Cyclocross Report 2023

Training Sessions

Our regular training base is Strawberry Lane in Up Somborne. What we can do on this grass field is limited to the basic skills:

1. Race start
2. Cornering
3. Dismount and remounting the bike including clipping back in
4. Shouldering and running with the bike
5. Running and jumping over planks

The aim is to be able to ride at race pace while carrying out the above skills. Coaches setup up small circuits using stakes and tape that contain a number of corners straights and obstacles that riders ride round at different speeds. Group sizes and age range attending can vary a great deal from 10 to 30 + and 8 - 60+ depending upon the weather! After the clocks change in October good lights are essential when attending the session. We have a good number of rechargeable lights that coaches use to light up stakes, tape and other features.

Racing

Wessex League 2023

7 events have been held out of total of 13 potential races with 9 to count to a riders overall position. Venta riders have made a strong start in most age groups. Currently Oscar Hoult as a first year U23 is leading the Senior /U23 open category while Isla Hoult is leading the U16 girls category. Other riders of note at the moment are:

U16 open

5th Oscar Lawrence

12th Elliot Gurney15th Peter Wylie

18th Alex Warner

19th James Spencer

34th Peter Clark

Junior Men

3rd Harrison Warner

17th Luca Day-Borloz

V40

7th David Spencer

18th Michael Warner

V50

2nd Ed Gurney

9th Ty miller

V60

4th David Martin

Ladies senior/V40/V50 /V60

11th Judit Daniell

22nd Oriane Grant

National /International

Oscar Lawrence, Harrison Warner and Malcolm Cross have been competing in the National cyclocross series with some success. A small group of Venta riders are competing in the World Masters Cyclocross Championships in Hamburg in December.