**VC Venta Cycle Club**

**Coaching Opportunity - 2025 Season**

**Open to VC Venta 1st Claim Members (Aged 16- U23)**

**The Endurance Habit Coaching** invites highly motivated VC Venta riders to apply for bespoke professional coaching for the 2025 race season. As part of our continued support to the club, we’ve provided individual coaching to a handful of riders and seen them all progress to the next level. Our program focuses on:

* **Physical development**
* **Technical skill enhancement**
* **Tactical awareness**
* **Mental and psychological support**

**Key Benefits of Coaching:**

* **Objective Insight:** Get expert guidance to shape your cycling journey.
* **Qualified Input:** Coaching from a British Cycling-qualified coach with proven experience in working with junior riders.
* **Personalized Support:** Combination of online analysis and in-person sessions throughout the season.
* **Data-Driven Metrics:** Benchmark testing and structured workouts tailored to maximize your training potential.

**What We're Looking For:**

* **Enthusiastic** riders eager to develop and improve**.**
* **Commitment** to racing for VC Venta**.**
* **Dedication** to supporting the club through volunteering and helping others**.**
* Strong **communication** skills**.**

**Apply Now:**

* Email coach@theendurancehabit.com open until 12th October.
* Monthly cost discounted to £40, normal price £140 per month
* For more information, contact Toby Leyland Coach@theendurancehabit.com or WhatsApp 07739560590