



HealthProm

Supporting vulnerable children, women,
and families disadvantaged by poor health,
disability, and social exclusion

Annual Review 2021-22

About Us

Who We Are

HealthProm’s mission is to support vulnerable children, women and families disadvantaged by poor health, disability or social exclusion. Since 1984, we have carried out this work in Eastern Europe, Central Asia and Afghanistan, and with migrant communities from those regions in the UK. Our unique approach to providing holistic services encompasses health, social care and education and is driven by our belief that every child should have the best start in life and has the right to appropriate care and support.

What do we do?

We work in partnership with local organisations, governments and communities to develop better local services for children, women and families. We achieve this through our four *Dimensions of Change*:

- Strengthening families and communities
- Improving access to health and social services
- Promoting access to education
- Supporting and strengthening policy.



What We Offer

HealthProm’s extensive regional expertise, combined with access to an established network of technical specialists in the UK, Europe and Central Asia, enables us to connect parents and professionals and share best practice. We have an excellent track record of delivering innovative training programmes and participatory forum meetings, organising regional professional conferences and international study visits. HealthProm builds local capacity, empowers local people and supports sustainable reforms. Since our foundation, we have gained significant expertise in safe childbirth, the de-institutionalisation of care, palliative care for children, support for families of children with disabilities, and inclusive education. We assist local governments, professionals and civil society organisations in professional learning, strategy development, monitoring and evaluation, designing new projects and preparing funding proposals.

Our Values

- Commitment to local engagement and partnership
- Respect for human rights
- Empowering individuals and communities;
- Commitment to learning, innovation and exchange
- Promoting inclusion and equality across sectors.

Countries where we work “at present”

- Afghanistan
- Belarus
- Tajikistan
- Ukraine
- United Kingdom

Foreword

HealthProm’s ability to support vulnerable children, women and families across Eastern Europe, Central Asia and Afghanistan, a mission we have pursued for more than 30 years, is under greater strain than ever.

The devastation of the war in Ukraine, its wider economic, political and security impact across the region and the adverse operational effects for those working in the region have significantly affected what HealthProm has been able to achieve in 2022.

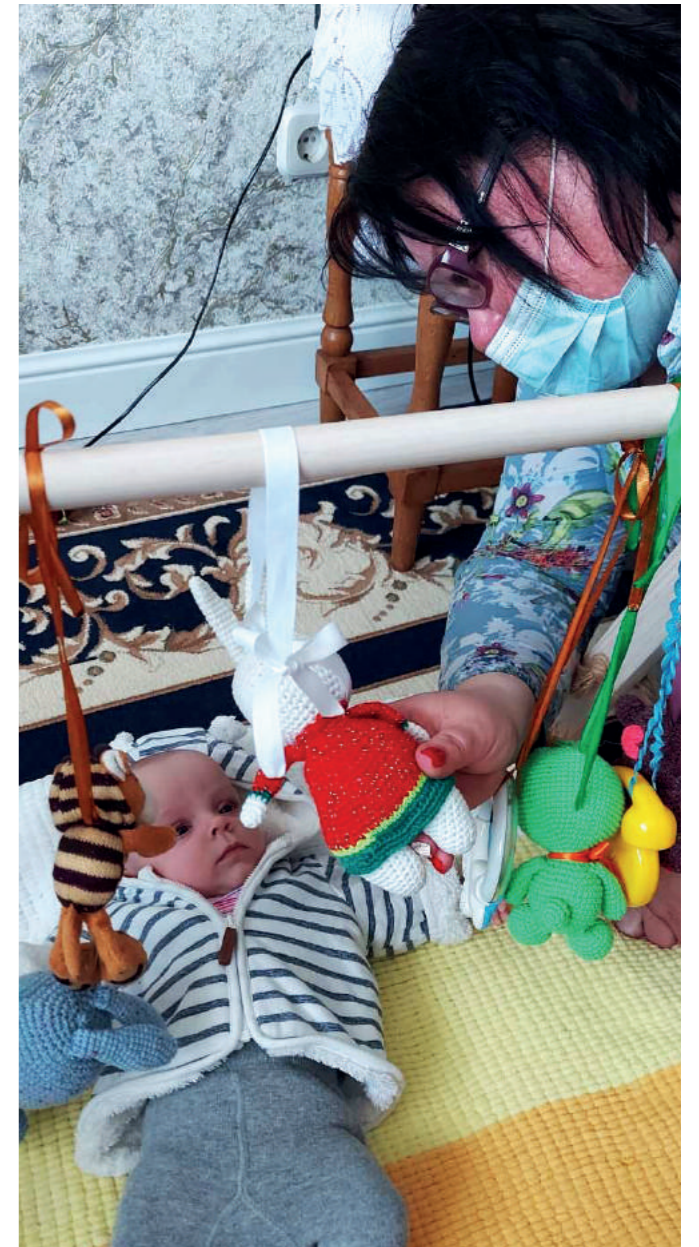
Nevertheless we are proud of the support we have continued to provide for programmes in Belarus, Afghanistan and Tajikistan and Ukraine. We are also pleased to have been able to develop new support for Afghan and Ukrainian refugees living in London. The details are set out in this report.

