

## **GHF Classics: Resilience 15 November 2020**

### **Panel bios**

#### **Peter Jarrett**

Dr Peter Jarrett recently retired as a NHS consultant psychiatrist after almost 25 years' service.

His career included work in the USA, family research, senior NHS management, the assessment of poorly performing doctors, junior doctor training, the education of clinicians to support patient safety and, more recently, the inspection of mental health services and work for the Mental Health Tribunal.

His career has brought him face to face with social disadvantage and health inequalities, and to the political context in which these occur, while his experience as a movie-goer has shown him the educative power of documentary film.

#### **Graham Music**

Dr Graham Music is Consultant Child and Adolescent Psychotherapist at the Tavistock and Portman Clinics and an adult psychotherapist in private practice.

His publications include *Nurturing Children: From Trauma to Hope using neurobiology, psychoanalysis and attachment* (2019), *Nurturing Natures: Attachment and children's emotional, sociocultural and brain development* 2011/(2016), *Affect and Emotion* (2001), and *The Good Life: Wellbeing and the new science of altruism, selfishness and immorality* (2014), as well as many journal articles and book chapters.

He has an interest in exploring the interface between developmental science research and clinical work.

Formerly Associate Clinical Director of the Tavistock's child and family department, he has managed a range of services working with the aftermath of child maltreatment and neglect, has a particular interest in the therapeutic challenges of working with trauma and neglect, and has specialised for many years in work with children who have been adopted or are in public care.

He has also organised many community-based psychotherapy services, for example in over 70 schools, aiming to make therapy services more accessible. He currently works clinically with forensic cases at The Portman Clinic. He teaches, lectures and supervises on a range of trainings in Britain and abroad, and speaks regularly at conferences and in the media.

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#### **Pauline Scott**

Pauline Scott is the Managing Director of TIGERS & and founder and Director of Lullaby Lane Nurseries. She has 20 years' experience of leading teams, within the retail, training & development, and early learning and childcare sectors.

Pauline has worked to ensure relationships occupy a central role in the values, practice, policies, and vision of her businesses.

Co-founder of ACE-Aware Nation and founder and mentor of “Inspiring Women in Leadership (IWIL)”. Pauline believes that everyone is deserving of developing their infinite potential and the power of communities to create change. She is a reformed perfectionist!

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F: tigerstraining

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### **Suzanne Zeedyk**

Dr Suzanne Zeedyk is a research scientist fascinated by babies’ inborn capacity to communicate.

Since 1993, she has been based at the University of Dundee, within the School of Psychology. In 2011, she set up her own independent training enterprise to disseminate more widely the science of the early years. She now spends much of her time speaking to the public about our human need for emotional and physiological connection. She is able to bring to this her research expertise on topics including parent-infant relationships, family support, communicative disorders, and the socio-political contexts that frame our responses to scientific information.

She works closely with organisations throughout the world to increase awareness of the decisions we take about caring for children, illuminating the way in which those decisions are integrally connected to our vision for the kind of society we wish to build.

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