



BSEM Spring Workshop

**Tired All The Time: Treatment strategies to
break the vicious cycle in the post-COVID era**

Friday 22nd March 2024
Hallam Conference Centre
London

08:30 – 09:00 REGISTRATION		
09:00 – 11:15	Dr. med. Eleni Kavelara Lodge	Part I Differential Diagnosis of TATT symptoms Exploring key tools for developing a diagnostic strategy: <ol style="list-style-type: none">1. Physical signs e.g. Atlas/Dura Block2. History: e.g. traumatic experiences3. Lab work: basic and specific interventions
11:15 – 11:30 BREAK		
11:30 – 13:00	Dr. med. Eleni Kavelara Lodge	Part II TATT: Explaining the pathway of chronic inflammatory and autoimmune conditions due to persistent viral infections (Post EBV-Long-Covid) Explaining the connection between silent inflammation and psycho-neuro-immunological conditions (Tryptophan/kynurenin pathway) Mitochondrial disturbances and neuro-degeneration (suprarenal fatigue).
13:00 – 14:00 LUNCH		
14:00 -15:30	Dr. med. Eleni Kavelara Lodge	Part III Applied interventions <ol style="list-style-type: none">1. Micro-immune therapy2. Plant based therapeutics3. Homotoxicology4. Neurokinetics5. Life-style modification
15:30 – 15:45 BREAK		
15:45 - 17:00	Dr. med. Eleni Kavelara Lodge	Part IV Effective interventions Plus the opportunity to bring your own cases to facilitate discussion of the practical aspects of the interventions.
17:00 MEETING ENDS		