In the current climate it is difficult to plan for the longer term with any certainty. However we continue to believe that HealthProm can make a significant contribution to help partners in the region, based on our experience and expertise. We remain ready to respond in quick and flexible ways to new demands for help. We remain committed to our mission and values and to our solidarity with the children, women, families and community organisations across the region who are having to cope in these difficult times.

We could not have achieved these results without the generous financial support of our donors. Thanks to all of them. We hope their support will continue. Thanks too to all the volunteers and supporters who have worked with us over the last year. Their contribution is invaluable.

Simon Ray

Chair of the Board of Trustees



Afghanistan

Community based initiatives to improve maternal and child health and provide access to education for girls in Kaldar district of Afghanistan.

And supporting Afghan refugees and their children to overcome challenges as they start their new lives in the UK.

Funders

British Foreign School Society, Guernsey State Commission and Linda Norgrove Charitable Foundation, and other UK trust and foundations (you can find the full list at the end of this review on p.14)

HealthProm's project improving maternal and child health has seen great successes in the year 21/22

- There were no maternal deaths, down from 3 in the year before and an average of 16.5 for the two previous years. The national figure from the last survey, in 2015, 1291 deaths per 100,000 live births, showed the highest maternal mortality in Asia - about 184 times the latest published figure for England and Wales.
- 850 women in labour received support with transportation to hospitals or medical facilities.
- 1,127 pregnant women received a minimum of two antenatal care visits and 1,440 pregnant women had birth plans developed with support from midwives.

Girls' education project in Kaldar

- 35 young girls returned to school and Kaldar district can now provide opportunity for girls to study

Other projects

- More than 22 thousand people in Kaldar district gain access to clean drinking water
- 34 newly arrived Afghan women refugees receive support to facilitate their integration and start of a new life in the UK.



Belarus

Protecting the rights of children with severe disabilities and life-limiting conditions and building strong family and local networks.

Funders

The European Commission and the British Embassy in Minsk



Funded by the European Union

Partners

Belarusian Children’s Hospice, Mogilev branch of the Belarusian Children’s Fund, Association of Parents with Prematurely Born Children (RANO), experts from NGO Est Delo

Main achievements in 2021/22

- The Belarusian Children’s Hospice provided advocacy support and advice to 1,167 children with severe disabilities and life-limiting conditions and their families
- Association of Parents of Premature Children “RANO” provided regular early years home visiting assistance to 26 families with premature babies
- Belarusian Children’s Fund in Mogilev focused their work on empowering parents in the Mogilev region and they reached 627 parents
- Est’ Delo experts developed a monitoring system for 9 children’s residential institutions in all 6 regions of Belarus and supported 219 disabled children living in residential institutions
- HealthProm organised and facilitated a series of capacity-building training for our local partner NGOs
- We organised a successful joint PR campaign called “Different Together” in March 2022 in three regions of Belarus (Minsk, Mogilev, Gomel). This campaign was co-funded by the British Embassy in Minsk.



Ukraine

Supporting families with children with disabilities during the war since February 2022.

Mobilising parent-led organisations across Ukraine

In February 2022 we launched Ukraine Emergency Appeal to help families with disabled children across Ukraine affected by the war. Many families were spending much of their time in cellars and metro stations, unable to get hold of the most basic necessities for their children.



Thanks to generous donations from our supporters and friends, we were able to help six Ukrainian NGOs:

- The National Assembly of People with Disabilities of Ukraine (NAIU),
- “Association RHETT Syndrome – Ukraine”,
- The Union of Parents of Youth with Disabilities
- “Perspectiva”, Open Hearts NGO in Vinnitsiya,
- Yhe Dzherelo Centre in Lviv
- Parents-led NGO “Aware Autism Parenting” in Zaporozhie.

With our assistance, these Ukrainian NGOs

- Provided financial aid to 41 families of children with disabilities
- Ensured the improvement of conditions of stay of those internally displaced by buying repair and insulation materials, first aid kits, and essential cooking appliances
- Helped families with disabled children from the east of the country fleeing the war Open Hearts in Vinnitsa and the Dzherelo Centre in Lviv met these families, provided temporary shelter and cared for them on their way to Poland and beyond.

