

HealthProm

Annual Review 2023-2024



About Us

Who we are

HealthProm's mission is to support vulnerable children, women and families disadvantaged by poor health, disability social exclusion or forced displacement. We have carried out our work in Eastern Europe, Central Asia, Afghanistan and the UK since we were first established by doctors and allied health professionals in 1984.

How we work

HealthProm works with and through local partners to promote the overall well-being of vulnerable women, children and families. We use a holistic approach to delivering comprehensive services that cover health, social care, and education to our beneficiaries.

What we offer

HealthProm's extensive regional expertise, combined with access to an established network of technical specialists in the UK, Europe and Central Asia, enables us to connect professionals and share best practice. We have gained expertise in safe childbirth, the de-institutionalisation of care, palliative care for children, support for families of children with disabilities and inclusive education. Outside the UK, we help our local partners prepare funding proposals and design new projects. In the UK, we offer comprehensive well-being and educational services to migrants and refugees from the regions where we work.

Our values

- Commitment to local engagement and partnership
- Respect for human rights
- Empowering individuals and communities
- Commitment to learning, innovation and exchange
- Promoting inclusion and equality across sectors



Foreword

Since the collapse of the Soviet Union, HealthProm has successfully worked with civil society organisations across the region of Eastern Europe and Central Asia to promote the wellbeing of vulnerable women, children and families.

Working in partnership with local actors, we have been able to offer professional advice, share best practice and build local capacity to tackle continuing challenges.

The war in Ukraine and its wider political and security impacts across the region have however significantly limited our scope for action over the last year. The changing priorities of international donors have also affected our ability to mobilise new funding.

HealthProm nevertheless remains committed to its core mission whilst continuing to adapt to increasingly complex geopolitical realities. Over the last year 2023-24 we have significantly built up our support for Afghan and Ukrainian refugees in the UK, whilst continuing our programmes in Afghanistan and Belarus. Detailed results are set out in this report.

We plan to build on these successes over the next year.

We appreciate the close cooperation with our partners in the UK and the region.

We thank our donors mentioned in this report. And we welcome all the encouragement we receive from volunteers and individual supporters. We look forward to this continuing in 2025.

Simon Ray
Chair of the Board of Trustees

Belarus

In Belarus, we successfully completed our EC-funded project protecting the rights of children with severe disabilities and life-limiting conditions and their families across all regions of Belarus.

Funders

- The European Commission
- The British Embassy in Minsk
- The Bryan Guinness Charitable Trust

Our Impact

- In total, the project helped **6,536** families with children with disabilities, exceeding the original target of **1500** children.
- In partnership with four local partners, our regional advocates and family support specialists provided **18,047** consultations to parents of these children and positively resolved **381** cases of legal support for our final beneficiaries.
- The rights of children with severe disabilities (CWSD) and life-limiting conditions (LLC) in Belarus are now recognised more widely across the country alongside a strong nationwide network of skilled regional advocates

Partners

- Belarusian Children's Hospice,
- Mogilev branch of the Belarusian Children's Fund
- Association of Parents with Prematurely Born Children (RANO)
- Experts from NGO Est Delo

and local CSOs and parents-led groups, who jointly developed the rights-based model and new advocacy mechanisms of cooperation for the protection of the rights of CWSD and LLC and expanded this model nationally.

- This model covers the rights and needs of children with disabilities living in their families and extends to additionally cover the needs of premature babies who have increased risks of getting a disability at an early age, as well as to the needs of CWSD/LLC who live in children's residential institutions.



Afghanistan

This year, we continued to work in the Kaldar district of Balkh Province to support community-based initiatives that improve maternal, new-born and child health and to support girls' education.

