

How you can help

Become a Member

For as little as £5 a month you can ensure that we are able to continue our essential work, whilst keeping you in regular touch with the charity. Monthly donations enable us to plan ahead and manage our income.

Volunteer

Our fantastic volunteers are the heroes of our team, from cheering on our runners, setting up and manning stands at our events, helping at our Little Ssnaplings groups, to making up fundraising packs and sending out mailings. Get in touch to discuss how we could work together in the future.

Fundraise with us

Visit our website today to see our annual fundraising challenges, or create your own. We don't receive statutory funding, and are only able to provide this unique service thanks to the support of donors and fundraisers like you.

Corporate support

We'd love to hear from companies willing to work in partnership with us. Contact us to discuss the variety of ways that we can work together to promote your organisation whilst supporting the Neonatal Unit.



“ SSNAP helped us every day. They were friendly faces in a sea of machines and consultants working their magic. They kept us going on the hardest days and, even now, we are still in contact with them. ”

However you choose to support us, we'd love to hear from you. So please don't delay... get in touch today and help SSNAP continue our brilliant work.



Support for the Sick Newborn and their Parents



SSNAP support sick newborn, their parents and those that care for them; by providing emotional, medical, financial and informational support.

We operate from the John Radcliffe Hospital in Oxfordshire, a hospital that cares for babies from all over the country.

For over 40 years we have supported those born in, or admitted to the Neonatal Intensive Care Unit, the Dependency Units and the supporting maternity wards.

www.ssnap.org.uk • contact@ssnap.org.uk • 01865 221359

SSNAP (Support for Sick Newborn and Their Parents)
Level 2, Women's Centre, John Radcliffe Hospital,
Oxford, OX3 9DU



Registered Charity No: 1146622 • Limited Company No: 7888187

How we help

Family Care Team

A neonatal setting can make the experience of parenting much more challenging. Our Family Care Team has years of experience providing practical and emotional support for parents of babies in hospital. They provide supportive listening, prioritising the needs of the parents with compassion, and offering advice and guidance. Daily, the team encounter experiences ranging from trauma, anxiety, pain, relief, and joy – being on hand cot-side, where they are needed most.

Parental support

Many parents find themselves in the Neonatal Unit weeks, even months, before they ever expected to be in the maternity suite. Pulled from everyday life, without the time they thought they had to prepare, can often be quite a shock. SSNAP staff work hard to minimise this stress by providing basic needs. Every baby receives an admission box, with useful tools and treats for parents, and information about where to turn for help. We provide breakfast and snack packs for staff and parents, emergency toiletry packs for parents arriving unexpectedly, and restaurant meal vouchers and emergency funding for those most in need.

Little Ssnaplings

Little Ssnaplings are parent and baby/toddler groups for families who have spent time in the neonatal unit. These groups are a place for families who have experienced a difficult start with their newborn. Where they can meet others who understand and have been there themselves.



Staff training

The hospital's NHS staff stand amongst the world's top professionals. Years of dedicated education, training and experience ensure the delivery of this high standard service. However, not all of this training is free, or even funded by the NHS. SSNAP funds additional training and study days for nurses, that they might otherwise have missed out on. This enables them to provide the very best care possible for babies and their parents.

Essential equipment

SSNAP continues to purchase essential equipment for the hospital to enhance the care provided by the NHS. We frequently receive applications from the unit staff to fund essential items or innovations to make life more comfortable cot-side. These include a fingerprint entry system to reduce the wait and stress of parents entering the unit; reclining chairs and breast pumps to make new mums more comfortable; and furniture and fittings for a purpose-built Bereavement Suite. We do our utmost to make everybody as comfortable as possible during what is a challenging period of their lives.

Support Research Projects

We invest time and resources into helping with and supporting research projects. Details of projects we are currently involved with can be found on the SSNAP website.



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