

How your fundraising can help

£44

Helps to fund the Family Care Team

Half a day's emotional and psychological support along with signposting relevant services for parents. This is an essential lifeline for anyone with a baby on the unit.

£175

Could fund a Little SSNAPlings Class

These groups are a place for families who have experienced a difficult start with their newborn. Where they can meet others who understand and have been there themselves.

£1500

Would buy a Medula Express Pump

An essential for mothers to provide breastmilk for tube fed babies on the unit.

£3700

Could pay for a twin cot

This allows twins to stay together during their neonatal stay.

£5000

Would cover a year of vCreate

Keeping families connected with secure video and photo updates from the NICU.

SSNAP supports premature and sick newborn babies, their parents and the staff that care for them. For over 40 years we have supported the neonatal unit at the John Radcliffe Hospital in Oxford.

www.ssnap.org.uk • contact@ssnap.org.uk • 01865 221359

SSNAP (Support for Sick Newborn and Their Parents)
Level 2, Women's Centre, John Radcliffe Hospital,
Oxford, OX3 9DU

Registered Charity No: 1146622 • Limited Company No: 7888187



Support for the Sick Newborn and their Parents

Fundraise for SSNAP



Fundraise for SSNAP to make a life-changing difference for sick and premature babies. There are so many ways you can get involved...

Get involved!

Whether you take part in one of our events, organise your own, or help us secure vital funding, your involvement will make a real difference for sick and premature babies. SSNAP gets no statutory funding and relies solely on fundraisers and donations.

Join our events

We organise a variety of events throughout the year including runs, sky dives and our black tie ball. Visit the SSNAP website or social media to keep up to date throughout the year.

Take on a challenge

- Ultra Challenge hikes
- Tough Mudder obstacle runs
- Marathons, triathlons, and cycling events
- Swimathons and endurance challenges

Host your own...

- Quiz nights or bingo
- Garden parties or BBQs
- Car boot sales or craft fairs
- Sponsored cycles, swims, or climbs



Get creative

- Dress-down or themed workdays
- Talent shows or open mic nights
- Charity challenges (How many days in a row can you run 5k?!)
- Virtual events: online quizzes or gaming

Other ways to help

- Nominate SSNAP for your workplace charity of the year
- Does your workplace offer match funding?
- Ask local businesses to sponsor an event or donate prizes
- Celebrate a birthday or special occasion with donations in lieu of gifts

Think big – Grants and sponsorships

Do you know of a community grant, charitable trust, or local business sponsorship we could apply for? Your connections could help us fund vital equipment, family support services, and more.