Funders

- Rathbone Charitable Trust
- Evan Cornish Charitable Foundation
- Linda Norgrove Foundation
- Souter Charitable Foundation
- Karl Mayer Stiftung

Partners

- Health for All Delivery and Service Organisation (HADSO)

Our Impact

- **HealthProm has contributed to the eradication of maternal deaths in Kaldar.** There was no maternal death in Kaldar (as of Nov 2024), down from 1 in 2022 and an average of 16.5 from previous years
- **1,050** women in labour received support with transportation to hospitals or medical facilities
- **1,500** pregnant women had birth plans developed with support from midwives and **1,300** clean birth kits were distributed to pregnant women and young mothers
- **18** Community Health Workers (CHW) received regular supervision and medical supplies to provide primary health care for their communities. On average each CHW treats **150** patients every month
- **22** Safe Motherhood Groups and **22** Men's Support Groups have been active across the programme area
- HealthProm plans to expand this project into its 2nd stage, providing education and skill development for over **200** girls in the coming two years

Testimonial

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One mother in Kladar whose daughter attends or educational courses shared with us:

“I was really interested in studying past third grade, I always hoped that one day I will be able to continue my education. My parents married me to a man in Kaldar when I was just 14 so all my hopes for studying was buried. When I was pregnant, I didn't want to give birth as I was not ready to be a mother. But my baby was born and died of pneumonia at 1 years old. When my second child was born, it was a girl and I thought, like her mother, she also won't be able to learn anything and will be forced to get married as a child... When I heard about the numeracy and literacy courses, I was so happy that I could not express my feeling. I feel that I am a different person when I am learning how to read a new word. I am so grateful and hopeful that my daughter will have a different future.”

”



*one of the young students supported by HealthProm's educational classes. Identity has been anonymised

United Kingdom - Open Doors Project

After the invasion of Ukraine in 2022, HealthProm began its Open Doors Ukrainian Refugee Project to accommodate refugees arriving in the UK. We are now transitioning into providing long-term, holistic services including mental well-being support, English language support and employment advice. This year we continued and expanded our initiatives.

Funders

- Camden Council
- Islington Council
- Camden Giving
- National Lottery
- Sports England
- Cloudesley
- Derwent London
- Postcode Society

Our Impact

- More than **300** people regularly benefitted from English language lessons, mental health support, sports activities, employment advice and additional assistance to adapt to life in the UK
- We hosted 44 youth club activities and days out for 63 young Ukrainians to help them find community in London
- We held more than 20 art therapy sessions to help our beneficiaries find avenues for expressing their experiences
- We held 60 sessions for mental health support counselling including peer support and mindfulness
- We helped 54 people with our employment services initiative with one-to-one support on their CVs and with job searches
- We now have a following of over 2,100 people on our Open Doors Facebook page, which we use to update beneficiaries on activities and events.



United Kingdom- Gateway to Education Project

This year, HealthProm delivered a range of educational activities for young people, along with sessions focused on social wellbeing and mental health support, across Islington, Harrow, Barnet and Uxbridge.

Funders

- Educational Opportunity Foundation

Collaborators

- Afghan Association of London

Our Impact

- **The project supported 162 participants, which included 82 individuals from Ukraine (50 girls and 32 boys) and 80 individuals from Afghanistan (42 boys and 38 girls)**
- We provided more than 80 hours of tutoring for Afghan and Ukrainian students, with 75% reporting improved academic performance and increased engagement with the curriculum.
- We delivered 18 hours of trauma-informed counselling and mental health support sessions for beneficiaries.
- We offered more than 80 hours of English and native language classes, helping beneficiaries improve their English skills while encouraging them to maintain their cultural heritage.
- Activities were conducted both in person and online, with older children participating in preparation sessions for GCSE Math and English Language.
- The impact of various educational activities extends beyond academic achievement. The programme has facilitated educational growth and social development for students while providing families with a supportive community environment that addresses both educational and emotional needs
- This holistic approach has not only strengthened family bonds but has also built robust community networks, contributing to the overall well-being and future success of the children and young people

Testimonial

“I moved to the UK with my family two years ago and, honestly, it was tough at first because my English was pretty limited, making school quite challenging for me. Growing up, I dreamed of becoming a doctor, but moving here made that dream feel a bit out of reach since I was struggling with my Math and English GCSEs. I did not know anyone at school and was feeling very lonely and depressed as I felt everyone else seemed quite established at my group.

