

Yorkshire and Humber BACCH/BACD Regional Meeting

Join us in person for our regional meeting on 27th February 2026. We listened to your feedback and this year's programme includes sessions on the management of ARFID and tics. There is also an update on the adoption process. There will be trainee specific sessions held over lunchtime with a separate opportunity for trainee presentations.

Date: 27th February 2026

Venue: The Holiday Inn, Wakefield, M1 J40

Time: 09:15 until 16:30

Refreshments throughout the day (including lunch) will be provided

Price: Consultants/SAS £45 for members, £70 for non-members

Trainees/ACPs/AHPs £30 for members, £50 for non-members

Time	Session	Speaker
09:15 – 09:30	Welcome and Introductions	
09:30 – 10:45	ARFID: Medical Perspective	Dr Zuzana Londt, Paediatric Gastroenterology Consultant (Sheffield) Demetria Trif, Paediatric Dietician (Sheffield)
10:45 – 11:00	BREAK	
11:00 – 11:45	ARFID: Psychology Perspective (including overlap with autism)	Fameeda Ansari, Consultant Clinical Psychologist (Bradford)
11:45 – 12:30	ARFID: Community Paediatric Experience	Dr Hannah Townsend, Consultant Paediatrician (Hull)
12:30 – 13:15	LUNCH and Trainee Meeting	
13:15 – 13:45	Trainee Presentations	<i>To be confirmed</i>

13:45 – 15:15	Adoption: Overview of current process and a parent's journey	Dr Anna Gregory, Medical Advisor and Designated Doctor (Leeds) Dr Sarah Snowden, Medical Advisor and Designated Doctor (York) Dr Ruchi Gulati (Consultant Community Paediatrician, York)
15:15 – 15:30	BREAK	
15:30 – 16:20	Tics: An update	Dr Fraser Scott, Consultant Paediatrician and ICB Lead for Epilepsy, W Yorkshire
16:20 – 16:30	CLOSE	

This event is sponsored by the following companies who have only paid for exhibition stand space at the meeting and therefore will be given the opportunity to discuss their products with attendees. Sponsors will be present with an exhibition stand and the stand will not be in a public space. None of the companies have had any input into the content of the programme, and no involvement in choosing, briefing or paying the speakers.

