

## Inclusive Pharmacy Practice Week 2025

24-27 November

Inclusive Pharmacy Practice is a joint initiative between national pharmacy partners:



### PCPA Reflections - Helen Kilminster PCPA National Vice President

Since the inception of the Inclusive Pharmacy Practice (IPP) Board back in May 2022 the profession has continued to evolve. IPP Week 2025 marks a celebratory milestone for pharmacy organisations to coming together to host a variety of sessions showcasing best practice and the real-world challenges facing the profession.

PCPA and College of Mental Health Pharmacy (CMHP) joined forces to host sessions of lived experiences from pharmacy peers. It was my honour and privilege to share chairing responsibilities with Karen Shuker from CMHP. All the sessions gave a sense of realism and illustrated the art of the possible. The undeniable enthusiasm and passion from the speakers reflected by the continuous stream of comments and reactions from participants watching and listening on.

IPP Week 2025 demonstrated how the pharmacy profession is dedicated to addressing our population needs but also overcoming fear and vulnerability when scoping new ideas and innovations. Our greatest strength is the diversity of skills and knowledge that we each possess. As UK Pharmacy Professional Leadership Advisory Board (UK PPLAB) strives to encompass all that pharmacy has to offer and more; this showcase week has been a masterclass of productivity and shared values from the collaboration of pharmacy professional organisations.

#### Key learnings:

- Mental Health simulation training helping pharmacy workforce develop new skills, build confidence and provide a psychological safe learning environment
- Point-of-care-testing for diabetes screening for people with learning disabilities, including those at-risk of developing Type 2 diabetes
- Expanding scope of practice for pharmacy technicians in CVD prevention, including adoption of inhaler administration service in primary care
- Group consultations can be a novel model of care that allow patients a peer learning and motivation opportunity

#### Quotes from PCPA hosted sessions:

"In healthcare, growth doesn't come from having all the answers but from staying curious, reflective, and being kind - to our patients, colleagues and to ourselves. IPP week reminded me when Peter Drucker said, '*the best way to predict the future is to create it*' and reiterated Helen Keller when she said '*alone we can do so little, together we can do so much*'"

Jenani Umasuthan

"Inclusive Pharmacy Practice Week was a powerful reminder of the inspiring work happening up and down the country. I felt honoured to be invited to share my own work, and hearing different voices and experience reinforced how inclusion, when done well, directly improves care for our patients and communities."

Ishaq Goga