

No	Date	Day	Subject	Learning Objectives
1	28/09/22	Wed	Relational Coaching	Become more effective at coaching each other
2	26/10/22	Wed	The Blonay Character Profiler	Become more aware of your own character in relation to others, and, in particular, your approach to risk
3	30/11/22	Wed	Your "Sweet Spot" / "Why"?	Discover your purpose or calling
4	21/12/22	Wed	Getting Things Done	Develop habits which will make you more able to get things gone
5	25/01/23	Wed	Assertiveness	Deal with issues and boundaries without becoming aggressive
6	22/02/23	Wed	Strategy - Play to Win	Design effective strategy by making tough choices