



**PCPA  
MIDLANDS  
SYMPOSIUM  
2024**

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**30TH APRIL**

**09.00 - 15.30**

**VENUE: 1ST FLOOR, THE STUDIO, 7  
CANNON ST, BIRMINGHAM B2 5EP**

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This event has been supported by pharmaceutical companies, These companies have had no input into the design or content of the event agenda
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# AGENDA

09.00 - 09.20	Registration: Meet, greet and network
09.20 - 09.30	Welcome to the day
09.30 - 10.00	Panel Discussion
10.00 - 10.50	Workshop Session One
10.50 - 11.20	Refreshments and Exhibition
11.20 - 12.10	Workshop Session Two
12.10 - 13.10	Lunch and Exhibition
13.10 - 14.05	Workshop Session Three
14.05 - 14.25	Refreshments and Exhibition
14.25 - 15.20	Workshop Session Four
15.20 - 15.30	Chairs close the day
15.30	Close

Workshop presentations will be in the PCPA members area,  
post event

# WORKSHOPS

## PANEL DISCUSSION 09.30 - 10.00

- **Navigating Health Inequalities.** Chair: Minesh Parbat  
Speakers: Sarah Baig, Brendon Jiang, Helen Kilminster, Ankish Patel, Clair Huckerby

## WORKSHOP SESSION ONE 10.00 - 10.50

- **Management of Hypertension in Primary Care** - Speaker: Jagdeep Sangha
- **Polypharmacy and High-Risk Drugs** - Speakers: Andrew Riley and Jaz Dhillon

## WORKSHOP SESSION TWO 11.20 - 12.10

- **Management of Hypertension in Primary Care Case studies.**
- **Polypharmacy and High-Risk Drugs Case studies.**

## WORKSHOP SESSION THREE 13.10 - 14.00

- **SGLT2 Inhibitors - The new standard of care for the CV, Renal and Metabolic protection in Type 2 Diabetes** - Speaker: Phillip Newland-Jones

This workshop is sponsored by A.Menarini Farmaceutica Internazionale and is for UK Healthcare professionals only.

## WORKSHOP SESSION FOUR 14.20 - 15.15

- **Career Progression and Credentialing in Primary Care** - Speakers: Clair Huckerby & Brendan Jiang

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# EXHIBITOR PROFILES

PCPA would like to thank all sponsors for their support. In alphabetical order



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# SPEAKERS PROFILES

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## SARAH BAIG

### Lecturer in Clinical Pharmacy & PCPA Academy Education Lead



Sarah is a lecturer in Clinical Pharmacy in the School of Pharmacy, and the Independent Prescribing course Director at the University of Birmingham.

Her interests are in diabetes and renal medicine, and how better prescribing can improve patient lives, both through her own practice and through her educational work on the University of Birmingham's multi-professional independent prescribing programme.

Sarah is also a registered prescribing pharmacist and works as the Professional Governance and Development lead at Dudley Integrated Health NHS Foundation Trust.

## JASVIR DHILLON

### Clinical Pharmacist - Interface & Governance Pharmacist



Jasvir Dhillon has been a practising pharmacist for 25 years and is currently working as the Interface & Governance pharmacist for Shropshire, Telford & Wrekin ICB.

In a career that started in community pharmacy, I have also worked at New Cross hospital implementing PGDs when they first launched and in Sports pharmacy too where I've worked at the London Olympics, European Games in Baku, Azerbaijan and more recently as the lead pharmacist at the Commonwealth Games, Birmingham.

The majority of my career has been in primary care and predominantly in a patient facing role within GP practices.

Completing my Independent Prescribing qualification in 2007 along with post graduate qualifications in Asthma, COPD and Diabetes. My passion is supporting patients to get the most from their medication and supporting peers in education, training and mentoring.

# SPEAKERS PROFILES

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## CLAIR HUCKERBY

### Chief (Consultant) Pharmacist



Clair is a qualified pharmacist with 28 years' post registration experience in clinical, managerial and strategic fields.

In 2004 she qualified as one of the first pharmacist prescribers, and in 2017 she became the first Consultant Pharmacist in Primary Care in the UK. She has a special interest in renal and cardiovascular medicine and has worked for NICE as an expert advisor authoring a number of clinical guidelines. She is also an Honorary Associate Professor at the University of Birmingham School of Pharmacy.

She has won numerous grants, awards and publications including a PHARMA award for outstanding contribution to public health through pharmacy, HSJ award for workforce development and an NHS Institute innovation challenge prize.

She is currently the lead for research, the pharmacy team (pharmacists and technicians), additional reimbursable roles (ARRs) and the PCN Contract in a GP super partnership in Birmingham and Shropshire.

## BRENDON JIANG

### Senior Clinical Pharmacist & PCPA RPS Lead



Brendon Jiang is the senior clinical pharmacist of NORA Primary Care Network in north Oxfordshire. Additionally, he holds the position of Vice Chair of the English Pharmacy Board and is a member of the RPS Assembly.

Brendon's expertise extends to various roles, including being a NICE Medicines and Prescribing Associate, a member of the PCPA Committee, Co-chair of the BOB Polypharmacy Community of Practice and a superintendent pharmacist. With a background in community pharmacy and eight years of experience in primary care, he specialises in managing complex polypharmacy and deprescribing. Known for his meticulous approach to patient care, Brendon combines empathy with evidence-based practice and clinical expertise to deliver personalised care. He prioritises collaboration and interdisciplinary teamwork to ensure the well-being and safety of his patients while striving to make a meaningful impact in healthcare delivery.

