

# GEORGE STILL FORUM

## National Paediatric ADHD Network Group

THE 21st ANNUAL SCIENTIFIC MEETING 2026

### MASTERCLASS IN ADHD IN CHILDREN & ADOLESCENTS 24<sup>TH</sup> SEPTEMBER 2026

The Claremont Hotel, Charing Cross,  
The Strand, London, WC2N 5HX

#### Aim

- To provide high-quality, evidence-based continuing professional development (CPD) in the assessment and management of ADHD for doctors, nurses, and other healthcare professionals working within ADHD services across the country.

#### Objectives

- Enhance participants' knowledge and understanding of ADHD assessment, diagnosis, and management.
- Improve clinical competence through evidence-based teaching and discussion of current best practice.
- Update delegates on national guidance, emerging evidence, and developments in ADHD care.
- Promote safe, effective, and person-centred clinical practice.
- Increase awareness of developments in neurodiversity that are relevant to contemporary clinical practice.

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|------------------|-------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|
| 08.30 - 09.00    | <b><i>Delegate Registration</i></b>                                                             |                                                                                                                   |
| 09.00 - 09.10    | <b><i>Welcome Note Dr Nivedita Bajaj, Chairman, George Still Forum</i></b>                      |                                                                                                                   |
| <b>Session 1</b> | <b><i>Chair - Dr Nivedita Bajaj</i></b>                                                         |                                                                                                                   |
| 09.10 - 09.45    | <i>The New Normal: Navigating Neurodiversity</i>                                                | Dr Neel Kamal, Honorary, Consultant Paediatrician, Honorary President, George Still Forum                         |
| 09.45 – 10.20    | <i>Beyond the Symptoms: How Race, Gender and Culture shape Assessment and Diagnosis of ADHD</i> | Dr Michael Ogundele, Consultant Community Paediatrician                                                           |
| 10.20 -10:50     | <b><i>Coffee Break</i></b>                                                                      | <b><i>Networking &amp; Visit Sponsors Stall</i></b>                                                               |
| <b>Session 2</b> | <b><i>Chair - Dr Emily Musgrave<br/>Executive Member, George Still Forum</i></b>                |                                                                                                                   |
| 10.50 – 11.25    | <i>Pitfalls in Diagnosing ADHD</i>                                                              | Dr Suresh Nelapatla, Consultant Developmental Paediatrician, Child & Family Health, Surrey, HCRG Healthcare group |
| 11:25 – 12.00    | <i>Developing a National Prototype - ADHD Nurse Competency Framework</i>                        | Dr Susan Ozer, Consultant Community Paediatrician, East and North Hertfordshire NHS Teaching Trust                |
| 12:00 - 12:30    | <b><i>Q &amp; A for Speakers from Session 1 and 2</i></b>                                       |                                                                                                                   |
| 12: 30 - 13:30   | <b><i>Lunch Break, Networking &amp; Visit of Sponsors' Stalls</i></b>                           |                                                                                                                   |

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|----------------------|-----------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Session 3</b>     | <b>Chair - Dr Mike Ogundele, Treasurer, George Still Forum</b>                    |                                                                                                                                                                |
| 13:30- 14:15         | <i>'Brain Buzz, The ultimate ADHD QUIZ'</i>                                       | Dr Nivedita Bajaj and Dr Jayantha Parera, Consultant Community Paediatricians, East & North Hertfordshire NHS Teaching Trust and Southend NHS Foundation Trust |
| 14:15 – 14.50        | <i>'Living with ADHD' Journey of a 19-Year-Old Young Person</i>                   | Mr Tommy Marshall                                                                                                                                              |
| <b>14.50 – 15.20</b> | <b>Coffee break: Networking &amp; Visit of Sponsors' Stalls</b>                   |                                                                                                                                                                |
| <b>Session 4</b>     | <b>Chair - Dr Suresh Nelapatla, Convener, George Stil Forum</b>                   |                                                                                                                                                                |
| 15.20 – 15:55        | <i>Demand, Diagnosis and Delivery: The Challenges of ADHD and Autism Services</i> | Dr Deepak Upadhyay, Consultant Community Paediatrician, North Cumbria Integrated Care NHS Foundation Trust                                                     |
| 15:55 – 16.30        | <i>ADHD, Management of Clinical Dilemmas</i>                                      | Dr Prashant Mani, Consultant Paediatrician, and Dr Swasti Sekhar, Specialist Doctor, Mid Yorkshire Teaching NHS Trust                                          |
| <b>16.30 - 16.50</b> | <b>Q &amp; A for Speakers from session 3 and 4</b>                                |                                                                                                                                                                |
| <b>16.50 - 17.00</b> | <b>Dr Suresh Nelapatla, Summary &amp; Vote of Thanks</b>                          |                                                                                                                                                                |

*This meeting is partially sponsored by the following pharmaceutical companies who have paid for the exhibition stand space which is not accessible to the public. They will have the opportunity to discuss their products with the delegates. None of the companies have had any input into the content of the programme, and no involvement in choosing, briefing or paying the speakers.*



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