

HealthProm



**Supporting children, women and families
disadvantaged by poor health, disability
and social exclusion**

About us

For **over 35 years**, HealthProm has been supporting **vulnerable children, women and families** in **Eastern Europe, Central Asia, Afghanistan and the UK**.



Our approach encompasses **social care, education and advocacy** for better rights of **disadvantaged people internationally**.

What We Do

➤ Partner with local organisations, governments and communities

➤ Improve professional practice

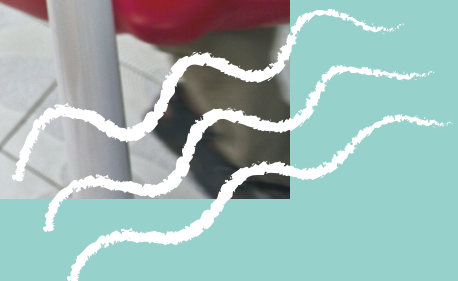
➤ Promote education for all

➤ Develop innovative services

➤ Advocate for policy reform

➤ Strengthen families and communities

➤ Improve access to health and social services



Why partner with us?



All corporate partnerships we foster are mutually beneficial.

We will provide you with shareable content showing how your generous support is making a difference to those in need. With compelling photos and real-life stories of change, we'll help you illustrate the impact of our partnership.

With permission and where relevant, we can share and use each other's logos, and help raise the profile of your business and brand connected to a charitable purpose.

Together, we can raise the profile of your business and demonstrate your brand's social commitment.

Where we work

Our active projects



1

Afghanistan: We work to reduce mother and child mortality and improve the quality of life for families in rural Afghanistan.

2

UK: Our OpenDoors Project provides migrant women from Eastern-Europe and Central Asia with a range of support services to help improve their mental health, wellbeing and skills.

3

Tajikistan: We help to turn the tide away from the containment of young children in institutions towards community care with families.

4

Belarus: We support grassroots organisations that focus on the rights and wellbeing of children with disabilities and their families.

Our expertise in our focus regions spreads beyond the locations of our current projects. We have previously worked in Russia, Ukraine, Moldova, Georgia, and Kyrgyzstan, and we have a large network of partners internationally.

How You Can Help + Ways to Donate

There are various to donate and get involved with Healthprom.

This includes fundraising volunteering vacancies, and attending events.



To donate, visit healthprom.org

Donate...

- £5 for a sensory toy for a school student with disabilities
- £20 for a counselling session with a psychologist for the family of a child with a disability
- £50 for a place for a school teacher on a training course

Achievements

Last year alone, thanks to donations and your help...

850

women in labour received support with transportation to hospitals or medical facilities in Afghanistan



1,440

clean birth kits were distributed to pregnant Afghanistan women and young mothers

103+

girls aged 7-12 were able to go to school in Kaldar

£17,880

was raised to go directly to work being carried out in Ukraine

34

Afghan refugee women and 52 Ukrainian refugees have learned English at a number of via English language classes



Matvey's Story - Belarus



Matvey was born prematurely on November 1, 2020, with multiple health issues. His 23 year old young mother Evgenia did not seem to understand what a number of difficulties she would face.

Even though Matvey was discharged from the hospital with multiple stomas, the hospital's doctors did not give any recommendations to his mother on how to look after the boy. Fortunately, his mother was trained on how to take care of stomas. However, after a few weeks of being at home with Matvey without the help of specialists, she called NGO RANO for help whose mission is to support parents and professionals who provide assistance to premature babies and their families.

RANO's rehabilitation specialist Olga Avila and psychologist Alina Nichkasova were the first to visit Matvey's family at home. The boy, despite a multitude of diagnoses and difficult conditions, was assessed by them as having a very promising prognosis. RANO's social support specialist also visited the family and acknowledged the loving atmosphere at home, which only further led RANO's experts to believe that the boy had a great chance to recover and rehabilitate.

However, after about a month, Evgenia began to worry about the redness in the esophagostomy on the neck due to feeding. In addition, the increase in saliva began to lead to coughing and brief episodes of sleep apnea. RANO decided to refer the boy to another project partner, NGO Belarusian Children's Hospice, and asked them to provide Evgenia with first aid training to help her child in an emergency. After some time, Matvey's family entered into an agreement with the hospice team to provide free medical nutrition for Matvey. As a result of this work, Matvey's family saw not only an improvement in health but also a great reduction in the financial burden of raising a child with multiple disabilities.

During the first year of Matvey's life, RANO's and Belarusian Children's Hospice's teams continued to help his family. The project team scheduled individual consulting training with an orthopedist Rustam Aizatulin to help the boy to further develop his motor skills.

As for psychological support to the family, RANO's consultants assessed the wellbeing of Matvey's mother concluding that she was mentally enduring a lot of the difficulties of raising a child with disabilities. RANO has referred Evgenia to the psychological support groups they run as part of the project.

We plan to continue Matvey's rehabilitation and preparation for treatments. HealthProm and our partners work to ensure that vulnerable children have the best start in life.

We are open to long and short-term support, one-off donations and charitable gifts. Please get in touch to discuss how you might like to partner with us, and what we can offer you in return for your support.

Contact us



Phone:

+44 (0)20 7832 5832

Email:

lisa@healthprom.org

Facebook: <https://www.facebook.com/HealthProm/>

Website:

<https://www.healthprom.org/>

Registered charity number: 1100459