



# PCPA LEADERSHIP CONFERENCE

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19TH NOVEMBER  
09.00 - 16.00

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**VENUE:**

FRIENDS HOUSE EUSTON, 173-177  
EUSTON ROAD, LONDON, NW1 2BJ

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This event has been supported by pharmaceutical companies. These companies have had no input into the design or content of the event agenda.
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# AGENDA

- 09.00 - 09.20** Registration: Meet, greet and network
- 09.20 - 09.25** Welcome to the day
- 09.25 - 09.55** Panel Discussion
- 09.55 - 10.05** Promotional session from Optum
- 10.05 - 10.50** Workshop Session One
- 10.50 - 11.20** Refreshments and Exhibition
- 11.20 - 12.10** Workshop Session Two
- 12.10 - 13.10** Lunch and Exhibition
- 13.10 - 14.05** Workshop Session Three
- 14.05 - 14.25** Refreshments and Exhibition
- 14.25 - 15.10** Workshop Session Four
- 15.10 - 15.55** Panel Discussion
- 15.55 - 16.00** Round up and Close

Workshop presentations will be in the PCPA members area, post event.

# WORKSHOPS

## PANEL DISCUSSION 09.25 - 09.55

**Building the Future of Primary Care Pharmacy: Engaging in the NHS 10-Year Plan.**

Chair: Graham Stretch Speaker: Richard Cattell

## WORKSHOP SESSION ONE 10.05 - 10.50

- **Delivering Pharmacy Prescribing - Return on investment** - Graham Stretch & Wasim Baqir
- **Leadership in CVD Prevention - What does it look like for me?** - Helen Williams

## WORKSHOP SESSION TWO 11.20 - 12.10

- **Progress towards Advanced Practice for GP Pharmacy Technicians** - Abbie Stirling & Nicola Stockmann
- **Closing the Health Inequalities Gap- Best practice initiatives** - Nazir Hussain & Sarah Baig

## WORKSHOP SESSION THREE 13.10 - 14.05

- **Integrating Pharmacy Teams Across Primary Care** - Vanessa Burgess & Shilpa Shah
- **Current Dilemmas in Medicines Optimisation** - Sophie Bhandary & Raliat Onatade & Minesh Parbat

## WORKSHOP SESSION FOUR 14.25 - 15.20

- **Negotiating Skills- For the workforce** - Roisin O'Hare
- **Deprescribing Challenges and Successes in the Frail Elderly** - Sundus Jawad

## PANEL DISCUSSION 15.10 - 15.55

**Staff Retention- Sharing Challenges and Successes** - Chair: Sue Alldred

Panel: Scott Gill, Jimmy Hipperson, Gareth Malson, Minesh Parbat & Nipa Patel

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# EXHIBITOR PROFILES

In alphabetical order

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# SPEAKERS PROFILES

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## SUE ALLDRED

### PCPA Regional Vice President & Senior Practice Pharmacist

Sue has worked as Senior Practice Pharmacist at Colton Mill Medical Centre in Leeds since 2015. She is also Head of Clinical Pharmacy for South and East Leeds GP Group where she supports and employs clinical pharmacists and technicians on behalf of their member practices and PCNs. She is a HEE GP pharmacy ambassador for Yorkshire and leads the successful Leeds GP pharmacy network. She qualified from Nottingham University in 1996 and initially worked in hospital pharmacy, specialising in rheumatology, care of the elderly, neurology and education and training.

In 2013 she became Care Homes Pharmacist for Leeds South and East CCG, followed by Medicines Optimisation Team Leader and subsequently acting Head of Medicines Optimisation. Sue completed a diploma in clinical pharmacy in 2000 at the University of Bradford and became a non-medical prescriber in 2011 initially specialising in neurology. She is currently studying for a postgraduate certificate in clinical examination at the University of Leeds.



