

# ABRSM Voices

## Leading Singing in Secondary Schools



Break through barriers and make singing the highlight of the school day. Confidently engage teenagers in meaningful, inclusive singing. We provide practical strategies, accessible repertoire, and evidence-informed approaches to help you overcome familiar challenges such as changing voices, self-consciousness, and inconsistent engagement, enabling you to build a strong, sustainable singing culture.

[abrsms.org/voices](https://abrsms.org/voices)

ABRSM

## 90-minute Training

### Kickstarting Singing in Secondary

This session introduces practical ways to embed singing from day one of Year 7. Learn how to establish positive vocal routines, teach songs effectively, support changing voices, and build an early culture of confident participation.

#### Learning Outcomes:

- Establish a positive singing culture with new Year 7 cohorts.
  - Use warm-ups and routines that support vocal development.
  - Teach songs clearly and inclusively.
  - Select repertoire suited to mixed and changing voices.
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## Half-Day Training

### Leading Secondary Singing

Explore the essential tools for leading inclusive, engaging secondary singing. This session addresses issues such as confidence, vocal identity, appropriate repertoire, changing voices, gender-inclusive practice and wellbeing, helping you create a safe and vibrant environment for young singers.

#### Learning Outcomes:

- Lead sessions that turn self-consciousness into self-expression and pride. Select repertoire that is accessible, age-appropriate, and diverse.
  - Support changing voices and gender-inclusive vocal identities.
  - Build regular, sustainable singing opportunities across the school.
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## Half-Day Training

### Boys Will Sing

This session focuses on understanding the changing voice and the ways positive language, imagery, and repertoire choices can empower boys to participate confidently. Practical strategies help leaders support vocal development and shape a positive choir identity.

#### Learning Outcomes:

- Understand the stages of the changing voice.
- Choose repertoire that empowers and engages boys.
- Use positive, inclusive language and imagery to build confidence.
- Develop approaches that support secure vocal identity.

## Full-Day Training per Level

### Choral Leadership Levels 1, 2 & 3

A progressive pathway designed for teachers at every stage of their choral leadership journey.

Also  
available  
for Primary  
Schools!

#### Level 1:

Focus on essential warm-ups, song teaching strategies, basic conducting and choosing effective repertoire.

#### Level 2:

Refine your warm-ups, strengthen conducting technique, and prepare material for performance.

#### Level 3:

Develop advanced rehearsal strategies, secure part-singing approaches, and confident conducting across time signatures.

#### Learning Outcomes:

- Deliver effective vocal warm-ups.
- Teach songs clearly and confidently.
- Apply fundamental conducting techniques.

#### Learning Outcomes:

- Lead purposeful warm-ups that target key vocal skills.
- Conduct with increasing clarity and stylistic awareness.
- Prepare choirs effectively for performance situations.

#### Learning Outcomes:

- Lead rehearsals with advanced pedagogical tools.
- Support part-singing through structured progression.
- Conduct confidently across varied time signatures.

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## Full-Day Training

### Leading Secondary Singing

A comprehensive, full-day course on leading inspirational, inclusive secondary singing. This session focuses on vocal identity, confidence, and the unique needs of adolescent singers, with practical tools for engaging boys with changing voices and designing empowering, musically rich rehearsals.

#### Learning Outcomes:

- Create safe, inclusive environments that support adolescent singers.
- Choose and teach repertoire that engages diverse learners.
- Lead choirs with confidence, clarity, and musicality.

## Ready to take your music provision to the next level?

Partner with ABRSM Voices to empower your team, inspire your singers, and embed a vibrant culture of singing in your setting. Book your training today!

[www.abrsm.org/voices](http://www.abrsm.org/voices)  
[voices@abrsm.ac.uk](mailto:voices@abrsm.ac.uk)



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