



'No Limits' evening timetable

Chill Out Wednesday: May

Date and time	Activity and venue	Details and cost
7th May 7pm - 9pm	 	Movie Night £10 subs We will vote for a movie when everyone arrives – popcorn included!
14th May 7pm – 9pm	 	Disco and Karaoke £10 subs Come along for a night of singing and dancing!
21st May 7pm – 9pm		The Wheatsheaf Pub £10 subs + money for a drink/crisps We will walk from LinkAble - please note we will not have time for dinner so please eat before
28th May 7pm-9pm	 	Abstract Art £10 subs Try out some exciting abstract art styles using different shapes!