## SARAH BAIG

### Primary Care Pharmacy Professional Development and Governance Lead & PCPA Academy Education Lead

Sarah is a primary care pharmacist and an educator who is passionate about changing the landscape of healthcare. Sarah has been a pharmacist for over 15 years and worked in multiple sectors sharing her passion and enthusiasm for pharmacy as a profession and innovating services. Sarah enjoys being an innovator and developing both new ways of working and sharing good practice. Sarah aims to lead by example and demonstrate tangible outcomes for the work she does so that it not only gives her recognition but also inspired her peers and those that need to be showcased i.e. junior colleagues and students she teaches. Sarah is a CORE20Plus ambassador and has a passion for reducing health inequalities by taking healthcare to patients and breaking down some of the barriers which currently exist in accessing healthcare, helping those that need it most.



## RICHARD CATTELL

### Deputy Chief Pharmaceutical Officer, NHS England

Richard Cattell has been a pharmacist for over 30 years with a career mainly in acute hospitals in the South West, Cardiff and the West Midlands.

His current role is the Deputy Chief Pharmaceutical Officer at NHS Improvement. In this he focuses on supporting trusts with their care quality, driving the improvement in 7-day pharmacy services, developing aspiring chief pharmacists and providing the senior medicines leadership to the Medicines Safety Programme.

He is passionate about supporting patients and the healthcare team in getting the best from medicines, reducing harm and improving care.



## WASIM BAQIR

### Policy Lead NHSE and Clinical Pharmacist

Wasim is lead pharmacist in the Pharmacy Integration team at NHS England; He joined in 2017 to lead the national Medicines Optimisation in Care Homes scheme and currently leading the Community Pharmacy Independent Prescribing Pathfinder Programme as well as supporting the Pharmacy Integration programme across several areas including Palliative and End of Life Care, Health Inequalities, Medicines Optimisation and Overprescribing. He works clinically as a pharmacist at Northumbria Healthcare NHS Trust (Care of the Elderly). I led on Northumbria's care homes project, which is now an established service; ([www.health.org.uk/pills](http://www.health.org.uk/pills)). He was part of a group of pharmacy professionals that set up the National Pharmacy Care Homes Faculty. Wasim has a passion for ensuring we get the best value from medicines (in terms of safety, effective use and cost effectiveness). He is a member the Health Foundation's Generation Q Network and co-chair of the multidisciplinary medicines research group, PRIMM (Prescribing Research in Medicines Management).



## SOPHIE BHANDARY

### Senior Primary Care Pharmacist

Sophie Bhandary is a pharmacist with over 20 years of experience, specialising in Long Term Conditions prevention for the past 6 years. As a Senior Pharmacist Commissioner in South East London, she focussed on cardiovascular health initiatives to improve access and reduce health inequality.

During the COVID-19 pandemic, she trained in General Practice and now runs patient clinics in Surrey, emphasising patient perspectives on medicines and their health. Her strategic approach aims to enhance patients outcomes and workforce sustainability. With a broad range of expertise from her role at South East London ICB and direct patient care, Sophie is committed to enhancing healthcare delivery. She is a dynamic leader in shaping the future of primary care, focussing on prevention, medicines optimisation and building a resilient workforce.



## VANESSA BURGESS

### Chief Pharmacist SEL ICB

Vanessa is Chief Pharmacist of Southeast London ICB and is recognised for her ability to work with others and secure solution focused, shared approaches to transformation and improvement. She has expended the role of medicines teams and championed co-production with people with lived experience, also pioneering development of consultant pharmacist roles in primary and community care.

As chair of SEL ICS pharmacy leadership forums, she champions innovative approaches, fostering a compassionate culture. Vanessa chairs a subgroup of the Medicines Optimisation Clinical Reference Group aiming to develop more consistency on National Payment System Excluded Drugs across ICBs. Outside work, she enjoys dog walking, cooking, running, and learning to play cricket.





