



## PCPA Wales Symposium Agenda 2026

Venue: Mercure Cardiff North, Circle Way East, Llanedeyrn, Cardiff, CF239XF

Date: 1<sup>st</sup> July

*This event will be sponsored by pharmaceutical companies through the purchase of Exhibition stands*

**09:00 – 09:20 Registration** Meet, greet and network

**09:20 – 09:30 Welcome** by **Kate Spittle**, Advanced Pharmacist Education, GP Practice Pharmacist & PCPA Country Lead and **Lloyd Hambridge**, Deputy Chief Pharmaceutical Officer & PCPA Country Lead

**09:30 – 10:10 Best Practice Session**

**Bridging Experience and Innovation: How the HEIW 2026 Model of Support Empowers the Whole Team**

Speakers: Lloyd Hambridge & Kate Spittle

**10:10 – 11:00 Workshop 1**

**CVRM (Cardiovascular Renal Metabolic) Practical and Holistic Management in General Practice**

Speaker: Helen Williams - National Clinical Director for Cardiovascular Disease Prevention at NHS England

**Key Points:**

- Describe the inter-relationship between **cardiovascular disease**, chronic kidney disease, **type 2 diabetes**, and obesity.
- Improve identification of patients at cardio-renal-metabolic risk using routine primary care data and clinical markers.
- Enhance medicines optimisation by applying evidence-based therapies with proven cardiovascular and renal benefit.

**11:00 – 11:20 Refreshment Networking Break & Exhibition**

**11:20 – 12:10 Workshop 2**

**CVRM Case Studies and/or QIP development**

Speaker: Helen Williams

**12:10 – 13:10 Lunch & Exhibition**



**13:10 – 14:05** Workshop 3

**The Whole Patient Approach: Pharmacist-Led Strategies in HFpEF Care\***

Speaker: Niraj Lakhani, Lead Clinical Pharmacist

\* This workshop is organised and fully funded by Bayer Plc, contains promotional content relating to Bayer medicines, and is intended for UK healthcare professionals only.

**Key points:**

1. Understand HFpEF burden and presentation
2. Improve primary care diagnosis and coding
3. Optimise multimorbid HFpEF management in primary care.

**14:05 – 14:25** Refreshment Break & Exhibition

**14:25 – 15:20** Panel Discussion

**Using AI in General Practice- Practical Implications for General Practice**

Speaker: Dr Alexander Aubrey HEIW

Chair: Kate Spittle, Panel members: Lloyd Hambridge, Carl Barrett & Helen Williams

**15:20 – 15:30** Closing Remarks and close

Speakers: Lloyd Hambridge & Kate Spittle

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Guest exhibitors: Ridge Pharma | GSK



