

PCPA South West Symposium Agenda 2026



Venue: The Canalside, Marsh Lane, Bridgwater, Somerset, TA6 6LQ

Date: 23rd September 2026

This event will be sponsored by pharmaceutical companies through the purchase of Exhibition stands

09:00 – 09:20 Registration Meet, greet and network

09:20 – 09:30 Welcome by

Robin Conibere – Lead PCN Pharmacist, Partner and PCPA Regional VP

09:30 – 10:00 Best Practice Session

Supporting Foundation Trainee Pharmacists in General Practice

Speakers: Becky Barratt, Georgia Lintern, and Katie Norris

Key points:

1. To feel confident to support students in the future
2. To have an understanding of the support available and the expectations on you as host
3. To understand the long term benefits to supporting pharmacy students in primary care

10:00 – 10:50 Workshop 1 (Choose one workshop to attend)

Heart Failure. Speaker: Robin Conibere and John Digman

Key points:

- Identify undiagnosed or poorly coded heart failure (HF) patients using case-finding strategies
- Apply the "4 pillars" of HFrEF pharmacological management and understand titration priorities and the way pharmacy teams can support this
- Support patient self-management through medication optimisation and symptom monitoring tools
- Understand the individual patient factors that may mean GDMT may not be appropriate e.g. frailty, end of life

OR

Diabetes & Weight Management. Speaker: Helen Paine

Key points:

- **Strengthen understanding of the updated NICE guidance (NG28)** and how to apply it in practice to optimise care for people living with Type 2 diabetes.
- **Develop practical strategies for using GLP-1 therapies alongside insulin** in people with Type 2 diabetes.
- **Build confidence in taking a holistic, stepwise approach to complex diabetes care**—knowing where to start, what to prioritise and how to support patients with multiple co-morbidities.

10:55 – 11:20 Refreshment Break & Exhibition

11:20 – 12:10 Workshop 2 (*Choose one workshop to attend*)

Heart Failure QIP Workshop. Speaker: Robin Conibere and John Digman
OR

Diabetes & Weight Management QIP Workshop Speaker: Helen Paine

12:10 – 13:10 Lunch & Exhibition

13:10 – 14:05 Workshop 3

Optimising Cholesterol Management (LDL-C): Translating Evidence into Practice* Speaker: Jaypal Gahir

Key points: Effective LDL-C management requires a collaborative, multidisciplinary approach, with pharmacists playing a key role in supporting patients across the care pathway. During this session, we will explore a primary care best practice example and discuss how pharmacists can drive improvements through patient identification, medicines and lifestyle optimisation, and shared decision-making. As the role of pharmacists continues to evolve, they are becoming central to the delivery of comprehensive cardiovascular prevention and care, and long-term condition management.

*** This sponsored promotional session is organised and funded by Daiichi Sankyo UK and is for healthcare professionals in the UK only. Daiichi Sankyo products will be discussed at the meeting. Prescribing information and adverse event reporting information will be made available during the session. Daiichi Sankyo UK has had no further input into the content, arrangements, or logistics of the rest of the conference. UK/BEM/08/26/0002: August 2026**

14:05 – 14:25 Refreshment Break & Exhibition

14:25 – 15:20 Panel Discussion

Neighbourhood Health & Frailty

Speaker: Phil Griffiths

Panel: Robin Conibere, John Digman, Katie Norris

Key points:

- Neighbourhood working isn't a new idea, the NHS have been doing this without a formal framework in many localities
- Developing a neighbourhood takes time and effort, but results in reduced workload and better patient outcomes
- An MDT is the core of a neighbourhood team, with pharmacy being a core component

15:20 – 15:30 Closing Remarks and Close

Robin Conibere – Lead PCN Pharmacist, Partner and PCPA Regional VP

The following companies have provided funding only for this PCPA conference as part of a sponsorship. They have had no input into the content, organisation, conduct, or outputs relating to the event, except where there is a sponsored session.

Attending sponsors: A. Menarini Farmaceutica Internazionale SRL | Astellas Pharma Ltd | Bayer UK | Daiichi Sankyo UK Ltd | Glenmark Pharmaceuticals Ltd | Lupin Healthcare (UK) | Novartis UK Ltd | Rosemont Pharmaceuticals Ltd

Guest exhibitors: TriOn Pharma

