

Job Description & Person Specification: Outreach Psychotherapist LB Newham

Main terms and conditions

Responsible to:	Psychotherapy Manager
Salary:	£42,617 (Pro Rata)
Pension:	Pension following at 6 months after probationary period (up to 3% employer contribution)
Place of Work:	82 Wentworth Street, E1 7SA
Hours:	21 hours per week – 3 days
Disclosure:	Full enhanced DBS disclosure required

Background

Providence Row tackles the root causes of homelessness to help people get off, and stay off, the streets. The charity was founded in 1860 to work with vulnerable people living in the East End of London. We are extremely proud of how the charity has continued to grow and develop over 150 years.

For homeless people, or those at risk of homelessness, finding employment and housing opportunities can feel like an uphill battle, even more so if they're affected by physical, mental health or substance misuse issues. Providence Row works with those affected by homelessness and those vulnerably housed in London, offering an integrated service of crisis support, advice and progression programmes. We ensure that people often excluded from mainstream services gain the support and opportunities they need to create a safe, healthy and sustainable life away from the streets.

The key responsibilities in this role are to:

- Provide psychotherapy sessions on outreach in Newham
- Flexible approach to meeting vulnerable clients
- Deliver specialised outreach psychotherapy to individuals in Newham, focusing particularly on those who are or have been rough sleepers
- Work collaboratively with Street Outreach Response Teams and other specialist agencies
- Offer both formal psychotherapy sessions and informal support, adapting to clients' needs in terms of scheduling and locations.

- Conduct street shifts alongside the commissioned Outreach Service, introducing and promoting our service to potential clients
- Support individuals transitioning into emergency, temporary, or long-term accommodation

Key Objectives and Responsibilities

In order to support the achievement of these aims, the outreach psychotherapist will be responsible for:

Manage a caseload of 12 clients per week, attend MDTs, attend team meetings, attend any mandatory multidisciplinary meetings. The candidate will be expected to attend CPD, which will be organised by the candidate themselves, while Providence Row offers a generous budget of £1500 per annum.

The candidate will also be expected to contribute towards the smooth running of the service and willing to help and participate with any current services needs.

Other Duties

- Take on occasional pieces of work as agreed between the Outreach Therapist and the Head of Psychotherapy as required. (Duties will fall within the scope of the post at the appropriate grade.)
- Attend evening and weekend meetings and functions as required.
- Work in accordance with the Charity's values, guiding principles, policies & procedures.

Person Specification

Knowledge and Experience	
UK-recognised qualification in Psychotherapy or Counselling Psychology	Essential
Accreditation with BACP/UKCP	Essential
Ability to work flexibly in varied settings	Essential
Proficient in assessing client needs and offering tailored services	Essential
Strong team leadership and collaboration skills	Essential
Excellent communication and interpersonal abilities	Essential
Proven experience in engaging with vulnerable adults	Essential
Competence in computer usage, including database systems and email	Essential
Attributes	
Experience working in multi-disciplinary teams	Desirable
Enthusiasm for developing outreach services	Desirable
Commitment to ongoing training and personal development	Desirable

Competencies	
Takes the time to understand difficulties without pre-judgement and with a view to overcoming them (Compassion)	Essential
Exercises the same degree of consideration and care for all those who come to Providence Row, whatever the reason (Respect)	Essential
Welcomes and seeks to involve everybody, whatever their background, presenting issues, ethnicity, nationality or faith (Inclusiveness)	Essential
Works <i>with</i> people, not <i>for</i> people, to enable them to realise their gifts, abilities and talents (Empowerment)	Essential
Acts fairly and promotes justice within the organisation and in relation to the needs and rights of people who use our services (Justice)	Essential
Is able to communicate, negotiate and influence appropriately with a range of stakeholders	Essential
Demonstrates emotional intelligence, understands the needs of others and recognises the impact of their behaviour on others	Essential
Is accountable for the performance of the organisation, their team and their own performance (trustworthy, dependable & inspires confidence)	Essential
Is proactive and takes the initiative to gain the information needed for the role, with a flexible and “can do” attitude	Essential
Is emotionally resilient, self aware and reflective.	Essential