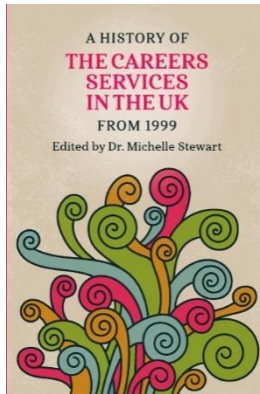


A selection of affordable books for the career development professional

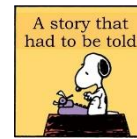


Title: **A History of the Careers Services in the UK from 1999.**

Editor: Dr. Michelle Stewart

Published: 2024 ISBN: 978-1446625750 Price: £20

Source: <https://www.lulu.com/shop>



Careers guidance in the UK is embedded in public policy and national politics. This book provides an analysis of career-related policy in the UK following the devolvement of responsibility for careers services to each of the four nations: England, Northern Ireland, Scotland and Wales. Michelle Stewart has harnessed the critiques of NICEC fellows and other contributors to analyse and interpret developments in career-related policy and its impact on the provision of careers education, information, advice and guidance since 1999.

Title: **Career Recovery: Creating Hopeful Careers in Difficult Times.**

Authors: Roberta Neault, Hyung Joon Yoon, Spencer Niles & Norman Amundson

Published: 2021 ISBN: 978-1793518927 Price: £32.95

Source: <https://www.amazon.co.uk/Career-Recovery-Creating-Hopeful-Difficult/dp/1793518920>



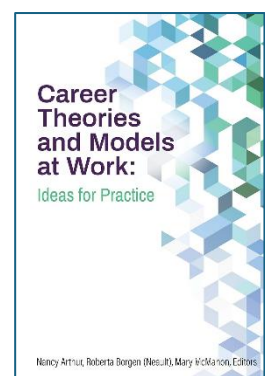
This book provides readers with powerful strategies they can use to create hope and manage their careers throughout their lifetimes. It introduces readers to the hope-action theory, an empowering approach that highlights the connection between hope, academic engagement, student retention, job search success, career goal clarity, and cultivating a meaningful career path. Broken down into 3 sections, the first illuminates the challenges of effective career self-management and the importance of hope in career planning. Section 2 examines the crucial process of engaging in self-reflection to develop self-clarity. The final section focuses on implementing key decisions and transforming possibilities into realities.

Title: **Career Theories and Models at Work: Ideas for practice.**

Editors: Nancy Arthur, Roberta Neault, Mary McMahon .

Published 2019 ISBN: 978-1988066349 Price: £35.41

Source: <https://www.whsmith.co.uk/products/career-theories-and-models-at-work-ideas-for-practice/nancy-arthur/roberta-neault/paperback/9781988066349.html>



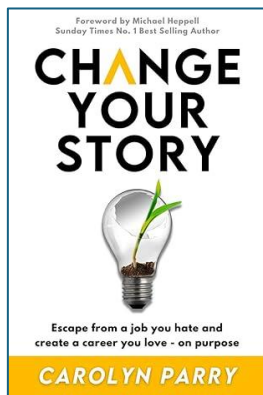
A collection of contemporary and emerging career development theories and models to inform the practice of career development professionals. It introduces theories and models that define the practice of career development today with contributions from leading career researchers and practitioners around the globe. Presented in a reader-friendly format, each chapter includes a case vignette that illustrates how a theory or model can be applied in practice, and practice points that summarize key takeaways for career practitioners to implement with clients.

A selection of affordable books for the career development professional

Title: **Change Your Story.** Author: Carolyn Parry

Published: 2023 ISBN: 978-1739543211 Price: £14.99

Source: <https://www.careeralchemy.co.uk/change-your-story-the-book.html>



Packed with inspiring stories, actionable exercises, and practical psychology/neuroscience-informed resources, this engaging and research-proven step-by-step career management guide and toolkit will give you the light bulb moments you need so you can:

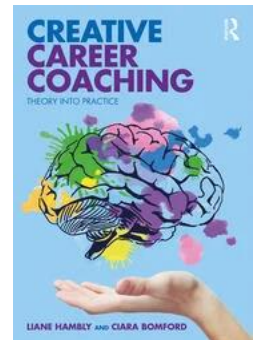
- Identify your future direction and get there confidently,
- Discover what skills you need to future-proof your career,
- Align your key values, strengths, talents, and skills to maximise your potential
- Create a long-term, purpose-driven career you love, and
- Experience increased impact, happiness, success, and well-being, despite a changing world.

