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| **AUGUST - SEPTEMBER 2023 PROGRAMME – RETURN BY 26 JULY PLEASE** | | |
| **Date** | **Activity** | **Price** |
| Tues 1st August  evening | **Bowling @ KINGPIN**  Food available from local Fish and Chip shop Katch  Richmond & Northallerton | **£10 no transport**  **£15 with transport**  Bring £3 to bowl plus drink & food money |
| Sat 5th Aug Afternoon | **Osmotherley Show**  A historic classic country show in the beautiful village of Osmotherley. Dog shows, Show jumping, Vintage Tractors and many more attractions  Stokesley & Northallerton | **£15**  **Entry fee tbc**  Plus spending money |
| Tues 15th Aug  Evening | **Bowling @ KINGPIN**  Food available from local Fish and Chip shop Katch  Stokesley & Northallerton | **£10 no transport**  **£15 with transport**  Bring £3 to bowl plus drinks & food money |
| Saturday 19th August  Evening  7:30-10:30 | **Arctic Piranha @ The Arc Stockton**  This is a club night much like Top Banana but bigger! Designed and led by learning disabled adults. We had lots of fun when we went in May.  NB 3 spaces left  Northallerton | **£15 + £5 entry**  **PAY UPFRONT**  Plus drinks |
| Tues 22nd Aug  Evening | **Karaoke @ Shoulder of Mutton, Kirby Hill**  The pub are now offering delicious food to enjoy with the music and dancing  Richmond & Northallerton | **£10 no transport**  **£15 with transport**  Plus money for drinks and / or food |
| Sat 26th Aug  Day | **Wensleydale Show**  All the usual delights of a country show- animals, tractors, food and craft stands  Richmond & Northallerton | **£15 + £10 entry PAY UPFRONT**  A packed lunch and spending money |
| Tues 5th Sept  Evening | **Bowling @ KINGPIN**  Food available from local Fish and Chip shop Katch  Stokesley & Northallerton | **£10 no transport**  **£15 with transport**  Bring £3 to bowl plus food and drink money |
| Fri 8th Sept  Evening | **Top Banana @ Bar 100 – Theme night**  No transport - just for your information the event is on tonight | **£3 entry** |
| Sun 10th Sept  Show @ 7:30 | **You Can’t Stop the Beat @ The Forum**  An extravaganza performance of songs from the musicals  Stokesley & Northallerton | **£10 no transport**  **£15 transport**  **+ £10 ticket**  **PAY UPFRONT**  Plus money for drinks |
| Tues 12th Sept  Evening | **Karaoke @ Shoulder of Mutton, Kirby Hill**  The pub are now offering delicious food to enjoy with the music and dancing  Richmond & Northallerton | **£10 no transport**  **£15 with transport**  Plus money for drinks and / or food |
| Sat 16th Sept  Day | **Beach trip to Saltburn**  A fun day out at the beach (weather permitting!). Walk the pier, play on the slot machines and explore the valley gardens plus fish and chips of course 😊  Stokesley & Northallerton | **£15**  Plus fish and chip money and spending |
| Fri 22nd Sept  Evening  Show at 7:30 | **Swede Dreamz @ The Forum**  Come and sing along the hits with this Abba tribute band  Richmond & Northallerton | **£10 no transport**  **£15 transport**  **+ £21 ticket**  **PAY UPFRONT**  Plus money for drinks |
| Sun 24th Sept  Day | **Festival of Thrift @ John Whitehead park, Billingham**  A new venue this year but still the same great mix of stalls, performances and experiences  Stokesley & Northallerton | **£20**  Plus drinks and a picnic |
| Tues 26th Sept  evening | **Bowling @ KINGPIN**  Food available from local Fish and Chip shop Katch  Richmond & Northallerton | **£10 no transport**  **£15 with transport**  Bring £3 to bowl plus drink & food money |
| Saturday 30th Sept  Day | **Masham Sheep Fair**  Lots of interesting sheep related things to do and see including sheep racing!!  Richmond & Northallerton | **£15**  Plus spending money |

Return to Breathing Space, Northdale, Yafforth Road, DL7 0LQ

Cheques payable to Northdale

Payment can be made by bank transfer - please use the member’s name as a reference and let Alison know. Details as follows:

Sort code: 05-06-31

Account: 35543418

Booking form to be returned by Wed 26th July please