



## **TVTA Trail Maintenance – COVID-19 Guidance as at 1/10/20**

The health and well-being of our members, volunteers and the wider community is our top priority.

The Scottish Government has confirmed that Trail Associations are exempt from restrictions on 'gatherings' as the purpose of these gatherings is for "work, or for the provision of voluntary or charitable services" (per DMBinS guidance 24/9/20).

TVTA trail maintenance activity will only be undertaken while local travel restrictions have not been imposed.

TVTA has a designated COVID-19 Co-ordinator who is responsible for monitoring the changing situation and updating our COVID-19 related guidance and recommendations.

### General Guidance

- Anyone showing any symptoms of COVID-19 should not attend any session and must follow government guidance around self-isolation.
- Before any activity, Dig Leaders should contact facility operators / landowners directly to confirm that trail maintenance sessions can be undertaken and to discuss any COVID-19 precautions that are considered necessary. Sessions should not be undertaken until agreement has been reached.
- Maintaining 2 metre distancing while working as a group is still required; initially TVTA will operate only small work groups to avoid the difficulties associated with large numbers working in close proximity.
- TVTA will operate a sign-up process to ensure that all participants can be contacted in the event of a participant testing positive for COVID-19. This should will contact and key medical information.
- Maintaining good hygiene practice is key; hand sanitiser should be at least 60% alcohol based and detergent wipes should be appropriate for the surface they are being used on. (Cleaning products should conform to EN14476 standard or any detergent is followed by chlorine releasing agent.)

### Session Guidance

1. When registering at start of the session everyone should avoid congregating; 2m social distancing should be maintained.
2. All volunteers must be booked into a session ahead of it taking place. It is not permitted to turn up at a session and sign-in at the time.
3. PPE (gloves, face coverings), hand sanitiser (at least 60% alcohol based) and detergent wipes should be available to dig leaders, co-ordinators and other volunteers.
4. First Aid & emergency procedures should be in place for participants.
5. Leaders, co-ordinators and other volunteers within a group should remain physically distanced from one another while working; where 2m social distancing cannot be maintained (e.g. moving a large heavy item) face masks should be worn and work delegated so that the minimum number of volunteers are engaged.
6. Different work groups operating at the same time should remain physically distanced from each other.
7. There should be no sharing of tools, water bottles, food or other refreshments during the session.
8. Ensure that any required equipment disinfectant practices for equipment are implemented.
9. Ensure there is an area to wash hands pre and post activity. Hand sanitiser may need to be provided for this if there is no running water and soap available.
10. Dig leaders should consider methods of communication to ensure that it minimises the need for social interaction, e.g., the use of radios, WhatsApp, etc.