A great resource for career practitioners working with adults seeking a new direction.

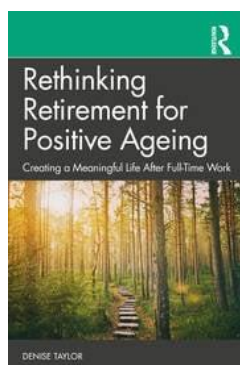
Title: **Creative Career Coaching.** Authors: Liane Hambly and Ciara Bomford

Published: 2019 ISBN: 9781138543591 Price: £35.99

Source: <https://www.routledge.com/Creative-Career-Coaching-Theory-into-Practice-1st-Edition/Hambly-Bomford/p/book/9781138543591>



An innovative book that encourages career development professionals to adapt their practice by harnessing imagination, intuition and critical reflection to engage clients, without losing sight of fundamental coaching values and practices. Hambly and Bomford work through how clients make career decisions, how to use labour market information to motivate clients, how to frame a creative coaching session using techniques such as metaphor, visualisation and role play, how to use practical tools and techniques to resolve a client's individual needs, and how to deliver on digital platforms. Combining the latest neuroscientific research with activities, summaries and case studies, this book provides a practical, skills-based approach to coaching.



Title: **Rethinking Retirement for Positive Ageing:** Creating a Meaningful Life After Full-Time Work. Author: Dr. Denise Taylor

Published: 2024 ISBN: 978-1032448473 Price: £19.99

Source: <https://www.routledge.com/Rethinking-Retirement-for-Positive-Ageing-Creating-a-Meaningful-Life-After-Full-Time-Work/Taylor/p/book/9781032448473>

This practical guide shows you how to make retirement successful, based on the most up-to-date research available. It encourages a deeper and wider view of retirement and reveals how retirement can be a time of transition, renewal, and re-imagination. Dr Denise Taylor considers the psychological factors that impact a successful adjustment to retirement and offers a deeper analysis of how people can find meaning and purpose after full-time work. Illustrated with interviews, activities, and case studies, and with exercises and questions for reflection, it covers key topics including identity, health, well-being, finances, and relationships. This insightful guidebook is for all who want to help people reflect on their approaches to retirement.

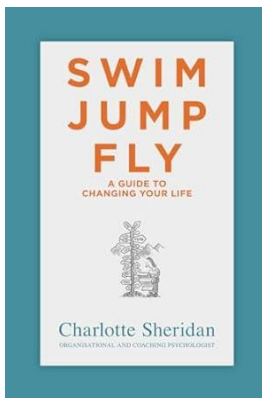
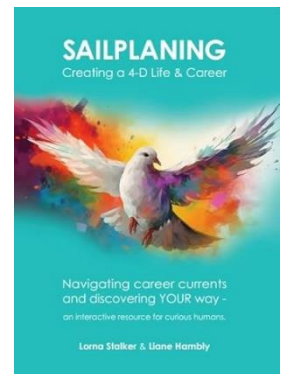
A selection of affordable books for the career development professional

Title: **Sailplaning**. Authors: Lorna Stalker and Liane Hambly

Published: 2023 ISBN: 978-1399964937 Price: £20.00

Source: <https://sailplaning.co.uk/>

Packed full of metaphors, analogies, stories and activities this book offers powerful ways of bringing together the rational conscious part of your brain with the unconscious, intuitive side. It has been designed to support you in exploring your thoughts, feelings and behaviour more deeply, gain new insights, and find the inspiration to take action. Sailplaning is for those initiating a change in their life, work and career and career professional supporting others to do so. It offers a curious approach of “dip in where you like”, inviting you to listen to yourself and notice which chapters draw you in.



