

WHAT DOESN'T KILL ME

ADDITIONAL RESOURCES COMPILED BY OUR VOLUNTEER TEAM

News Articles

[What Doesn't Kill Me, a film expose on domestic violence](#) (Huff Post, 2017)

Interview with Rachel Meyrick by Hope Loudon

[Coercive Control: "I was 16 and I thought it was normal"](#) (BBC, 2020)

This BBC article uses the story of a young couple who meet at school to highlight coercive and abusive behaviour. The article also includes information on the U.K. law regarding abuse, touches on the new compulsory 'relationship teaching' brought into U.K. schools in September 2020 and links to sources of support.

[Is this Coercive Control?](#) (BBC 2020)

This is the documentary linked to the above article in which a group of young people discuss and debate whether a fictional case is legally coercive control.

[Toxic Stress exposure in childhood linked to risky behaviour & adult disease](#) (Yale News, 2015)

This web article provides an overview of what toxic stress is, it's effects on people and possible solutions.

[A New Covid-19 Crisis: Domestic Abuse rises worldwide](#) (NYTimes 2020)

This is a recent article in the New York Times describing the phenomenon of increasing domestic violence during the COVID-19 pandemic.

Reports

[COVID-19 and violence against women; what the health sector/system can do](#) (WHO, 2020)

A report outlining the prevalence of violence in the home, how the pandemic may exacerbate stress and violence and some suggestions on how to deal with increasing stress and violence levels.

[Global Database on violence against women](#) (UN Women, 2016)

Outlines global facts and figures on violence against women using an interactive map.

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Scientific Publications

Evans, M., Lindauer, M., & Farrell, M. (2020). [A Pandemic within a Pandemic — Intimate Partner Violence during Covid-19.](#) *New England Journal of Medicine*, 1489–1491.

Article from New England Journal of Medicine on how COVID-19 pandemic is affecting DV rates by increasing stress at home, increases barriers to reporting and also looks at how DV awareness can be improved during the ongoing pandemic.

Johnson, S. B., Riley, A. W., Granger, D. A., & Riis, J. (2013). [The science of early life toxic stress for pediatric practice and advocacy.](#) *Pediatrics*, 131(2), 319–327.

<https://doi.org/10.1542/peds.2012-0469>

This article looks at the physiology behind toxic stress and how early interventions can help adverse outcomes later in life.

Shonkoff, J. P., Garner, A. S., Siegel, B. S., Dobbins, M. I., Earls, M. F., McGuinn, L., ... Wegner, L. M. (2012). [The lifelong effects of early childhood adversity and toxic stress.](#) *Pediatrics*, 129(1). <https://doi.org/10.1542/peds.2011-2663>

This scientific article includes good visual aids to explain the causes of and the effects of toxic stress.

Amin, A., Kågesten, A., Adebayo, E., & Chandra-Mouli, V. (2018). [Addressing Gender Socialization and Masculinity Norms Among Adolescent Boys: Policy and Programmatic Implications.](#) *Journal of Adolescent Health*, 62(3), S3–S5.

<https://doi.org/10.1016/j.jadohealth.2017.06.022>

This paper looks at the types of masculinity norms endorsed in early adolescence and who or what are the key factors that shape boys' gender attitudes. It also draws on the current evidence base for promising interventions to address harmful masculinity norms and elaborate on the implications for programs and policies.

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Other Resources

[Safenet Services](#) - Website

[DV Leap](#) - Website

Official websites of [What Doesn't Kill Me](#) & [Filmmaker Rachel Meyrick](#)

[Supervised Child Visits](#) - Website

This website shares details of how people in the U.S. can act for change and justice on this issue alongside links to further websites that focus on protecting abused children in the US.

[National Network to End Domestic Violence](#) - Website

["Get the Film What Doesn't Kill Me on Netflix"](#) - Petition

[Self-help guide: Defending yourself and your child from unwanted separation](#)
(Support not Separation, 2018)

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