



Wellbeing Offer



Paediatric audiology wellbeing and leadership workshops

*Empowering
care and
leadership in
children's
hearing
health*

Purpose of the Workshops

Strengthening Wellbeing and Resilience

Workshops focus on enhancing wellbeing and resilience among paediatric audiology professionals in high-pressure settings.

Leadership Skill Development

Participants gain practical leadership tools and signposting to foster compassion and clarity within their teams.

Building Supportive Networks

The programme creates opportunities for professionals to share experiences and emotionally recharge and build resilience with peers nationwide.

Sustaining Patient-Centered Services

Investing in wellbeing, resilience and leadership for our NHS colleagues, helps to support paediatric audiology services to remain robust, sustainable, and focused on patients.



Benefits to participants

Strengthening Resilience

Learn techniques to boost resilience for coping with stress and staying motivated during challenges.

Leading Through Adversity

Guidance on compassionate leadership to maintain trust and morale in difficult situations.

Peer Connection and Networking

Opportunity to recharge and build a national network fostering community and collaboration.

Practical Tools for Wellbeing

Receive actionable strategies to improve wellbeing and leadership in work and patient care.



Dates and registration details

Workshop Dates and Locations

The workshops will be held on 29 January 2026 and 4 February 2026, in Birmingham.

Registration Process

Participants must email their interest including the required details and preferred date by 5 January 2026 to help to secure a spot.

Participation Requirements

Registration emails should include name, email, workplace, preferred date, and no more than 200-words identifying why it would benefit them.

Early Registration Encouraged

Due to limited space and high demand, early expression of interest is recommended.

If you are interested in attending one of the dates, please send your Expression of Interest to EOI@ahcs.ac.uk by no later than the 5th January 2026



Include the following details:

- Your name
- Email address
- Place of work
- Your preferred date (29th Jan or 4th Feb 2026)
- Reason this would be helpful to you (max 200 words)

Coming soon.....



- Group and team coaching details