

**Walking Netball**

**Volunteer Ambassador**

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| **Role Title** | **Walking Netball Volunteer Ambassador** |
| **Responsible to:** | Volunteer Coordinator |
| **Time Commitment:** | **2 hours weekly** (Monday’s 10.30 -12.30) |
| **Location:**  | Kingswood Active Lifestyle Centre, Church Road, Staple Hill, Bristol, BS16 4RH |
| **Why we need your help:**- **Bristol After Stroke** is an independent **charity helping people in Bristol, South Gloucestershire** and surrounding areas to **rebuild their lives**. **We provide information, practical support, friendship and counselling** in the months and years following a stroke. **- Walking Netball was set up in January 2024 so that stroke affected people could play walking netball** in a **non-judgemental** and **supportive** environment. It’s netball, but at a walking pace where the rules are slightly tweaked.- The role of the **Walking Netball Volunteer Ambassador** is to **support people to play** walking netball in an encouraging and inclusive way.  |
| **Role Summary:** | * **Attend Walking Netball weekly, running the sessions** with the **support from other Walking Netball Volunteer Ambassadors.**
* **Take payment from players** as and when required, **log player names and numbers** and **hand out any necessary netball kit**.
* **Meet with any new players before the session**, show them where to go and **introduce them to other players**.
* Support with any **warmup exercises** for Walking Netball and **lead the sessions.**
* **Attend the quarterly meetings** to discuss the progress of the sessions.
* **Give added enthusiasm and encouragement** to the stroke affected netball players at the session and help to **promote a supportive, happy atmosphere** that contributes to a sense of wellbeing.
* **Know about any risks associated with walking netball**, encouraging players to play safely to avoid any accidents from happening.
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| **Skills and Experience:** | * **Have completed the England Netball Host training.**
* Be **encouraging, inclusive and friendly**.
* Be comfortable **working as part of a team** with other volunteer ambassadors.
* **Know about or be willing to learn about stroke** and its impact on people.
* **Be reliable.**
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**What we can offer you:**

* An **induction and support and supervision in the role**.
* You will be supported in your role by the **Volunteer Coordinator / Netball Coach (adhoc)** and other **Walking Netball Volunteer Ambassadors**.
* Bristol After Stroke Newsletters; keeping you up to date on charity news and other volunteer opportunities.
* You will have the **opportunity to meet with other Bristol After Stroke volunteers.**

**What we ask of you:**

* To obtain **2 references** from people who are not related to you.
* Complete a **DBS** form.
* To **complete the England Netball Walking Netball Host Training.**
* To **keep to all the charity’s policies, values and guidelines**.
* To **complete an induction and any necessary training** for the role.

Bristol After Stoke

**Feb 2024**