## SCOTT GILL

### PCPA Northern Ireland Lead and Lead Pharmacist

Scott is currently Lead Pharmacist for the Ards GP Federation in Northern Ireland.

After graduating from QUB in 2007, Scott started his career in Community Pharmacy and started working in GP practices in 2015. Scott is an Independent Prescriber and focuses on treating patients with long term conditions (e.g. respiratory conditions, diabetes, cardiovascular disease, mental health, persistent pain), in particular those with multiple conditions.

His interest in this area led to a return to QUB to complete an MSc in Advanced Clinical Practice in 2019. He is also involved in a multidisciplinary pain management team to help patients better manage their condition and mental health.

Scott is the Northern Ireland Lead for PCPA, Chair of SELCG (South Eastern Local Commissioning Group) Prescribing & Medicines Management Committee and a Council member of the Pharmaceutical Society Northern Ireland.



## JIMMY HIPPERSON

### PCPA East Of England VP, Advanced Pharmacist Practitioner and Partner

Jimmy is an Advanced Pharmacist Practitioner and Independent Prescriber and Partner at Lawson Road Surgery in Norwich where he acts as the prescribing, finance, CQC and QOF lead as well as Senior Information Risk Owner.

He is also Deputy Clinical Director for Norwich North PCN and a Freedom to Speak Up Guardian. He has a background in primary and secondary care, electronic prescribing implementation and has an active interest in deprescribing.

He has daily structured medication review clinics focusing on multimorbidity and polypharmacy and reducing dependence forming medications. He also prescribes and monitors OST via shared care having completed a Certificate in the Management of Drug Misuse Part 1 (RCGP Accredited). He also participates in research at the practice and is involved in teaching pharmacy students, preparing for medicine work experience students and Year 3,4 and 5 medical students.



## NAZIR HUSSAIN

### Specialist Respiratory Pharmacist

Nazir is a Specialist Pharmacist in Respiratory Care for The Dudley Group NHS Foundation Trust and a member of the Executive Committee of the Primary Care Respiratory Society (PCRS). He has a real passion for respiratory medicine and was one of the first pharmacists in primary care to be accredited as a Pharmacist with a Special Interest (PhwSI) in Respiratory Care. Throughout his career, he has been involved in several innovative projects demonstrating the value of pharmacist prescribing. His pharmacist-led respiratory service offers an alternative model of care to address inequalities in respiratory care.

Nazir has been shortlisted for multiple national awards because of his dedication to improving the lives of respiratory patients. Whenever he gets the opportunity, he loves to share his experiences to inspire others.



## SUNDUS JAWAD

### ICS Lead Medicines Optimisation Pharmacist

Sundus has over 20 years of experience working in primary care in various roles as a medicines optimisation pharmacist working closely with GP practices, care homes and other providers. Sundus is also a qualified Independent Prescriber with specialist level experience in frailty and care of older people working mostly with care home patients. Sundus has led on a number of projects including a Prime Minister's Dementia challenge project promoting safer and appropriate use of anti-psychotics in dementia. More recently she led on the 'Good hydration in care homes' project which received national recognition through a number of awards. The project was later developed by NHSEI into a national hydration in care homes toolkit. Sundus is also a NICE Medicines and Prescribing Associate promoting the implementation of evidence-based practice and NICE guidelines in both health and social care. Sundus is also a Fellow of the Royal Pharmaceutical Society and has very recently been elected as Chair of the newly founded National Pharmacy Care Home Faculty. Her professional and research interests include medicines optimisation in care homes, frailty, medication review, medicines safety and polypharmacy.



## HELEN KILMINSTER

### PCPA Vice President & Senior Clinical Pharmacist

Helen is the senior pharmacist, advanced clinical practitioner at Portway Family Practice, Sandwell. She is also the PCN Deputy Clinical Director for Citrus Health, which covers 42,069 patients across 6 practices.

