



PCPA

LONDON & S.E

SYMPOSIUM

2024

12TH JUNE

09.00 - 16.00

**VENUE: 1ST FLOOR, FRIENDS
HOUSE EUSTON, 173-177 EUSTON
ROAD, LONDON, NW1 2BJ**

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AGENDA

09.00 - 09.20	Registration: Meet, greet and network
09.20 - 09.30	Welcome to the day
09.30 - 10.00	Starter Session
10.00 - 10.50	Workshop Session One
10.50 - 11.20	Refreshments and Exhibition
11.20 - 12.10	Workshop Session Two
12.10 - 13.10	Lunch and Exhibition
13.10 - 14.05	Workshop Session Three
14.05 - 14.25	Refreshments and Exhibition
14.25 - 15.30	Closing Panel: Workforce innovation discussion
15.30	Close

Workshop presentations will be in the PCPA members area,
post event

WORKSHOPS

STARTER SESSION 09.30 - 10.00

- Pharmacy Integration and innovation to support the delivery of the Long-Term Plan for patients with CVD. Speaker: Helen Williams

WORKSHOP SESSION ONE 10.00 - 10.50

- SGLT2 Inhibitors - The new standard of care for the CV, Renal and Metabolic protection in Type 2 Diabetes. Speaker: Chaandni Kay Devgon
- Mental Health - Reviews and Safeguarding in general practice. Speaker: Mushtaq Hassan

WORKSHOP SESSION TWO 11.20 - 12.10

- Shared- care decisions with patients to improving management of polypharmacy. Speakers: Dr Julian Treadwell & Lelly Oboh
- Research in General Practice and advanced credentialing. Speaker: Hirminder Ubhi

WORKSHOP SESSION THREE 13.10 - 14.00

- Delivering lipid management in Primary Care, a pharmacist and pharmacy technician's experience. Speakers Danny Bartlett & Jennie Smith

This promotional workshop has been organised and funded by Daiichi Sankyo UK and is for UK healthcare professionals only. Daiichi Sankyo products will be discussed. Daiichi Sankyo has had no further input into the content of this meeting.

- Simplifying menopause diagnosis and management. Speaker: Veerpal Sandhu.

This workshop is sponsored by Theramex UK Ltd and is for UK Healthcare professionals only

CLOSING PANEL SESSIONS 14.25 -15.30

- Workforce innovation discussion. Chair: Nipa Patel Speakers: Danny Bartlett, Veerpal Sandhu, Jennie Smith and Graham Stretch

The following companies have provided funding only for this PCPA symposium as part of a sponsorship.

They have had no input into the content, organisation, conduct, or outputs relating to the Event.

Attending sponsors: Abbott / Boehringer Ingelheim/ Chiesi / Daiichi Sankyo / Novartis / Optum / Rosemont / Theramex

Guest exhibitor: Lupin Healthcare

EXHIBITOR PROFILES

PCPA would like to thank all sponsors for their support. In alphabetical order



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SPEAKERS PROFILES

DANNY BARTLETT

Lead Pharmacist



Danny has over ten years experience across multiple sectors of pharmacy. Qualifying initially as a community pharmacist, he made the move to primary care in 2019 where he now leads a team of pharmacists in Horsham in a clinical role four days a week.

The other day of the week is spent as part of the senior lecturer team at the University of Brighton teaching on the MPharm degree. Danny also works closely with the ICB as well as NHSE developing innovative ways of utilising pharmacy workforce in a safe and sustainable way.

He is passionate about developing the profession in a way that empowers use of our extensive pharmacy knowledge and values, whilst ensuring we link in with other professionals in a collaborative way.

CHAANDNI KAY DEVGON

Lead PCN, Senior Clinical Pharmacist , PCPA London and SE Regional Ambassador



Chaandni works as an Advanced Clinical Practitioner and Independent Prescriber based in Surrey and has a special interest in Cardio-Renal and Metabolic Medicine.

Chaandni has a profound interest and passion for training and education. She is the SWL General Practice/PCN Pharmacists Education and Peer Support Lead, Hosted by Merton Training Hub on behalf of SWL Training hubs, an Educational Supervisor of Allied Healthcare Professionals and a Senior Honorary Lecturer at King's College London, University of London, and Kingston University. She was recently awarded Associateship of King's College London.

SPEAKERS PROFILES



MUSHTAQ HASSAN

Senior Community Transformation Mental Health Pharmacist

Mushtaq is a Senior Community Transformation Mental Health Pharmacist at East London NHS Foundation Trust. She has experience in various mental health settings including forensic psychiatry, CAMHS, Older adults and psychiatric intensive care. She is a dedicated advocate for mental health pharmacy, focusing on community transformation in East London. Her role includes working closely with Primary Care Networks multi-disciplinary teams to help address the potential range of biopsychosocial needs of patients with mental health problems via personalised approaches. She is passionate about initiatives aimed at reducing stigma surrounding mental health, enhancing access to care, and improving treatment outcomes. She is also an advocate for interdisciplinary collaboration and recognising the importance of integrating pharmacy services with other healthcare disciplines to provide a holistic care approach. Her current role also includes assisting specialist mental health teams and primary care colleagues across the borough with the provision of psychotropic medicines information and education and training.



LELLY OBOH

Consultant Pharmacist (care of older people), Overprescribing Pharmacist Lead, SE London ICS and PCPA Specialist Pharmacy Chair

Lelly is a Consultant Pharmacist (care of older people) with over 20 years of experience in community settings within and outside the NHS. She has considerable experience working within general practice and integrated care teams to optimise medicines use as part of routine patient care

Her leadership role involves championing innovative pharmacy service developments, showcasing and driving uptake at local and national levels. She actively promotes best practice through facilitating effective partnerships between the NHS, Social Care, statutory and professional bodies using a whole systems approach to drive change and equip wider workforce to deliver medicines optimisation.

