a service evaluation

Presenter

Dr Sophie Sakmann (ST7 Community Child Health, Sussex Community NHS Foundation Trust)

Authors

S. Sakmann, D Buckley, J. Milea

"What now?": how our parent focus group showed us what really matters to parents of children recently diagnosed with Autism Spectrum Disorder

Presenter

Dr Pavneet Sandhu (ST5, Sussex Community NHS Foundation Trust)

Authors

P. Sandhu, D. Dhar, N. Elson, L. Foster, L. Staffurth, Y. Sasaki