

Application Pack: Lived Experience Recovery Coach & Facilitator

Background

The EPIC Restart Foundation empowers people to restart positive lives after gambling harm.

“The single best thing I have ever done for myself. I have a renewed sense of power over my life, my mindset, and my goals. A genuinely life-changing experience.”

We are an independent charity founded on lived experience of gambling harm. We are driven by our passion to ensure people are supported to sustain long-term recovery and more fulfilling, purposeful lives.

We work closely with people in recovery, the National Gambling Support Network and expert delivery partners to pioneer innovative approaches that empower people to rebuild their lives. We also build crucial awareness of recovery support pathways and break down the stigma around gambling addiction.

We are helping to fill a significant support gap, and we are respected for our empowering approach. Our **EPIC Restart Community** is a powerful lived experience online network offering inspiration, learning, and connection after gambling harm. Our intensive support programmes provide life-changing events, personal development opportunities, and person-centred recovery coaching.

We are proud of the impact we are making and have a wealth of evidence to demonstrate positive transformations. This is a great time to join the EPIC Restart Foundation as we rapidly expand our team to meet the increasing demand for our support.

Lived Experience



Lived experience is at the heart of all we do. Our **Recovery Coaches** have all suffered gambling harm. They use their experiences to support others on their journey of recovery - empowering them to regain the confidence and resilience needed to move on with their lives after gambling harm.

We believe it's essential to break the cycle of gambling harm. Coaches increase **self-awareness**, empower individuals to **accept** their situation, set goals and take **action** to move forward in their recovery all whilst being held **accountable**. Reducing feelings of stigma and shame means that individuals are more likely to develop healthy support networks and reach out for the help needed to sustain recovery. Providing practical, constructive tools and support empowers people to move forward with a renewed sense of purpose in their lives.

We are also working with a wide range of community organisations, sharing our lived experience, facilitating workshops to reduce the stigma associated with gambling harm and highlighting pathways to treatment, support and recovery for anyone struggling with the impacts of harmful gambling.

Lived Experience Recovery Coach & Facilitator

With an expanding portfolio of programmes, we are seeking highly motivated individuals to join our team, train as accredited Recovery Coaches & Facilitators, to use their lived experience to coach and support people taking part in our programmes. Supporting others to rebuild positive lives after gambling harm is a deeply enriching experience and an opportunity to grow your professional skills in the gambling harms sector.

You will also contribute to wider programme delivery, attending a wide range of online and in-person events to support others, sharing your experiences and facilitating at events, including group coaching and other workshops with the community.

70% of our team and trustees have experienced gambling harm either directly or indirectly. Lived experience is an essential requirement for this role and you must be passionate about making a difference, excited by the opportunity to transform lives, and support people in recovery.

Essential knowledge, skills & experience

You will:

- Be enthusiastic and motivated, with a strong desire to coach and support others.
- Have a high degree of self-awareness, and a good understanding of gambling harm and the challenges of recovery through your own lived experience.
- Have established your own stable, positive recovery, with at least 18 months of abstinence.
- Be passionate about educating people about multiple pathways of support available to those who have suffered gambling harm directly or indirectly.
- Have the self-confidence to facilitate groups and/or be willing to upskill and take the lead in workshops.
- Be willing to use your lived experience to help shape our recovery support programmes and offer guidance to others.
- Be a self-starter, motivated to work independently as well as an enthusiastic team worker - able to build inclusive relationships and collaborate with colleagues and external stakeholders, fostering a culture of trust, mutual support and respect.
- Have a dedicated professional work ethic; a track record in getting things done and good IT skills such as using Teams, Zoom and Word as well as being Social Media savvy.

Key responsibilities include:

- Using your own lived experience and understanding of the challenges of rebuilding a positive life after gambling harm to support others.
- Providing safe, person-centred recovery coaching – on a one-to-one basis and in group settings - focussing on goal setting, identifying next steps and empowering participants to take action, implement learning and fulfil their true potential.
- Encouraging and motivating individuals to participate in EPIC Restart's wide range of recovery support programmes – equipping them with constructive tools to move forward with their lives after gambling harm.
- Working within EPIC Restart Foundation systems to case manage relationships, including appropriate record keeping and adherence to our risk management and safeguarding policies at all times.
- Facilitate online and in-person workshops: leading the delivery of workshops and supporting others with the delivery and smooth running of the Foundation's activities and events.
- Sharing your lived experiences in a variety of settings to help raise awareness of gambling harm recovery.

Role Details:

Contract: Full or Part-time will be considered with fixed-term contracts until September 2026.

Terms: Annual FT salary IRO £30,000-32,000 pa. Taxed at source.

Location: Remote, working at home online using our workplace management system, with regular UK travel to meetings and events (travelling expenses and subsistence paid and time off given in lieu of evening and weekend working).

Start Date: These positions are available immediately, on a full or part-time basis (you must be available for a minimum of 20 hours per week.) We would be happy to discuss arrangements for flexible and/or blended working.

Benefits: Include annual paid leave, NEST contributory pension, free clinical supervision support and opportunities for personal and professional development

Diversity, Inclusion and Safeguarding

EPIC Restart Foundation is committed to creating an inclusive culture. We understand the importance of incorporating all aspects of diversity, equity, and inclusion in everything we do. We aspire to increase the diversity of our team, and we encourage candidates with a range of work and life experiences to apply, in particular people from ethnic minority groups, who are underrepresented in our organisation.

We believe everyone should feel safe in their working environment and be supported to achieve their potential. This role will require an Enhanced DBS check and be subject to satisfactory references and online checks, but experience of the CJS is not an automatic barrier to joining our team.

How to apply

Send your CV and a supporting letter to opportunities@epicrestartfoundation.org before 12 noon on Friday 6th of December. Your letter should explain why your interests, your experience and your skills make you a good fit to become a Lived Experience Recovery Coach & Facilitator with EPIC Restart.

Closing date: 12 noon Friday 6th of December 2024

Shortlisted candidates will be interviewed online on a rolling basis

Due to the high volume of applicants we receive, we will be unable to respond to everyone. But we will get in touch if you are shortlisted – thank you for your interest.

www.epicrestartfoundation.org