

# Health Check Matters

## Improving Annual Health Checks for people with a Learning Disability



We are using 'Forum Theatre' to look at how Annual Health Checks work for people with a Learning Disability (LD).

We want to find out how we can make Annual Health Checks work better.

You can sign up for 1 of the workshops. They are being led by People First (Self Advocacy), a user-led organisation.

### Who should attend?

- People with a Learning Disability who want to share their experiences and ideas about improving Annual Health Checks.
- Professionals working in health care involved in Annual Health Checks for patients with a Learning Disability.



### Workshops are taking place on the following dates:

- **Wednesday 20th March – 1:30pm – 4:30pm**  
Hornchurch Library, 44 North Street, Hornchurch RM11 1TB
- **Thursday 21st March – 10.00am - 1.00pm**  
Redbridge Central Library, Clements Road, Ilford, Essex, IG1 1EA



For more information or to book a place, contact Summer Cooper at BHR CEPN email: [summer@manoravenue.co.uk](mailto:summer@manoravenue.co.uk) call: 078488 32363