



BSEM Training Day 8

Spotlight on Cardiology

Friday 23rd April

Hallam Conference Centre, London

08:45 – 09:00 REGISTRATION

09:00 – 09:15	Dr Sarah Myhill	Welcome and Introduction
09:15 – 10:25	Dr Sarah Myhill	Diagnosis and management of metabolic syndrome and diabetes and their roles in arteriosclerosis, hypertension and cholesterol issues.
10:25 – 10:30		Q & A with Speaker
10:30 – 11:10	Dr Damien Downing	The problems of homocysteine, vitamin D, magnesium and chronic inflammation as causes of arteriosclerosis. Diagnosis and management.
11:10 – 11:15		Q & A with Speaker
11:15 – 11:30 BREAK		
11:30 – 12:10	Dr Sarah Myhill	Diagnosis and management of heart disease: angina, dysrhythmias, heart failure and cardiomyopathy. The problems of diuretics, dentists, and statins.
12:10 - 12:15		Q & A with Speaker
12:15 – 12:55	Dr Jerry Thompson	How to incorporate nutritional and environmental medicine related to cardiovascular disease into NHS General Practice.
12:55 – 13:00		Q & A with Speaker
13:00 – 14:00 LUNCH		
14:00 – 15:45	BSEM Panel Chair: Dr Shideh Pouria	BSEM Panel Discussion of Cases. Trainees to provide Case Histories.
		Clinical cases
15:45 – 16:00 BREAK		
16:00 – 16:50	Dr Nicholas Gall	Postural Tachycardia Syndrome and related conditions including EDS, Mast Cell Activation and Covid.
16:50 – 17:00		Q & A with Speaker