## HELEN KILMINSTER

### Senior Pharmacist & PCPA Vice President



Helen is the senior pharmacist, advanced clinical practitioner at Portway Family Practice, Sandwell. She is also the PCN Deputy Clinical Director for Citrus Health, which covers 42,069 patients across 6 practices.

Helen has completed her tenure as a Primary Care Clinical Leadership Executive for the Black Country ICB 2023 and PCN Clinical Director for People's Health Partnership, Western Birmingham 2021. Helen was the LVS lead for the COVID Vaccination Programme 2020, which provide vaccination services for 22 GP surgeries in Western Birmingham at City Hospital. She continued to lead COVID Vaccinations for Autumn Booster Programme 2022 at Citrus Health PCN.

Helen is the Vice President for Primary Care Pharmacy Association and a Royal Pharmaceutical Society Fellow. Helen is also a member of the NHSEI Inclusive Pharmacy Practice Advisory Board, NHSEI Pharmacy Integration Clinical Reference Group and a committee member for the UK Commission on Pharmacy Professional Leadership.

## PHILIP NEWLAND-JONES

### Consultant Pharmacist in Diabetes and Endocrinology



Philip Newland-Jones is a Consultant Pharmacist in Diabetes and Endocrinology and is the Clinical Director of the Diabetes and Endocrine service at University Hospitals Southampton NHS Foundation Trust. At Southampton he is the clinical lead for type 1 diabetes and as an interest in severe insulin resistance.

At a national level he is the lead pharmacist for NHS England Diabetes and Endocrinology Clinical Reference Group, and a member of the Diabetes UK professional council. He is also a specialist advisor to the CQC for diabetes in secondary and intermediate care services.

Philip leads a large dynamic team and is responsible for the direction of inpatient and outpatient diabetes and endocrine care at University Hospital Southampton. He works in a Consultant practitioner prescribing Pharmacist role on a day to day basis reviewing inpatients and outpatients with diabetes and endocrine issues. His dedication to education ensures the rest of his time is taken up educating healthcare professionals. He is the MSc module lead for "Modern Management of Diabetes, Nutrition and Pharmacotherapy" at the University of Southampton.



## MINESH PARBAT

### ICS Chief Pharmacist & PCPA Midlands VP



Minesh has worked in senior leadership positions within the NHS and has led on medicines optimisation projects both strategically and operationally. He is currently ICS Chief Pharmacist, NHS Shropshire, Telford and Wrekin ICB and has a keen interest in organisational development and collaborative working.

Minesh practiced as an independent prescribing pharmacist in long term conditions clinics and structured medication reviews in GP Practice for over 10 years.

Minesh has supported various academic institutions as a visiting lecturer to engage students in research projects and audit initiatives. He has served on a numbers of national and local pharmacy related committees to support the progression of the pharmacy profession and has a keen interest in leadership, equality, diversity and inclusion across various healthcare professions.

## ANKISH PATEL

### Chief Pharmacist & Head of PCN Workforce & PCPA Midlands VP



Ankish is the Chief Pharmacist & Head of Workforce for a GP Federation in Nottingham City where he supports both service and workforce development.

He has a passion for supporting, integrating and optimising the range of new roles in primary care.

His current workforce includes pharmacists, technicians, physician associates and many of the PCN personalised care roles.

He has been involved in pharmacy leadership throughout his career supporting community pharmacy and general practice, at local, regional, and national levels.

Ankish currently supports the PCPA Leadership Forum and is currently standing for the English Pharmacy Board.

# SPEAKERS PROFILES

## ANDREW RILEY

Lead Pharmacist



I started my career in community pharmacy sector supported prescribing initiatives like formulary development and academic detailing (Keele), became involved in campaigns - medicines waste. Support for primary care - hypertension clinics; 'first step' project supporting medicines administration for patients with severe mental illness returning to the community after lengthy spells in hospital. Medicines Management in Care Homes and Assisted self-administration in domiciliary care settings (LA Funded). Joined National Pharmacy Association in Professional Development Team and managed roll out of national pilots - Emergency Hormonal Contraception; Needle and Syringe Exchange; Palliative Care Pharmacy Service; Smoking Cessation. NHS Prescribing Adviser and Head of Medicines Management Stoke on Trent (8yrs); ABPI Professional Development Coordinator - led on 'Joint Working' projects throughout the U.K. Currently at Shropshire Telford and Wrekin ICB as Provider Collaboration and Performance lead pharmacist in Medicines team on priorities including High-Cost Medicines; Medicines Safety.

## JAGDEEP SANGHA

Pharmaceutical Adviser



Having worked in primary care for 20 years, presently I am a pharmaceutical adviser (Dudley Integrated Health & Care NHS Trust) and working within senior medicines optimisation roles has enabled significant strategic and service transformation experience both at commissioning and a provider footprint.

Over time, I am proud to have supported the growth of the Dudley Primary Care Pharmacy Team into one of the largest in England. However, I have developed and maintained my clinical knowledge and skills throughout and work for a GP practice in Halesowen 2 days per week. Qualifying as an Independent Prescriber 15 years ago and completing my clinical diploma, I continue to practice in long term conditions management and complex co-morbidity. In recent years, having an interest in CVD has ensured many opportunities to optimise medicines in HTN, post MI, CKD and Heart Failure to support patient care. Developing critical thinking and autonomous decision making has made me an invaluable member within practice.

# PCPA EVENTS

Don't miss the PCPA LTC Masterclasses and Webinars online. Register early

[REGISTER HERE](#)

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## PCPA CLINICAL SUPPORT NETWORKS

Want some support?

Join us on Telegram for REAL TIME peer to peer pharmacy professional support.

Available to all pharmacy professionals, regardless of role and sector.

You will need to install the Telegram app or login via telegram web. For use on all devices.

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