



'No Limits' evening timetable

Chill Out Wednesday: August

Date and time	Activity and venue	Details and cost
<p>6th August 7pm - 9pm</p>		<p>Taco bell</p> <p>£10 subs + money for food</p> <p>Meet at LinkAble for our walk to Taco Bell in town for dinner</p>
<p>13th August 7pm – 9pm</p>		<p>Water Fight!</p> <p>£10 subs</p> <p>Please bring a full change of clothes and a towel!</p>
<p>20th August 7pm – 9pm</p>		<p>Wheatsheaf Pub</p> <p>£10 subs + money for a drink</p> <p>Walk with us from LinkAble and enjoy a refreshing drink at the pub</p>
<p>27th August 7pm – 9pm</p>		<p>Karaoke and Disco</p> <p>£10 subs</p> <p>Dance the night away and perform your favourite sing-a-long songs!</p>