Helen has completed her tenure as a Primary Care Clinical Leadership Executive for the Black Country ICB 2023 and PCN Clinical Director for People's Health Partnership, Western Birmingham 2021. Helen was the LVS lead for the COVID Vaccination Programme 2020, which provide vaccination services for 22 GP surgeries in Western Birmingham at City Hospital. She continued to lead COVID Vaccinations for Autumn Booster Programme 2022 at Citrus Health PCN.

Helen is the Vice President for Primary Care Pharmacy Association and a Royal Pharmaceutical Society Fellow. Helen is also a member of the NHSEI Inclusive Pharmacy Practice Advisory Board, NHSEI Pharmacy Integration Clinical Reference Group and a committee member for the UK Commission on Pharmacy Professional Leadership.



## GARETH MALSON

### PCPA Regional Vice President & GP Pharmacist

Gareth became a GP Pharmacist in 2016, and was appointed Lead Pharmacist for Chester East PCN in 2020. As well as being the PCPA's regional vice president for North West England, he is Health Education England's GP Pharmacy Ambassador for Cheshire and Merseyside - a role in which he has initiated a programme of placements for pharmacy undergraduate students at several universities.

He specialises in anticoagulation and cardiovascular condition management. He is also author/editor of the PCPA's various publications.

Prior to becoming a GP Pharmacist, Gareth worked for 6 years as a Medicines Management and Cardiology Pharmacist at Arrowse Park Hospital, and spent 2.5 years working as a writer and editor for the Pharmaceutical Journal.



## ROISÍN O'HARE

### Professor of Clinical Pharmacy

Roisín has been a clinical pharmacist working in a hospital environment for over 20 years and she has been a teacher, in various guises, for almost as long. She completed her degree in Strathclyde University in Glasgow, her pre-registration year in Liverpool before moving home to Belfast and a specialist role in Cardiology. In this role, she became one of the first independent prescribers in Northern Ireland, setting up a pharmacist-led clinic to manage patients with pulmonary hypertension, winning Northern Ireland (NI) Pharmacist of the Year for her work. Roisín leads the award-winning Clinical Education Pharmacist Team, based in hospitals across NI, teaching undergraduate clinical pharmacy skills and introducing the use of OSCEs to the Schools of Pharmacy in NI gaining her PhD for this work, publishing her first book on the subject in 2017. She became a Professor of Clinical Pharmacy in 2022, a Fellow of both the Royal Pharmaceutical Society in 2023, and of the Pharmaceutical Society of Northern Ireland in 2024, in recognition of her work locally in NI and across the UK. Her research interests include experiential learning, prescribing skills and workforce development.



## MINESH PARBAT

### ICS Chief Pharmacist & PCPA Midlands VP

Minesh has worked in senior leadership positions within the NHS and has led on medicines optimisation projects both strategically and operationally. He is currently ICS Chief Pharmacist, NHS Shropshire, Telford and Wrekin ICB and has a keen interest in organisational development and collaborative working.

Minesh practiced as an independent prescribing pharmacist in long term conditions clinics and structured medication reviews in GP Practice for over 10 years.

Minesh has supported various academic institutions as a visiting lecturer to engage students in research projects and audit initiatives. He has served on a numbers of national and local pharmacy related committees to support the progression of the pharmacy profession and has a keen interest in leadership, equality, diversity and inclusion across various healthcare professions.



## SHILPA SHAH

### CEO Community Pharmacy

Shilpa Shah CEO Community Pharmacy North East London is an experienced award winning leader in the Community Pharmacy sector. She is a pharmacist and Royal Pharmaceutical Society fellow, who has worked in the Community Pharmacy Field for almost 25 years. She is an Advisory Board member on the Inclusive Pharmacy Practice Advisory Board, chaired by David Webb CPhO, NHEngland as well as a UK Pharmacy Professional Leadership Advisory Board Member. Shilpa also holds many senior voluntary positions at several charities, she is a volunteer Director of Branch Operations for Samaritans as well as a listening volunteer in her local branch, a volunteer at Pharmacist Support and a volunteer Healthcare Deputy Manager at Crisis at Christmas.