SPEAKERS PROFILES

NIPA PATEL

Lead PCN senior pharmacist and PCPA London and SE Regional Vice President



Nipa is an Advanced Clinical Practitioner (dip), IP and holds qualifications in the respiratory area. She has special interests in respiratory, anticoagulation, osteoporosis & hypertension.

She also has extensive experience working in community pharmacy and CCG roles.

She is also a clinical educator for the CPPE in addition to teaching on post graduate programmes at various universities.

VEERPAL SANDHU

NHS Advanced Clinical Pharmacist specializing in Mental Health and Women's Health



Veerpal Sandhu is a dedicated healthcare professional with over 14 years of experience in both community and clinical roles. She currently serves as an NHS Advanced Clinical Pharmacist specializing in Mental Health and Women's Health. Veerpal is passionate about improving the well-being of individuals, and she has extended her expertise to become a Harley Street Menopause Clinician, focusing on women's health.

Veerpal is an active member of the British Menopause Specialist and is training to be a Menopause specialist, demonstrating her commitment to staying at the forefront of her field.

Veerpal runs many workshops for corporate workplaces and free workshops to different communities on Mental Health and Menopause. Veerpal holds lectures for other healthcare professionals and students. She delivered a lecture at Olympia on Women's health conference on Mental health in Menopause. Best practice London Olympia, Mental health in Primary care. Guest lecturer at Birmingham University.

JENNIE SMITH

Primary Care Network Pharmacy Technician



I am a PCN Pharmacy Technician with over 15 years' experience in the healthcare sector. I registered as a Pharmacy Technician in 2019 whilst working for Boots.

In 2021 I secured the role of PCN Pharmacy Technician and work for two small rural practices within my PCN in Worcestershire. Here, I assist the Pharmacist with tasks, discharge letters, medicine monitoring and contract work.

I have held my own lipid clinics since June 2022, and these have grown in success and workload. I recorded a podcast with SPS in October 2022 about my lipid clinics where I initiate statins and ezetimibe to patients that will benefit from them and discuss lifestyle measures if they would rather.

GRAHAM STRETCH

PCPA President and Chief Pharmacist



As President of the PCPA, Graham is passionate about developing and promoting the role of pharmacy professionals in general practice and PCN at a local and national level.

Graham has practiced in Primary Care for more than two decades, developing an interest in deploying pharmacy teams with full skill mix from trainees to advanced practitioners across general practice, PCN, care homes and community. Training and research are at the heart of Graham's work. Graham has held a portfolio of roles as a Practice Partner, PCN Clinical Director, Chief Pharmacist and GP Federation Lead.

Graham is a Fellow of RPS and honorary member of APTUK. He has recently been recognised as pharmacist of the year by GP awards and RPS.

Although he practices as a generalist, Graham is best known for innovative work with older people in various care settings, particularly those with dementia or at end of life.

DR JULIAN TREADWELL

Academic GP



Julian Treadwell is an academic GP based at the Centre for Academic Primary Care, University of Bristol.

His interests are in evidence-based practice, shared decision-making, management of long-term conditions and polypharmacy.

He developed and runs the website www.gpevidence.org which provides user-friendly information for clinicians on the benefits and harms of treatments for long-term conditions.

He is a founder member of the RCGPs' Standing Group on Overdiagnosis and also a co-moderator for NICE's GP Reference panel.

HIRMINDER UBHI

Training Programme Director - Pharmacy



Hirminder's passion and drive as a Pharmacist, has always been around the service delivered and standards of patient care, over her 22-year career as a Pharmacist. Working in most sectors, she now delivers care as an Advanced Clinical Practitioner (ACP), in peri-operative medicines, at The Royal Orthopedic Hospital, since 2017.

In her role with the NHS Midlands Region- Faculty for Advancing Practice, as Training Programme Director (Pharmacy), she advocates and supports, through lived experience, the aspiration of Pharmacists and stakeholders/services, within primary and secondary care, interested in developing Pharmacists into ACP roles.

She went onto successfully complete MSc Advanced Practice modules, returning to the ED department, to document and publish the results, demonstrating Pharmacists with additional knowledge and skills, could manage patient cases, undertaken traditionally by a medical workforce and other multiprofessionals undertaking those roles. More recently, she has undertaken the Royal Pharmaceutical society - Advanced Pharmacist Curriculum, supported ePortfolio accreditation, to demonstrate her years and level of practice, as an ACP.

SPEAKERS PROFILES



HELEN WILLIAMS

**National Clinical Director for CVD Prevention, NHSE -
Consultant Pharmacist and PCPA Cardiovascular Specialist
Pharmacy Lead**

As Consultant Pharmacist for CVD Disease, Helen is involved in a wide range of activities across South London and nationally to improve the care of patients with or at risk of cardiovascular disease.

In addition, Helen is an editorial board member for the British Journal of Cardiology and the Journal of Medicines Optimisation and works with NICE on the development of a number of cardiovascular guidelines.

PCPA EVENTS

Don't miss the upcoming PCPA webinars and Long Term Conditions Masterclasses

Next events:

COPD Webinar - Online

Diabetes LTC Masterclass - Online

PCPA Leadership Conference

19th November London - Face to face event

[REGISTER HERE](#)

PCPA CLINICAL SUPPORT NETWORKS

Want some support?

Join us on Telegram for REAL TIME peer to peer pharmacy professional support.

Available to all pharmacy professionals, regardless of role and sector.

You will need to install the Telegram app or login via telegram web. For use on all devices.

See ALL support networks [HERE](#)



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National](#)



[Pharmacy
Technicians
Network](#)



[Greener
PCPA Group](#)

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