



BRITISH SOCIETY FOR  
ECOLOGICAL MEDICINE

## BSEM Training Day 13 Metabolism

### Beyond the Metabolism

Friday 4<sup>th</sup> November 2022  
Hallam Conference Centre  
London

<b>08:30 – 09:00 REGISTRATION</b>		
09:00 - 09:10	Dr David Jehring	Welcome and Introduction
09:10 - 09:55	Dr Damien Downing	Applying the principles of ecological medicine to metabolic health
09:55 - 10:40	Dr David Jehring	Metabolic Syndrome Overview
<b>10:40 - 10:55</b>		<b>Q &amp; A with Speakers</b>
<b>10:55 – 11:10 BREAK</b>		
11:10 – 11:55	Dr Aseem Malhotra	Can heart disease be reversed?
11:55 - 12:40	Rachel Nicoll PhD	Cancer metabolism and how to outsmart it
<b>12:40 - 12:50</b>		<b>Q &amp; A with Speakers</b>
<b>12:50 – 13:50 LUNCH</b>		
13:50 - 14:35	Patrick Holford	What's driving Alzheimer's disease and is it preventable?
<b>14:35 - 14:45</b>		<b>Q &amp; A with Speaker</b>
14:45 - 15:45	BSEM Panel Chair: Dr Shideh Pouria With Drs David Unwin and Sarah Myhill	BSEM Panel Case Discussion
<b>15:45 – 16:00 BREAK</b>		
16:00 - 17:00	BSEM Panel Chair: Dr Shideh Pouria With Drs David Unwin and Sarah Myhill	BSEM Panel Case Discussion continues
<b>17:00 MEETING ENDS</b>		