

## Know your balls

Campaign highlights male cancers

Entitled Pro-Test, a drive to raise awareness about testicular and prostate cancer will be at the Magaluf Beach Rugby Tournament this weekend.

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# Know your balls

## Cancer group is working on new campaign of male cancers

By Gemma Quinn

MALLORCA'S Cancer Support Group is working tirelessly on a new campaign which highlights two male cancers that are becoming increasingly prevalent and need to be talked about openly, so that their symptoms are recognised and checked out as early as possible.

Pro-Test aims to educate the public about prostate and testicular cancers and the local Cancer Support Group has teamed up with Ballboys, a British Charity, who will be attending the Magaluf Beach Rugby Tournament being held on Saturday May 2 and Sunday May 3.

The Pro-Test campaign are also inviting sports, tennis, rugby, football and cricket clubs to display the literature and possibly allow one of the charity's representatives to give a 10 minute talk called 'Know your Balls.'

Testicular cancer usually affects younger men between the ages of 15 to 49. The most common symptom is a painless lump or swelling in the testicles, or a dull ache or feeling of heaviness in the scrotum. Prostate cancer typically targets men over the age of 50



PEDRO MONTEIRO SHUTTERSTOCK

### 15 and 49

*Testicular cancers largely affects men between those ages with prostate cancer affecting older men such as the over 50s*

### BEACH RUGBY: Tournament.

and is the most common cancer in men. While those in the early stages may not show any symptoms, others may experience various problems.

If you are concerned by any of these symptoms or wish to know more about the campaign contact the Cancer Support Group by calling Krista on 659 887 455 or email [cancermallorca@gmail.com](mailto:cancermallorca@gmail.com).

The Mallorca Beach Rugby Tournament attracted 3,000 people during last year's edition and gets bigger and bigger each year. It takes place on Magaluf beach and includes both men and women's tournaments.