## ABIGAIL STIRLING

### PCPA Pharmacy Technician Lead & Deputy Pharmacy Service Lead & Lead Pharmacy Technician

Abbie is the Deputy Pharmacy Service Lead & Lead Pharmacy Technician for a Primary Care Network based in the Wirral, Merseyside. Taking up post in May 2020 following a successful HEE funded trial post for 1 year. Abbie runs face to face clinics with patients to review hypertension, lipid management, AF and inhaler technique reviews and is also trained in phlebotomy. Abbie has been recognised nationally by the SPS, MHRA and Regional Medicines safety officers and Chief NHSE Pharmacist David Webb for her work to improve safety around valproate in female patients and ensuring annual risk forms are completed for every patient in her PCN. As a result of this she was awarded the PCPA's Rising Star Award in 2022. She is also a member of the NHS England's Chief Pharmaceutical Officers' Pharmacy Technician Advisory Forum as a representative for the PCPA.





## NICOLA STOCKMANN

### President of the Association of Pharmacy Technicians UK (APTUK)

Nicola has previously held roles as APTUK Vice-President (2022 - 2024) and the APTUK Hampshire branch chairperson (2020-2022). Nicola has represented APTUK and the Pharmacy Technician profession internationally and to give evidence at the Health and Social Care committee. She also holds an Ex Officio place on the UK Pharmacy Professional Leadership Advisory Board (UKPPLAB) as APTUK President.

In addition to her voluntary role as APTUK President, Nicola is also the Pharmacy Operations Manager at Hampshire Hospitals Foundation Trust. She has been a qualified Pharmacy Technician since 2012 and has previously worked in community pharmacy, clinical trials, medicines optimisation and as a Medicines Safety Officer.



## GRAHAM STRETCH

### PCPA President and Chief Pharmacist

As President of the PCPA, Graham is passionate about developing and promoting the role of pharmacy professionals in general practice and PCN at a local and national level.

Graham has practiced in Primary Care for more than two decades, developing an interest in deploying pharmacy teams with full skill mix from trainees to advanced practitioners across general practice, PCN, care homes and community. Training and research are at the heart of Graham's work. Graham has held a portfolio of roles as a Practice Partner, PCN Clinical Director, Chief Pharmacist and GP Federation Lead.

Graham is a Fellow of RPS and honorary member of APTUK. He has recently been recognised as pharmacist of the year by GP awards and RPS.

Although he practices as a generalist, Graham is best known for innovative work with older people in various care settings, particularly those with dementia or at end of life.



## HELEN WILLIAMS

**National Clinical Director for CVD Prevention, NHSE -  
Consultant Pharmacist and PCPA Cardiovascular Specialist  
Pharmacy Lead**

As Consultant Pharmacist for CVD Disease, Helen is involved in a wide range of activities across South London to improve the care of patients with or at risk of cardiovascular disease (CVD). Helen chairs the local cardiovascular medicines working group which develops and supports the implementation of consensus evidence-based guidance for use across South London's 12 clinical commissioning groups and 7 acute trusts, covering a population of 3.6million.

There is a strong focus on medicines optimisation for long term conditions such as heart failure, hypertension and atrial fibrillation with the aim of reducing the burden of acute hospital admissions and she has been involved in supporting primary care practitioners through guideline implementation, clinical audit and provision of pharmacist-led virtual clinics. A key focus over recent years has been to increase the proportion of patients with AF who are anticoagulated to reduce the incidence of AF-related stroke and Helen is now focusing on the rollout of mobile ECG devices to improve the detection of AF.

In addition, Helen is an editorial board member for the British Journal of Cardiology and the Journal of Medicines Optimisation and works with NICE on the development of a number of cardiovascular guidelines.

# PCPA CLINICAL SUPPORT NETWORKS

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