**VC Venta – Go-Ride**

**Report for AGM 2022 – Thursday 24 November**

# Thank you

I would like to thank all the volunteers who gave up their time to ensure that Go-Ride continues to provide a fun, enjoyable coaching series for all the young cyclists that attend each Sunday afternoon.

Malcolm Cross; Toby Leyland; Start Gilmour; Raf Izak; Steve Swift; Paul Barker; Andy Watkins; Leah Burton; Marianna Koperdanova; and Marium Zain.

# Go-Ride Sessions

We ran an (almost) full Go-Ride series this year at the Park & Ride, consisting of 6 sessions in each of Spring, Summer and Autumn. Unfortunately, due to travellers on the site we lost three sessions completely however, we were able to rearrange a fourth interrupted session.

We offered a total of 45 spaces for each series to ensure that we kept within the BC limits for each of the available coaches. Overall, we had a total of 125 riders registered across the three series:

* Spring 45
* Summer 40
* Autumn 40

As a development for this year, we ran a Go-Ride Racing event for the final session in the Spring and Autumn series. This introduced racing for the first time to many riders with the opportunity to pin a number on, take part in two races, and win certificates and medals.

A group of people on bicycles

Description automatically generated with low confidence

# Looking forward to 2022

There are four key areas of focus for next year:

**Coaches** – To maintain and enhance the fantastic offer the club has to the community we are always on the lookout for more qualified BC coaches. This year Andy Watkins achieved his Level 1 qualification and Marianna Koperdanova is registered for her Level 1 course, and we hope to call on Amy, Vanda, Brenda and Tina as well to really add to the coaching numbers!

**Session Structure and Content**. We will be developing the session plans to support the new (and old) coaches delivering Go-Ride. This will ensure we have a consistent set of achievable and progressive content that is fun, enjoyable, offers challenge, and is engaging for the young cyclists.

**Links to the Club’s racing offer**. We will continue to develop the Go-Ride Racing sessions, building on the experience of the two we ran this year to encourage all Go-Ride riders to have a go. For those that want more racing, we will continue the work with Stuart and Toby to develop the connection between Go-Ride and racing, and ensure that those that want to race have a clear pathway within the club.

**Finding an alternative venue**. With so many of the sessions lost this year we will be stepping up the search for an alternative Go-Ride location, either permanently or for those occasions we are unable to use the Park & Ride.

Richard Sambrook Smith

VC Venta – Head of Go-Ride