



## **Greener PCPA Podcast: How a whole food plant-based diet can support better health**

### **Notes and further reading:**

[Plant-Based Health Professionals UK](#)

[In a Nutshell podcast](#)

[Plant-Based Health Professionals Pharmacy Factsheet: Nutrition counselling tips for pharmacists](#)

[CSH Food and Nutrition Sustainability Network](#)

[The EAT-Lancet Commission on Food, Planet, Health](#)

[It's time for healthcare professionals to demand a plant-based food system](#)

[How to help patients transition to a healthy and sustainable plant-based diet](#)

[Eating Better alliance call for significant reduction in processed meat consumption](#)

[Processed meat causes cancer, so why are we serving it in hospitals?](#)