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| **AUGUST - SEPTEMBER 2023 PROGRAMME – RETURN BY 26 JULY PLEASE** |
| **Date** | **Activity** | **Price** |
| Tues 1st Augustevening | **Bowling @ KINGPIN**Food available from local Fish and Chip shop Katch Richmond & Northallerton | **£10 no transport****£15 with transport**Bring £3 to bowl plus drink & food money |
| Sat 5th Aug Afternoon | **Osmotherley Show** A historic classic country show in the beautiful village of Osmotherley. Dog shows, Show jumping, Vintage Tractors and many more attractionsStokesley & Northallerton | **£15** **Entry fee tbc**Plus spending money |
| Tues 15th AugEvening | **Bowling @ KINGPIN**Food available from local Fish and Chip shop Katch Stokesley & Northallerton | **£10 no transport****£15 with transport**Bring £3 to bowl plus drinks & food money |
| Saturday 19th AugustEvening7:30-10:30 | **Arctic Piranha @ The Arc Stockton**This is a club night much like Top Banana but bigger! Designed and led by learning disabled adults. We had lots of fun when we went in May. NB 3 spaces leftNorthallerton | **£15 + £5 entry****PAY UPFRONT**Plus drinks |
| Tues 22nd Aug Evening | **Karaoke @ Shoulder of Mutton, Kirby Hill** The pub are now offering delicious food to enjoy with the music and dancingRichmond & Northallerton | **£10 no transport****£15 with transport**Plus money for drinks and / or food |
| Sat 26th AugDay | **Wensleydale Show**All the usual delights of a country show- animals, tractors, food and craft stands Richmond & Northallerton | **£15 + £10 entry PAY UPFRONT**A packed lunch and spending money |
| Tues 5th SeptEvening | **Bowling @ KINGPIN**Food available from local Fish and Chip shop Katch Stokesley & Northallerton | **£10 no transport****£15 with transport**Bring £3 to bowl plus food and drink money |
| Fri 8th SeptEvening | **Top Banana @ Bar 100 – Theme night**No transport - just for your information the event is on tonight | **£3 entry** |
| Sun 10th SeptShow @ 7:30 | **You Can’t Stop the Beat @ The Forum**An extravaganza performance of songs from the musicals Stokesley & Northallerton | **£10 no transport****£15 transport****+ £10 ticket****PAY UPFRONT**Plus money for drinks |
| Tues 12th Sept Evening | **Karaoke @ Shoulder of Mutton, Kirby Hill** The pub are now offering delicious food to enjoy with the music and dancingRichmond & Northallerton | **£10 no transport****£15 with transport**Plus money for drinks and / or food |
| Sat 16th SeptDay | **Beach trip to Saltburn**A fun day out at the beach (weather permitting!). Walk the pier, play on the slot machines and explore the valley gardens plus fish and chips of course 😊Stokesley & Northallerton | **£15**Plus fish and chip money and spending |
| Fri 22nd SeptEveningShow at 7:30  | **Swede Dreamz @ The Forum**Come and sing along the hits with this Abba tribute bandRichmond & Northallerton | **£10 no transport****£15 transport****+ £21 ticket****PAY UPFRONT**Plus money for drinks |
| Sun 24th SeptDay | **Festival of Thrift @ John Whitehead park, Billingham**A new venue this year but still the same great mix of stalls, performances and experiencesStokesley & Northallerton | **£20**Plus drinks and a picnic |
| Tues 26th Sept evening | **Bowling @ KINGPIN**Food available from local Fish and Chip shop Katch Richmond & Northallerton | **£10 no transport****£15 with transport**Bring £3 to bowl plus drink & food money |
| Saturday 30th SeptDay | **Masham Sheep Fair**Lots of interesting sheep related things to do and see including sheep racing!!Richmond & Northallerton | **£15** Plus spending money |

Return to Breathing Space, Northdale, Yafforth Road, DL7 0LQ

Cheques payable to Northdale

Payment can be made by bank transfer - please use the member’s name as a reference and let Alison know. Details as follows:

Sort code: 05-06-31

Account: 35543418

Booking form to be returned by Wed 26th July please