

INTEGRATED MEDICINE FOR HEALTHCARE PRACTITIONERS

The Education Department at The Royal London Hospital for Integrated Medicine/University College London Hospitals

Integrated medicine is gaining more interest as clinicians and patients both look for holistic, non-pharmacological options to address the burden of common and chronic conditions. Royal London Hospital for integrated medicine has extensive experience in providing complementary therapies in the NHS to a wide range of patients.

This two-day face-to-face course will introduce you to different complementary therapies that are currently approved by the NICE guidelines. The course will include taster sessions in acupuncture, mindfulness, Tai chi, autogenic training and clinical hypnosis. We will also have a chance to discuss research in CAM medicine and safe use of complementary and alternative medicines.

The presenters are NHS experts in their fields and will be able to advise on where to go next for accredited training for complementary therapies.

This course is a good starting base for practitioners who are ready to take first steps into Integrated medicine but are not sure where to start and those who are looking to advise better to their patients on evidenced based CAM therapies.

This course would be suitable for doctors, nurses, psychologists, occupational therapists, social workers and any other medical or allied health professionals.



Venue

The Royal London
Hospital for
Integrated Medicine,
Self Care Space,
Peter Fisher Centre,
Ground floor, 60
Great Ormond St,
London, WC1N 3HR

Date

13-14 November
2024

Time

09:00-16:00

Cost

£220.00 for 2 days



The Royal London Hospital for Integrated Medicine

Integrated Medicine for Healthcare Practitioners

13-14 November 2024

Course Application

Full Name: _____ Date: _____

Address: _____

City _____ Post Code _____

Phone: _____ Email _____

Speciality _____

Statutory body _____ Registration Number _____

Please reserve me a place on **Integrated Medicine for Healthcare Practitioners** on **13-14 November 2024**

Please tick one box:

I enclose a cheque made payable to **UCLH NHS Foundation Trust** for £220.00

Please send me an invoice for £220.00

Please invoice my Trust (PO required)

We will acknowledge receipt of your booking. Note that, although we cannot refund your payment, you can send a substitute by arrangement with the organisers.

PLEASE SEND YOUR COMPLETED APPLICATION FORM AND PAYMENT DETAILS TO: Janet Joseph, Academic Unit (Ref IM), The Royal London Hospital for Integrated Medicine, 60 Great Ormond Street, London WC1N 3HR. Telephone 0203 44 82311 Email: janet.joseph1@nhs.net web. www.uclh.nhs.uk/rhim

Integrated Medicine for Healthcare Practitioners

Provisional programme

13/11/2024	Face to face	
9:30-10:30	Prof John Hughes	CAM research
10:45-13:00	Dr Mike Cummings	Acupuncture - clinical application, short practice
13:00 - 14:00	Lunch	
14:00-15:00	Dr Nicholas Straiton	Integrated Musculoskeletal Medicine
15:00-16:00	Lara Georgiades	Mindfulness - clinical applications; short practice

14/11/2024	Face to face	
9:00-10:00	Pablo Gonzalez and Sonia Gogia	Manual therapy- clinical uses and short practice
10:15-11:30	Dr Ekaterina Mishanina	Safe use of CAM medicines
11:45-13:00	Jane Bird	Autogenic training - clinical uses and a short practice
13:00-14:00	Lunch	
14:00-15:00	Dr Lisa-Renee Sharpe TBC	Tai Chi - clinical uses and short practice
15:00-16:00	Chris Perrin	Hypnotherapy - clinical applications; short practice

