



Who can ask for Occupational Therapy?

Anyone!

You can ask for Occupational Therapy

or your carer can ask for you

or any other person who works with you or for you



You can telephone us on 01743 261181



Or write to us at Mytton Oak Royal Shrewsbury Hospital (North) Shrewsbury SY3 8XQ



DNLDD/011 Review April 2008

Occupational Therapy for Adults with a Learning Disability



What is Occupational Therapy

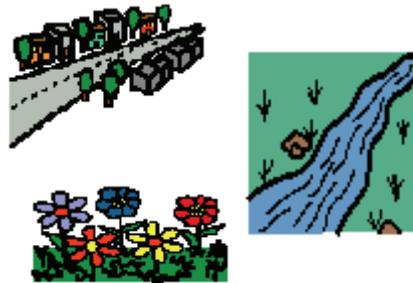


Occupational Therapy can help you do all the things you do in your everyday life



Who does the Occupational Therapist see?

If you live in Shropshire



or in Telford & Wrekin



The Occupational Therapist



and your carers



or other people who work with you



How can the Occupational Therapist Help?

The Occupational Therapist may be able to

make it easier for you to do things at home



make it easier for you to do things at work



Help you to think of things you can do yourself, at home and out and about

