

GEORGE STILL FORUM

National Paediatric ADHD Network Group

THE 21st ANNUAL SCIENTIFIC MEETING 2026
NATIONAL ADHD STUDY DAY
25TH SEPTEMBER 2026

The Cleremont Hotel, Charing Cross,
The Strand, London, WC2N 5HX

Aim

- To provide an advanced, evidence-based educational programme that updates healthcare professionals on current developments, emerging research, and best practice in ADHD and related neurodevelopmental conditions.

Objectives

- Present the latest evidence on the diagnosis and clinical management of ADHD.
- Review emerging research, clinical trials, and innovations in ADHD care.
- Discuss advances in the understanding and management of related neurodevelopmental conditions, including learning disabilities and Fetal Alcohol Spectrum Disorder (FASD).
- Promote multidisciplinary learning through contributions from nationally recognised experts, including Child and Adolescent Psychiatrists, psychologists, and other specialist healthcare professionals.
- Ensure participants remain informed about evolving best practice and contemporary standards of care through balanced, evidence-based educational presentations.

08.00 - 09.00	Delegate Registration	
09.00 - 09.10	Welcome note: Dr Jayantha Perera, Founder Member, GSF	
Session 1	Chair - Dr Jayantha Perera	
09.10 - 9.50	Cost of ADHD assessments in the NHS	Dr Ian Male, Consultant Community Paediatrician, Sussex community NHS Foundation Trust
9.50 - 10.30	From ADHD to Addiction ? Exploring the Link Between ADHD and Substance Misuse in Young people	Dr K Mirza, Consultant Psychiatrist and Honorary Senior Lecturer, University of Hertfordshire
10.30-11.00	Coffee Break	
Session 2	Chair - Dr Hani Ayyash, Founder member GSF	
11.00 -11.40	Under Representation of Girls in Neurodevelopmental Research	Professor Sinead Rhodes, Professor of Developmental Neuropsychology, University of Edinburgh
11.40 - 12.10	Q & A for speakers from sessions 1 and 2	
12.10-13.10	Lunch, networking & visit Sponsors stalls	
Session 3	Chair - Dr Prashant Mani, Executive Member, GSF	
13.10-13.50	From Overwhelm to Opportunity! Harnessing Artificial Intelligence to Transform ADHD and Neurodevelopmental Care	Dr Inyang Takon, Consultant Community Paediatrician, East and North Hertfordshire NHS Teaching Trust

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13.50 -14.30	Overlap between ADHD and FASD: Diagnostic and Therapeutic Challenges	Dr Cassie Jackson, Clinical Psychologist, founder director FASD, Suffolk
14.30-15.00	Coffee Break	
Session 4	Chair - Dr Neel Kamal, Honorary President, GSF	
15:00 - 15.30	Demand, Diagnosis and Delivery: The Challenges of ADHD and Autism Services	Dr Deepak Upadhyay, Consultant Community Paediatrician, North Cumbria Integrated Care NHS Foundation Trust
15.30 - 16:10	ADHD Treatment Evidence 2026: Medications & Multimodal Management	Professor Samuele Cortese, Professor in Child and Adolescent Psychiatry, University of Southampton, Adjunct Professor, New York University
16.10 - 16.40	Q & A for speakers from sessions 3 and 4	
16.40-17:00	Dr Nivedita Bajaj, Chairman GSF, Summary and Vote of Thanks	

This meeting is sponsored by the following companies who have only paid for exhibition stand space at the meeting and therefore will be given the opportunity to discuss their products with attendees. Sponsors will be present with an exhibition stand and the stand will not be in a public space. None of the companies have had any input into the content of the programme, and no involvement in choosing, briefing or paying the speakers.



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