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## **REPORT 2023**

2023 has been a very busy year, we had 34 new patients contact us during the year, in addition to the 43 patients we were already caring for.

Our volunteers as always have been busy helping out, this year we have helped with 57 translations, 101 home and hospital visits and offered patients lifts to hospital appointments 24 times<sup>1</sup>.

On top of this, our volunteers have been involved in fairs and fundraising events and we cannot forget the over 500 hours spent in our drop in centers.

The need for counseling has grown massively in 2023. For our German patients we are now working with Vanessa Gleede. And some of our volunteers have taken on training with Gap Counseling so they have now formed a team who are able to cover our counseling needs. In 2023 between them they offered 301 sessions to our patients. These are funded by donations we receive from the public.

We have also started working more with different therapists and other professionals on the islands to offer our patients services such as reflexology, yoga, hairdressing etc. in most cases a discount is offered and CSG also pays a percentage of the treatment or service meaning that the patient has less to pay, making these more accessible to them.

In 2023 we held 5 dedicated training sessions for our volunteers as well as the AGM. All active volunteers attended at least two of these sessions, we want to make sure that our volunteers are fully equipped for the tasks they are assigned and that they have the emotional support they need in fulfilling them.

At the request of some of the volunteers we started holding regular meetups, open to everyone who is involved with CSG as well as members of the public, initially these were monthly, but were then changed to quarterly, and are a place where everyone can get to know each other and discuss any questions they may have.

<sup>&</sup>lt;sup>1</sup> Many of the 57 translations also would have included taking the patient to the hospital.



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April 2023 was the first Walk Against Cancer which had an amazing result, over 100 people signed up, together they raised just under €10000, and all increased their steps during the month.

2023 also marked the launch of "My Last Wishes"; a book where we can make a note of important information that can be easily accessed by our loved ones in case of a medical emergency or our death. The book has been released in English and Spanish and has been really well received by our patients and the general public.

When it comes to donations during 2023, as always we have been blown away by the generosity of the island's residents, we received a total just over €43600. However due to the increase in counseling needs as well as higher volunteer expenses (fuel, parking, etc.) we did have a loss of over €7780.<sup>2</sup>

## What is planned for 2024?

Our plan is to continue along the same lines, offering the same services and hopefully reaching more people.

We still have the aim of opening a drop in center in Inca hospital, but due to some of our volunteers leaving in 2023 we were not able to do so, hopefully this is something we can bring to happen in 2024.

Our training sessions and CSG MeetUps will continue during 2024, so please keep an eye on our website and social media.

We are working on the planning for Walk Against Cancer 2024 and look forward to releasing the details very soon.

As for fundraising, considering that we had a loss in 2023 we will be looking into ways to increase donations to make sure we can continue to cover all the needs we have.

The main aim, as always, is to keep busy helping cancer patients on the island.

The Cancer Support Mallorca Committee

<sup>&</sup>lt;sup>2</sup> A full accounts report will be delivered at the AGM in June.