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INTEGRATIVE HEALTHCARE FORUM

HUMAN & PLANETARY HEALTH
SUSTAINABLE SOLUTIONS FOR THE FUTURE

FRIDAY 6 MAY 2022, 10 AM - 5 PM
BELMONT ESTATE

In this Integrative Healthcare Forum, we are focusing on the vital issue of how we, as humans, depend on the Earth for our survival. With themes around how we connect to ourselves, our communities and our planet, we will hear from a range of speakers who have made Planetary, Human and Sustainable Health a priority.

Whether we are looking at issues of equality across community or continents or whether we consider the direct effect of climate change and ecological collapse, there has never been a better time to look at how the Integrative Medicine Model offers the power of connection and collaboration in how we make a difference to our own health and that of the planet.



The National Centre for Integrative Medicine (NCIM) supports a growing movement for change in healthcare, combining conventional, lifestyle and holistic approaches to improve health and wellbeing.
NCIM is a Community Interest Company (08529099)

Human & Planetary Health

Sustainable Solutions for the Future

Friday 6 May 2022, 10am-5pm, Belmont Estate

PROGRAMME

- 10.00 Integrative Healthcare- part of the solution to the climate emergency**
Dr. Elizabeth Thompson, CEO - NCIM
- 10.15 Sustainable healthcare and the science of connection**
Prof. Trevor Thompson, Joint Sustainability Lead - Bristol University
- 10.45 Terrain Theory - regenerating planetary & human health**
Dr. Robert Verkerk, Founder, Executive and Scientific Director - Alliance of Natural Health
- 11.15 BREAK**
- 11.45 Whose health is it anyway?**
Miriam Turner, CEO - Friends of the Earth
- 12.15 Vested interests - how can success work with planetary and human health**
Jayn Sterland, CEO - Weleda
- 12.45 LUNCH**
- 13.45 Man vs Nature? Ancient & modern perspectives on your relationship with the planet**
George Thompson, Daoism Communicator
- 14.15 Rewilding the land**
Gil Martin, Estate Manager - Belmont Estate
- 14.45 BREAK**
- 15.15 Eco-anxiety and climate psychology**
Dr Catriona Mellor, CAMHS Psychiatrist
- 15.45 How the arts connect human and planetary health**
Dr Iva Fattorini, Founder - Artocene
- 16.15 Graduation Ceremony - NCIM Diploma in Integrative Healthcare**
Dr. Elizabeth Thompson, CEO - NCIM
- 16.30 Foraging & Tai Chi in the woods**
- 18.00 EVENING RECEPTION (until 19.00)**
(NB separate ticket needed)



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ADDITIONAL INFO

We'll Be Talking About....

- The interdependency of human and planetary health
- The meaning of sustainable healthcare
- How to connect to the natural world
- What it means to rewild a landscape
- The psychological impacts of climate change
- The role of the arts in connecting human and planetary health

And much more...

Why You Should Attend

- You'll hear from and meet thought leaders in this space
- You'll be part of and contribute to this germane discussion (and action!)
- You'll leave with new knowledge that you can incorporate into your holistic practice right away
- You'll gain 5 hours of CPD

Who Is This Event For?

This event is for Healthcare Professionals, CAM practitioners, Researchers, Students and members of the public who want clinical and evidence-based updates within a broad vision of healthcare.



Our NCIM Holistic Doctors, Dr. Elizabeth Thompson and Dr. Duncan Still, will guide you through the day with creative and interactive sessions to stimulate both your left and right brain. Do join us!

This event is supported by Weleda and the College of Medicine

WELEDA
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COLLEGE OF MEDICINE
AND INTEGRATED HEALTH

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