Title: **Swim, Jump, Fly**. Author: Charlotte Sheridan.

Published: 2022 ISBN: 978-1399930048 Price: £12.99

Source: <https://www.swimjumpfly.com/store>

If you are looking to make changes in your life, or supporting others to do so, and are unsure about why, what, when and how, then this is a great book to help you answer those questions. Drawing on her considerable experience as an organisational psychologist and coach, Charlotte Sheridan introduces how to decide on and manage change in your life. She writes in a lovely personable style, is constantly reassuring and in touch with real life. The cartoons and illustrations by Simon Pearsall add a lovely touch to a book I am pleased to have on my bookshelf and recommend to other

Title: **The Career Coaching Handbook** (2nd Edition). Author: Julia Yates

Published: 2022 ISBN: 978-0367612443 Price: £31.99

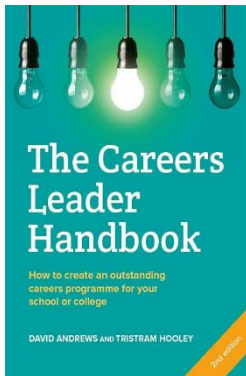
Source: <https://www.routledge.com/The-Career-Coaching-Handbook/Yates/p/book/9780367612443>

This book uniquely combines the latest research into careers with the most up-to-date coaching approaches. Demonstrating how coaching research explains practice and how practice benefits from research, Julia Yates shows how to effectively apply coaching techniques to the world of career support. Presented in three parts, this new edition covers developments in theory and research and applies this knowledge to the real world, as well as introducing a few new practical approaches. It is an excellent resource for career practitioners interested in developing their own practice, finding new and improved ways to do things and understanding the theories that underpin effective career coaching practice.



A selection of affordable books for the career development professional

Title: **The Careers Leader Handbook** (2nd Edition). Authors: David Andrews & Tristram Hooley



Published: 2022 ISBN: 978-1912943746 Price: £29.99

Source: <https://trotman.co.uk/products/the-careers-leader-handbook-2nd-edition>

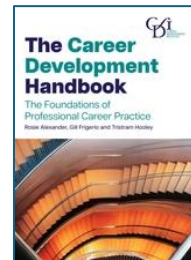
Drawing on over 30 years' experience of careers work, David Andrews and Tristram Hooley provide you with everything that you need to know to lead effectively and develop your role and expertise as a career leader. Reflecting changes in policy and education, the 2nd edition continues to offer practical advice and ideas for planning, developing and maintaining an excellent careers programme. Highlighting the latest resources and support available, it also gives you plentiful tools to help you become an outstanding careers leader.

COMING SOON from TROT MANS (Trotman.co.uk)

Title: **The Career Development Handbook**. Authors: Rosie Alexander, Gill Frigerio & Tristram Hooley

ISBN: 9781911724261 Price: £34.99

An introduction to the career development profession that includes details of the essential skills and knowledge required to become a successful practitioner.



Title: **Career Development and Inclusive Practice**. Authors: Jules Benton & Chris Targett



ISBN: 9781911724285 Price £34.99

An engaging handbook that will help career development practitioners adapt their practice to support those with Special Educational Needs and Disabilities throughout their career

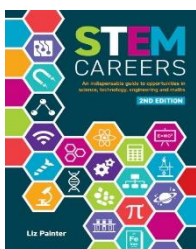
Title: **Career Development Theories in Practice**.

Author: Julia Yates

ISBN: 9781911724308 Price: £34.99



An indispensable guide for careers practitioners and students introduces the key career development theories accessibly, providing strategies for incorporating them into practice.



Title: **Careers in STEM** (2nd Edition). Author: Liz Painter

ISBN: 9781911724186 Price: £22.99

In this this fully updated 2nd edition, STEM-careers expert Liz Painter provides job ideas in the various STEM sectors, details of academic and vocational qualifications, entry routes and practical advice on finding work experience, applying for jobs and building STEM skills.