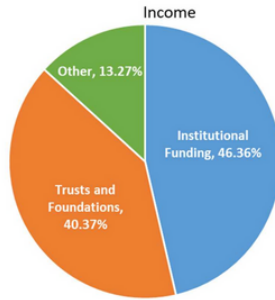
Math was particularly tricky with so many new concepts to wrap my head around. I started feeling less excited about school and life in general, which was tough. So when I learned about HealthProm’s project, I was a bit uncertain - I thought it might not be for me since everything was taught in English, but I decided to give it a shot. Joining the programme turned out to be a game-changer! Whenever I faced a problem, I could ask the tutor in my own language, and he was incredibly supportive in helping me learn and tackle those barriers. He even set up a personalized learning plan for me, which I’m really thankful for.

I also loved the social wellbeing and outing sessions, which helped me balance my studies and my social life. Now, I’m feeling way more confident and believe in what I can achieve. My GCSE grades have improved a lot, and I feel hopeful about reaching my career goals!”



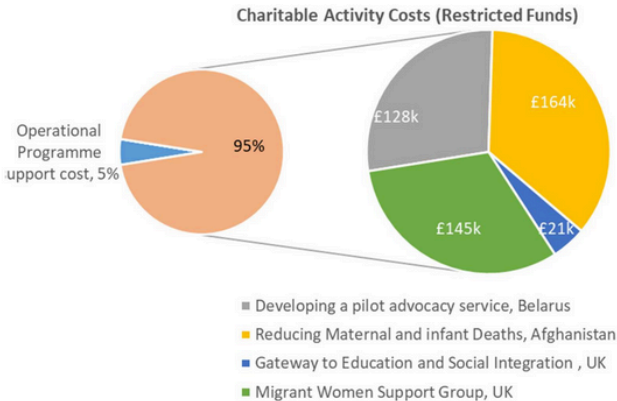
Financial Summary

Income 2023-2024



Total Income: £436,972

Expenditure and Funding Breakdown



Total Expenditure: £483,975

Thank you to our supporters!

The Trustees would like to thank HealthProm's partner organisations, funders, and staff/volunteers. Without their support, HealthProm would not be able to carry out its projects and help its beneficiaries.

Camden Giving

Charities Aid Foundation

Cloudesley

Derwent London

Educational Opportunity Foundation

Evan Cornish Foundation

European Commission

Foreign, Commonwealth and

Development Office

GV and SJ Britten Trust

Islington Council

Linda Norgrove Foundation

Postcode Society Trust

RA and VB Reekie Charitable Trust

Raindance Charitable Trust

The Fulmer Charitable Trust

UK Government

W F Southall Trust

The Trustees would also like to thank HealthProm's members, anonymous donors and many other individuals who donated to our general causes and/or appeals to help us carry out our vital work.



**Funded by
UK Government**

**DERWENT
LONDON**



How to get involved

Make a donation

Regular giving provides essential support to our projects and running costs. Please contact us for further information if you'd like to set up a regular donation. You can also donate online at justgiving.com/health-prom. Any gift, no matter how small, helps us to continue our work helping vulnerable populations.

Volunteering

HealthProm has a wide array of volunteering opportunities. Please contact us if you are interested to learn more about how to donate your time. If you're interested in volunteering, check with your employer—they might donate to HealthProm in return for your volunteering time.

Legacies

Bequests in Wills can help provide funding for HealthProm's work in the future. To find out more about how your legacy could help, please contact us.

Corporate partnerships

If your company is interested in sponsoring events on our behalf or nominating us as charity of the year, please get in touch.

Contact Us

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