



My Amazing Brain: Richard's War
Additional resources

Compiled by the GHF Classics volunteer team

News Articles:

[Untapped neuroplasticity potential](#) (BBC)

[Why there is new hope for Britain's 1.2 million stroke survivors](#) (iNews)

Discusses the groundbreaking study, which found that patients can make significant improvements in arm and hand use for at least 20 years after their stroke, and includes an interview with Professor Nick Ward.

Reports:

[Royal College of Physicians and Stroke Association: National Clinical Guideline for Stroke \(Patient version\)](#)

This information guideline outlines what care should be provided after stroke. It is written for people with strokes and their carers.

Books:

Henry Marsh - Do No Harm: Stories of Life, Death and Brain Surgery

Neurosurgeon's perspectives and reflections on what it is like when you are holding someone's life in your hands and cutting into something that creates thought, feeling and reason, and makes the person who they are.

Scientific Publications:

[Intensive upper limb neurorehabilitation in chronic stroke: outcomes from the Queen Square programme](#) (Journal of Neurology, Neurosurgery & Psychiatry)

Study by the Queen Square Upper Limb Rehabilitation team led by Professor Nick Ward depicted in the film. With intensive upper limb rehabilitation, chronic stroke patients can improve with clinically important differences in measures of impairment and activity. Crucially, clinical gains continued during the 6-month follow-up period.

[Digital Therapeutics: Emerging New Therapy for Neurologic Deficits after Stroke](#)

(Journal of Stroke, 2019)

A review/collection of digital interventions to be employed in stroke recovery

[Sex Differences in Stroke: Challenges and Opportunities](#)

(JCBFM) 2018)

[Barriers and Facilitators of Stroke Recovery: Perspectives From African Americans With Stroke, Caregivers and Healthcare Professionals](#)

Outlines about racial differences in stroke recovery and their reasons and the resulting need for culturally tailored tools in stroke recovery to balance these inequalities

Provides interviews from Charleston, US as qualitative evidence for the development of such tools

[COVID-19 and stroke: a global World Stroke Organization perspective](#)

(International Journal of Stroke, 2020)

[Scoping review of acute stroke care management and rehabilitation in low and middle-income countries](#) (BMC Health Services Research 2019)

Other:

[Global Health Network Webinar: Neurological Disorders Associated with COVID-19](#)

Discussion of the association between COVID-19 and various neurological disorders, with a section by Dr Laura Benjamin titled 'The emerging layers of complexity in managing stroke patients with SARS-CoV-2 infection.'

[TED Talk: Neuroplasticity by Dr Lara Boyd](#)

[TED Talk: Siddharthan Chandran: Can the damaged brain repair itself](#)

Siddharthan Chandran walks through some new techniques using special stem cells that could allow the damaged brain to rebuild faster.

[TED Talk: Michael Merzenich: Growing evidence of brain plasticity](#)

This talk looks at one of the secrets of the brain's incredible power: its ability to actively re-wire itself. Michael Merzenich is researching ways to harness the brain's plasticity to enhance our skills and recover lost function.

[Military: New Zealand Army/Bosnia/ Richard Gray](#)

[BBC Radio 4: The Life in My Head: From Stroke to Brain Attack](#)

Robert McCrum, who survived a severe stroke in 1995, goes on a journey into his own brain to understand more about what happened to him.

[Podcast: Neurorehabilitation in Chronic Stroke](#)

Professor Nick Ward discusses the Queen Square Upper Limb Neurorehabilitation Programme

[Community Rehabilitation Toolkit](#) (NHS England)

[Community Rehabilitation](#) (Chartered Society of Physiotherapy)

Organisations:

[Stroke Association](#)

The Stroke Association works to prevent stroke, and to support everyone touched by stroke, fund research, and campaign for the rights of stroke survivors of all ages

The website has share stories of survivors and you can find out ways you can volunteer and donate to this charity working to support everyone touched by stroke.

[Royal College of Speech and Language Therapy](#)

Personal stories of patients with communication difficulties and the role of speech and language therapy.

[Stroke overview and the role of SLT](#)

[Association for Rehabilitation of Communication and Oral Skills](#)

A charity that runs excellent courses for Speech and Language Therapists

[Apps for aphasia developed at University College London in Dr Catherine Doogan's lab](#)