



BRITISH SOCIETY FOR  
ECOLOGICAL MEDICINE

## BSEM Training Day 19

### Ecological Medicine Approach to Cardiovascular Health

Friday, March 14<sup>th</sup> 2025  
Hallam Conference Centre, London

08:30 – 09:00 REGISTRATION		
09:00 - 09:45	Dr Damien Downing	The ecological medicine approach to cardiology
09:45 – 09:50		Q&A with speaker
09:50 - 10:35	Dr Jerry Thompson	"Heart Disease: its Causes and Treatments"
10:35 – 11:15	Dr Jerry Thompson	Statins and Cholesterol
11:15 -11:20		Q&A with speaker
11:20 – 11:35 BREAK		
11:35 - 12:05	Dr Goran Stojanovic	Dentistry and cardio-vascular health
12:05 -12:55	Dr Sanjay Gupta	Understanding Ectopic Heartbeats
12:55 – 13:10		Q&A with speakers
13:10 – 14:10 LUNCH		
14:10 -15:00	Dr Sarah Myhill	Groundhog Mitochondria
15:00– 15:10		Q&A with speaker
15:10 – 15:40	BSEM Panel Chair: Dr Shideh Pouria	BSEM Panel Discussion with discussion about previous topic and Case Histories
15:40 – 15:55 BREAK		
15:55 - 17:00	BSEM Panel Chair: Dr Shideh Pouria	Case History discussion continues
17:00 MEETING ENDS		