- In Zaporozhie, the community organisation Aware Autism Parenting prepared a flat for refugee children with disabilities and their mothers fleeing from nearby Mariupol’, and our donation helped them buy and distribute humanitarian supplies to these children and their families.



United Kingdom

Helping migrant and refugee women settle into their new lives in the UK.

- Our Open Doors project provided support to more than 400 vulnerable migrant women from Eastern Europe, Central Asia and Afghanistan living in the UK.

Support addressed their social isolation, mental health, weak English language and low employability skills

- Since January 2022 we have focused our UK work on supporting recent Afghan and Ukrainian refugee women in London.

With free English language classes (both online and offline), information on education and healthcare, peer group

support, mental health services and help finding work, we aim to provide hope and security for those who have endured so much.

Plans for 2022/23

- We work with local councils and voluntary organisations to develop more community-based support activities for Afghan and Ukrainian refugee women and families in Camden and Islington boroughs.

All our activities and services are based on the needs of refugees and currently include mental health support, Youth Club, ESOL classes and employment support.



Tajikistan

Transforming the baby homes into family support centers.

Working to support the Government of Tajikistan and transform four institutional baby homes into open community-oriented Family and Child Support Centres.

Partners

Hayot dar Oila, Sarchashma, Iroda

Key achievements in 2021/22:

- HealthProm continued to work in partnership with our colleagues in Tajikistan and with support from our professional social work and therapy coaches in Scotland to sustain the Family and Child Support Services developed during the recent 'Putting Families First' project.
- Together, with UNICEF, our colleagues in 'Hayot Dar Oila', Dushanbe, we worked with the Local Government Authorities and the Ministry of Health (who now run the centres we developed out of the traditional baby homes) so that best practices of family and child support are maintained.
- We supported the production of a report detailing the provision for parent-infant mental health in Tajikistan with recommendations for future action.

- HealthProm, with support from Mellow Parenting and Social Work Scotland, has provided coaching support for the continuing professional development of local NGO staff and health and social care professionals

Plans for 2022/23

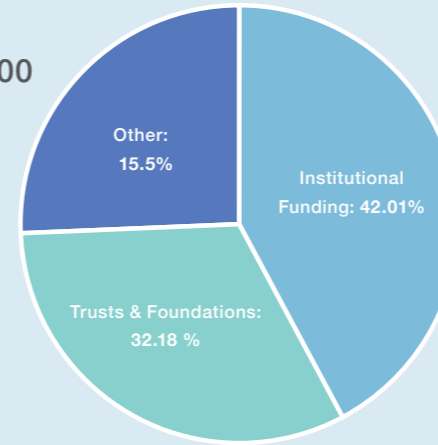
- We have a shared vision for nationally scaling-up family and child support that includes protecting children from harm, empowering women and strengthening civil society. We are looking for new institutional funding to support this work.



