



Socially distanced simulation: Continuing courses despite Covid-19

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Introduction

- Our Regional ST3 simulation courses ‘Full immersion simulation’ and ‘Part task and communication skills’, preparing trainees for registrar role, have run since 2010.
- Tight Covid-19 restrictions resulted in this format being impossible.
- A new ‘Full immersion with Part Task’ course was launched.

Methods

- The old and new courses are described in the table.
- We evaluated the course by trainee and faculty feedback.



Old Courses

‘Full immersion simulation’ and ‘Part task and communication skills’

Course design by simulation Training Programme Directors, delivered in local hospitals

Multidisciplinary (ST3 acting as registrar and nursing staff)

Larger groups

Trainees encouraged to attend any course

2 face-to-face courses

New Course

Full immersion **WITH** Part Task course and Virtual Communication course

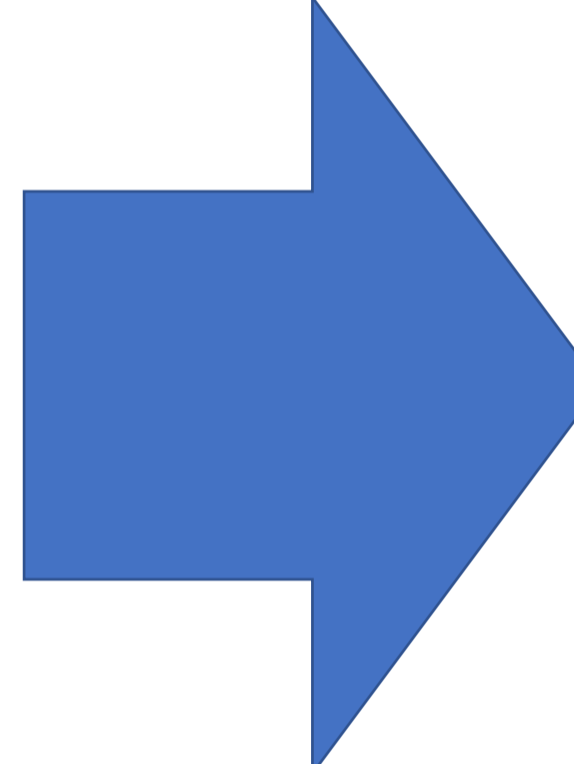
Local faculty **adapt** course to local **social distancing** policies, with support from simulation Training Programme Directors.

ST3 only (extra MDT if social distancing allowed)

Smaller groups

Trainees encouraged to attend **local** course with current colleagues

One half day face-to face course with additional virtual communication course and **online resources** on our website

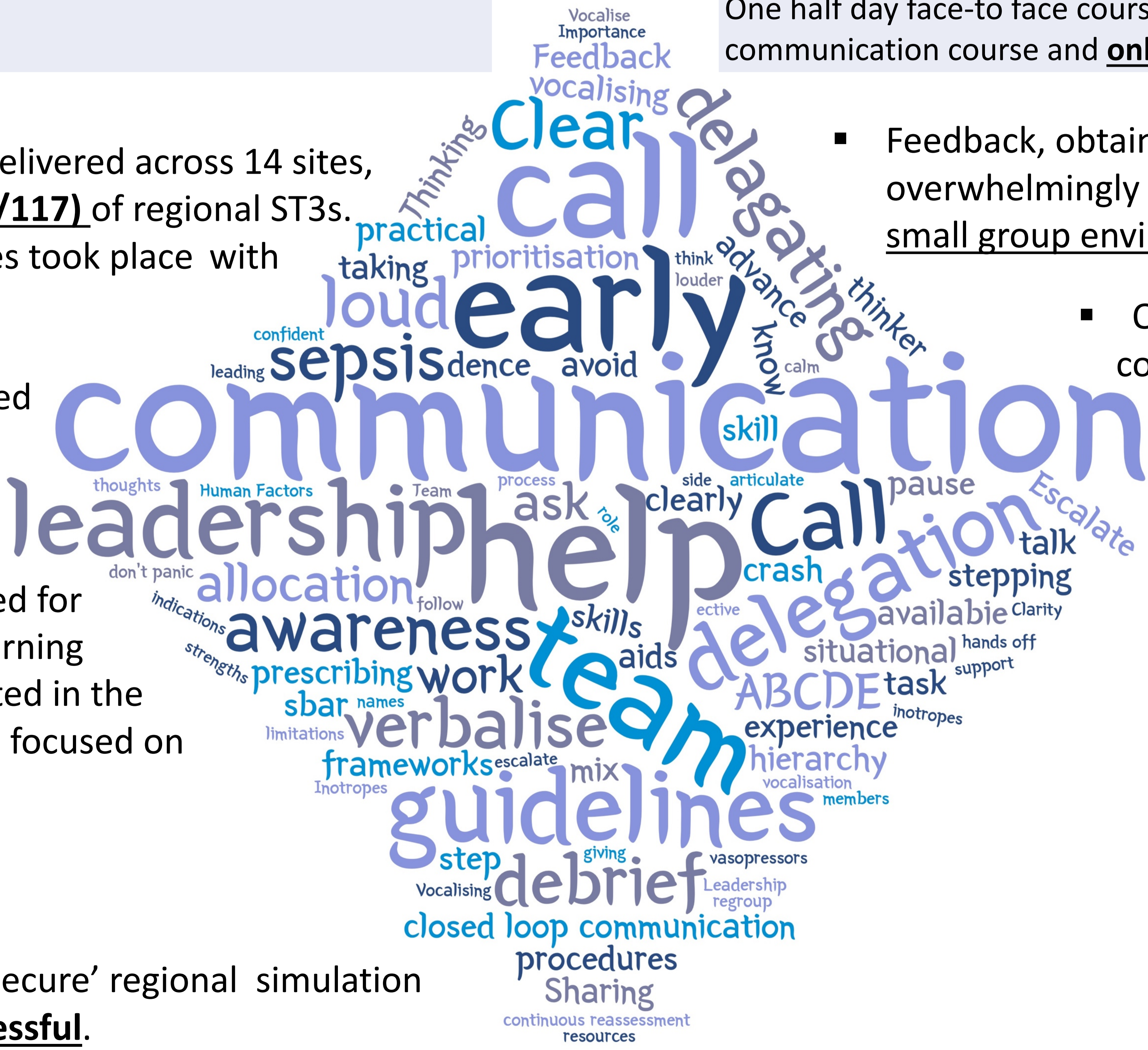


Results

- 27 courses were delivered across 14 sites, including **69% (81/117)** of regional ST3s. All planned courses took place with no cancellations.

- 100%** of ST3s agreed the course was **useful for learning**.

- Trainees were asked for their important learning points, demonstrated in the word cloud. These focused on ‘human factors’



- Feedback, obtained from 95 delegates, was overwhelmingly positive and praised the small group environment.
- Other feedback included the course would be improved by including the MDT

Conclusions

- Our new ‘covid-secure’ regional simulation course was **successful**.
- Trainees praised the **small group environment**, however restricting capacity means less MDT participation. Moving forward, a **combination of old and new courses** may be advantageous

SCAN ME FOR THE LSP SIMULATION WEBSITE

