HealthProm

Since 1997, we have supported vulnerable communities in Central Asia, Eastern Europe and Afghanistan. In the last 10 years, we have worked alongside communities in Afghanistan to improve maternal and child health, expand opportunities for girls and help families build healthier, more secure lives.

International Work



What We Do

Community Healthcare

We work alongside local communities to improve access to healthcare and prevent avoidable deaths.

Stronger Families

We support families to improve their wellbeing, access nutritious food and build more secure livelihoods.

Education & Training

We help women and children overcome barriers to learning, develop new skills and build greater independence.

Our Afghanistan Programmes

Mother & Child Health



Working across 24 rural villages in Kaldar, we provide maternal care, train community health workers and offer emergency transport for complications during pregnancy and childbirth.

OMED - Girls Education



We support girls excluded from formal education by the Taliban through literacy and numeracy classes, tailoring and cooking training, and health and hygiene sessions.

"Before, we had no hope. Now we know there is medicine in our village - and our children can be saved"
- Aisha, a mother of four in Qara Je, Afghanistan



Our Impact in Afghanistan

1,005
Live births supported

54
Community health workers trained and supplied with medicine in 2025/26

0
Maternal deaths in Kaldar over the past three years

113
Girls supported with literacy and numeracy in 2025/26

HealthProm

UK Work

In the UK, we work alongside refugee and migrant communities, helping children, young people and families access education, improve wellbeing and build pathways to employment.



"Since joining these classes, Ahmad has improved a lot. He has made friends and built connections with other children" – Ahmad's father

Our UK Programmes

Gateway to Education

Supporting Afghan and Ukrainian refugee children with additional education, wellbeing support and social activities.

Employment and Women's Empowerment

Helping migrant women develop skills, confidence and connections to access employment opportunities through practical support and networks.

Open Doors

Supporting Ukrainian refugees to feel connected, build confidence and navigate life in the UK through wellbeing, art and community activities.

Our Impact in the UK

443
Ukrainian refugees supported since March 2022

129
Afghan & Ukrainian children supported in 2025/26

224
Ukrainian children and young people reached

200+
refugee and migrant women attended our activities



Help us support more children and families in the UK and Afghanistan by volunteering, donating, fundraising, or partnering with us. Please get in touch to discuss how you could help our work.

healthprom.org @healthprom