



Anna and Andy from Gong Didge with Kirsta (centre) President of the Cancer Support Group. Below: the participants loved it! PHOTO: PHOENIX MEDIA



## Health Matters Live

**G**ong and Didge Mallorca led a very relaxing workshop at Mood Beach on Wednesday morning as part of the Health Matters Live series of events, in collaboration with the Cancer Support Group. The attendants enjoyed an amazing "Sound Bath". Thank you Gong and Didge Mallorca, it was lovely! You can get in touch with them here: <https://www.facebook.com/gong-didge.mallorca/>The next Health Matters Live will probably be in October after the summer season. There are a variety of speakers and workshops lined up for the coming months. For more information contact [info@moodbeach.com](mailto:info@moodbeach.com)



Enjoying a Sound Bath.

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