Financial Summary

INCOME

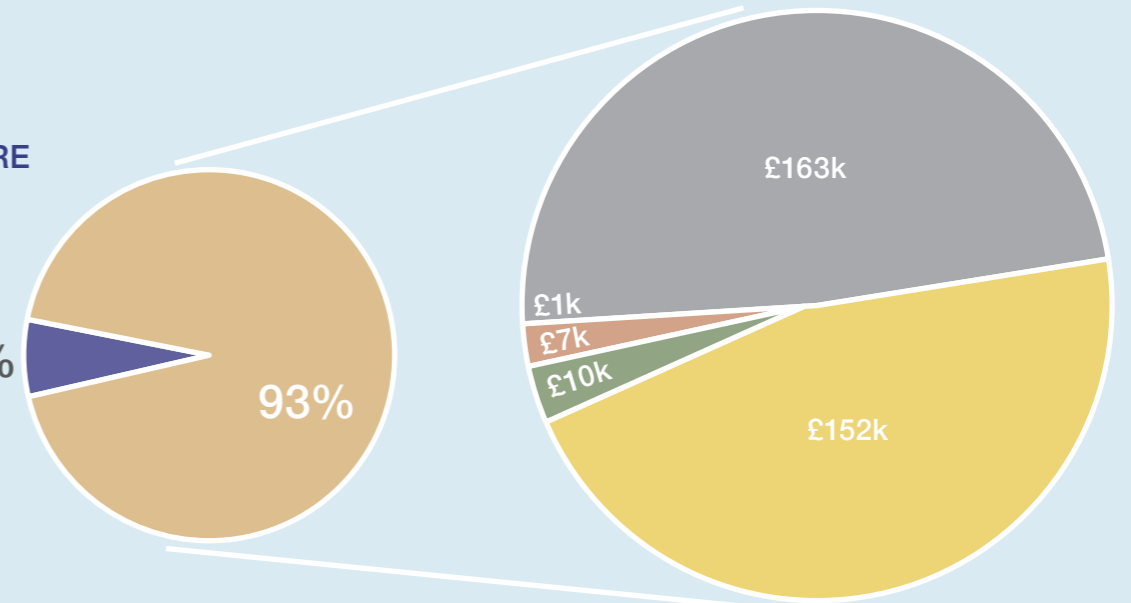
Total: £339,800



Charitable Activity Costs (Restricted Funds)

EXPENDITURE

Operational Programme support cost, 7%



- Putting Families First 8 Keeping and Finding Families, Tajikistan
- Strengthening the capacity of parent-led CSOs, Ukraine
- Developing a pilot advocacy service, Belarus
- Migrant Women Support Group, UK
- Reducing Maternal and infant Deaths, Afghanistan

Thank You

The Trustees would like to thank HealthProm’s partner organisations, whose drive and enthusiasm have continued to bring about the success of our shared projects.

The Trustees would also like to thank staff, consultants, interns and volunteers who have all invested much time and effort to develop and implement projects, organise fundraising events, and help our beneficiaries in any way possible.



Ashworth Charitable Trust

British & Foreign School Society

Charities Aid Foundation

Eleanor Rathbone Charitable Trust

European Commission

Evan Cornish Foundation

Foreign, Commonwealth & Development Office

Fulmer Charitable Trust

GV and SJ Britten Trust

HCD Memorial Trust

Hilden Charitable Fund

Karen Woo Foundation

Leus Family Foundation

Linda Norgrove Charitable Foundation

Marjorie Barnabe

Members of Amnesty, York Branch

**Overseas Aid & Development Commission,
States of Guernsey**

RA and VB Reekie Charitable Trust

Raindance Charitable Trust

Sevenhills Wholefoods Charitable Foundation

Souter Charitable Trust

St. James’s Place Charitable Foundation

T & J Meyer Family Foundation

The Ashcroft Family Foundation

**The London Community Foundation (Citi Foundation
nomination)**

The National Lottery Community Fund

The Paget Trust

University of Edinburgh

W F Southall Trust

The Trustees would also like to thank HealthProm members and many other individuals whose contributions through membership fees and/or donations have helped us to carry out our important work.

How you can help

Make a donation

Regular giving provides essential support to the running of our projects. Please contact us for further information about how you can set up a regular donation.

You can also donate online at: [justgiving.com/health-prom](https://www.justgiving.com/health-prom)
Any gift, no matter how small, helps us to continue our work helping vulnerable children. Thank you.

Fundraise for us

Check our website for news about our regular fundraising events. Or why not be creative and host your own event or take part in a sports challenge to raise funds for our work.

Corporate involvement

If your company is interested in sponsoring events on our behalf or nominating us as a charity of the year, please do get in touch.

Legacies

Bequests in Wills can provide essential funding for HealthProm, helping to secure the future of vulnerable children and families for years to come. To find out more about how your legacy could help, please contact us.

Contact us

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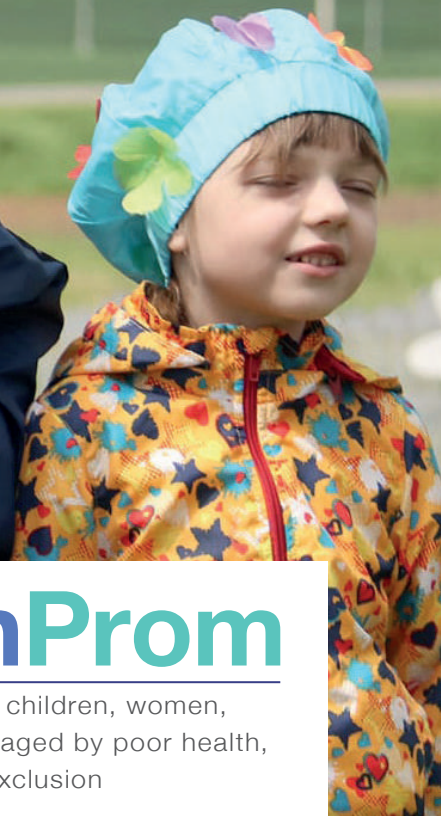
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Registered charity number 1100459