

# NEWSLETTER MAY 2026



Please get your entries in via smoothcomp and order your spectator ticket in advance via Ticket Tailor. Visit our Website [www.britishkarateguild.com](http://www.britishkarateguild.com) for the links.

**Official Tournament Hotel:** The Leonardo Hotel Croydon. This will be the location of the weigh-in on Friday 29th May. 5.30pm to 9pm.



Pictured above, last year's special award winners, each receiving £1000 GBP. Awards were for the Fastest Knockout, Most spirited fighter and Most technical fighter. Who will be our winners on May 30<sup>th</sup> 2026! 🤝



Pictured left, a group shot of last years trophy winners. Competitors from across the globe demonstrated superior technical skill and unwavering kyokushin spirit. We do it all again at Crystal Palace National sports centre, London, the home of Kyokushin, on the 30<sup>th</sup> May 2026. Dont miss out on being part of this amazing day!



## INTERNATIONAL SQUAD TRAINING

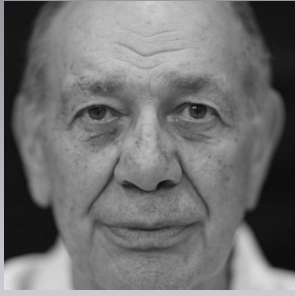
**Next up:** International Squad Training Session. Designed to select athletes who will have the opportunity to represent us in upcoming competitions abroad. All dedicated and committed karate athletes who are ready to take their performance up to the next level should attend.

**Upcoming session: Knockdown & Kyokushin Rules**

Open to BKG members Blue belts and above - 10yr+

**10<sup>th</sup> May 2026 10am to 12noon** - Purley, Croydon, with Shihan Jeff Whybrow





"I did not have to beat everyone I fought, that would have been ridiculous! I just had to keep going, I had to have the spirit not to give up, no matter what they threw at me." –

Hanshi Steve Arneil



## Open knockdown referee's course



**SUNDAY 17TH MAY.**

Senior brown belts & above  
11am - 2pm  
The Barkantine Hall,  
Westferry Rd, E14 8SS.

This will be a practical based course in Gi. Please ensure you have read the rules in advance. These can be downloaded from our website.

[WWW.britishkarateguild.com](http://WWW.britishkarateguild.com)

BKG members £15 Non members £20

**FREE COURSE FOR ALL WHO ARE OFFICIATING AT OUR BKG OPEN ON THE 30<sup>TH</sup> MAY.**

**OPEN COURSE - ALL GRADES & AGES**

**SAT 13TH JUNE 11am - 1pm**

**£10 BKG MEMBERS £15 NON MEMBERS**

**FOLLOWED BY AGM 3PM .**



This course will cover all aspects of kyokushin karate. Post course, we will have our AGM.

Venue for both course & AGM: Capital City College, sports centre EN3 7BG

Nominations for election to the BKG board must be submitted via email by the 23rd May 2026. The Nomination must be proposed and seconded by two members of the BKG and accompanied by a brief personal portfolio of the nominee. Please submit this via email to the BKG chairperson, Shihan Maria Da Costa, [Mdacosta.BKG@gmail.com](mailto:Mdacosta.BKG@gmail.com).

## CALENDAR OF EVENTS 2026

**BKG INTERNATIONAL SQUAD TRAINING**  
**Focus - Knockdown & Kyokushin Rules**  
Sunday 10<sup>th</sup> May. Blue Belts & above 10yrs+  
10am TO 12noon Squad Fee: £10 (2hrs)  
Regans Fight Champions, Unit 9-11 Royal Oak  
Centre, Brighton Rd, Purley, CR8 2PG.

**BKG KNOCKDOWN REFEREES CRSE**  
**SUNDAY 17TH MAY.**

Senior brown belts and above. 11am TO 2pm  
The Barkantine Hall, Westferry Rd, E14 8SS

**BKG OPEN KNOCKDOWN CHAMPIONSHIPS**

Saturday 30th May 2026



Crystal Palace National Sports Centre,  
Ledington Rd, London, SE19 2BB

**OPEN COURSE FOR ALL GRADES:**

**Kihon, Kata, Kumite.**

**FOLLOWED BY BKG AGM**

Saturday 13th June, 11am to 1pm course,  
1:15pm to 3pm AGM.

£10 for BKG members, £15 for non-members  
Venue: Capital City College, (sports Centre)  
73 Hertford Rd, Enfield, EN3 7BG

**BKG INTERNATIONAL OPEN SUMMER CAMP**

Friday 21st to Sunday 23<sup>rd</sup> August 2026

**FREE to main BKG Instructor!**

£130 BKG Members £160 Non.

Essex Outdoors, Well Lane, Danbury, CM3 4AB

**BKG NATIONAL GRADING**

**10<sup>TH</sup> OR 11<sup>TH</sup> OCTOBER 2026**

**venue & which of two days to be confirmed**

**BKG NATIONAL CLICKER CHAMPIONSHIPS**

**14th NOVEMBER 2026**

Singh Sabha Sports Centre, Slough, SL1 3LW

**BKG WINTER BALL**

Saturday 6<sup>th</sup> February 2027

Novotel Hotel, Round Coppice Rd, Stansted, CM24 1SF